

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Zeit | Start-Nr. |
|-------|---------------------|----|-------------------------|-----------|-----------|
| 1 | Maris, Sandra | 73 | Hamburg | 1:02:47 h | 457 |
| 2 | Menkel, Heidi | 55 | Tornesch | 1:07:02 h | 458 |
| 3 | Möller, Christel | 62 | Elmshorn | 1:08:24 h | 459 |
| 4 | Thelen, Gabriele | 48 | Elmshorn | 1:10:26 h | 461 |
| 5 | Waller, Torsten | 62 | Uetersen | 1:10:35 h | 463 |
| 6 | Berenhardt, Olga | 76 | Tornesch | 1:10:58 h | 451 |
| 6 | Döhren, Sandra | 73 | Heidgraben | 1:10:58 h | 452 |
| 8 | Thiem, Franziska | 84 | Hamburg | 1:13:18 h | 462 |
| 9 | Hobuß, Ute | 60 | Pinneberg | 1:13:26 h | 456 |
| 10 | Scharffenstein, Gab | 61 | Tornesch | 1:13:53 h | 460 |
| 11 | Feddersen, Bettina | 55 | Kirchengemeinde Seester | 1:14:00 h | 453 |
| 12 | Gaedechens, Harriet | 59 | Ahrenlohe | 1:24:36 h | 454 |