

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort         | Zeit      | Männer<br>Ges | Männer AK | Frauen<br>Ges | Frauen AK | Start-<br>Nr. |
|-------|------------------------|----|----------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 1     | Kröger, Jannek         | 01 | TSV Breiholz               | 0:18:31 h | 1             | MS2-1     | °             | °         | 17            |
| 1     | Gräber, Fynn           | 96 | SG Athletico Büdelsdorf    | 0:18:31 h | 1             | M20-29-1  | °             | °         | 87            |
| 3     | Kröger, Marius         | 97 | TSV Breiholz               | 0:19:21 h | 3             | MJ-1      | °             | °         | 18            |
| 4     | Kupper, Frank          | 64 | Post SV Buxtehude          | 0:19:25 h | 4             | M50-59-1  | °             | °         | 37            |
| 5     | Bretthauer, Tim        | 90 |                            | 0:19:54 h | 5             | M20-29-2  | °             | °         | 75            |
| 6     | Bartsch, Niclas        | 97 | HSG Eider Harde            | 0:20:41 h | 6             | MJ-2      | °             | °         | 111           |
| 7     | Schreber, Janne        | 02 | SG Athletico Büdelsdorf    | 0:20:52 h | °             | °         | 1             | WS2-1     | 39            |
| 8     | Stolley, Heiko         | 73 |                            | 0:20:53 h | 7             | M40-49-1  | °             | °         | 94            |
| 9     | Hedderich, Valentin    | 05 | WSV Westerrönfeld          | 0:21:01 h | 8             | MS1-1     | °             | °         | 110           |
| 10    | Klegin, Philipp        | 97 | ALG-VfL Bokel              | 0:21:23 h | 9             | MJ-3      | °             | °         | 34            |
| 11    | Trompf, Rainer         | 61 | LG Eidersport              | 0:21:53 h | 10            | M50-59-2  | °             | °         | 102           |
| 12    | Wolst, Tobias          | 02 | LG Rendsburg/Büdelsdorf    | 0:22:17 h | 11            | MS2-2     | °             | °         | 16            |
| 13    | Haberkorn, Bjarne      | 05 | ALG-VfL Bokel              | 0:22:20 h | 12            | MS1-2     | °             | °         | 32            |
| 14    | Pahl, Sönke            | 90 |                            | 0:22:39 h | 13            | M20-29-3  | °             | °         | 105           |
| 15    | Schlüter, Martin       | 86 | RTSV                       | 0:23:05 h | 14            | M30-39-1  | °             | °         | 55            |
| 16    | Stolley, Aron          | 05 |                            | 0:23:11 h | 15            | MS1-3     | °             | °         | 92            |
| 17    | Struve, Laurenz        | 05 | HSG Eider Harde            | 0:23:27 h | 16            | MS1-4     | °             | °         | 26            |
| 18    | Struve, Mats           | 05 | HSG Eider Harde            | 0:23:29 h | 17            | MS1-5     | °             | °         | 25            |
| 19    | Thommessen, Anton      | 02 | WSV Holstein Westerrönfeld | 0:23:52 h | 18            | MS2-3     | °             | °         | 60            |
| 20    | Stolley, Erik          | 03 |                            | 0:24:04 h | 19            | MS2-4     | °             | °         | 93            |
| 21    | Sievers, Joris         | 01 |                            | 0:24:05 h | 20            | MS2-5     | °             | °         | 68            |
| 21    | Peters, Jörg           | 71 | TSV Fahdorf                | 0:24:05 h | 20            | M40-49-2  | °             | °         | 57            |
| 21    | Biekert, Björn         | 74 |                            | 0:24:05 h | 20            | M40-49-2  | °             | °         | 90            |
| 24    | Raetsch, Nils-Marten   | 06 | SG Athletico Büdelsdorf    | 0:24:08 h | 23            | MS1-6     | °             | °         | 41            |
| 24    | Peters, Laura-Marie    | 92 |                            | 0:24:08 h | °             | °         | 2             | W20-29-1  | 48            |
| 26    | Sandau, Fabian         | 04 | TSV Bornhöved              | 0:24:11 h | 24            | MS2-6     | °             | °         | 8             |
| 26    | Sandau, Andrea         | 06 | TSV Bornhöved              | 0:24:11 h | °             | °         | 3             | WS1-1     | 9             |
| 28    | Schuckart, Dr. Manfred | 58 | SG Athletico Büdelsdorf    | 0:24:13 h | 25            | M50-59-3  | °             | °         | 12            |
| 29    | Struve, Jonas          | 02 | HSG Eider Harde            | 0:24:20 h | 26            | MS2-7     | °             | °         | 27            |
| 29    | Rhower, Bendix         | 03 | Eider Harde                | 0:24:20 h | 26            | MS2-7     | °             | °         | 101           |
| 31    | Ramlow, Kenneth        | 00 | ALG-VfL Bokel              | 0:24:37 h | 28            | MJ-4      | °             | °         | 33            |
| 32    | Windmann, Sven         | 77 | HSG Eider Harde            | 0:24:38 h | 29            | M30-39-2  | °             | °         | 52            |
| 32    | Steensen, Sven-Ove     | 99 |                            | 0:24:38 h | 29            | MJ-5      | °             | °         | 89            |
| 34    | Oldach, Christine      | 99 |                            | 0:24:43 h | °             | °         | 4             | WJ-1      | 88            |
| 35    | Zimmermann, Arne       | 99 | SG Athletico Büdelsdorf    | 0:24:44 h | 31            | MJ-6      | °             | °         | 38            |

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|-------|---------------------------|----|--------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 36    | Höhling, Hanna            | 05 |                          | 0:24:53 h | °             | °         | 5             | WS1-2     | 69            |
| 37    | Wolst, Oliver             | 06 | Rendsburger TSV          | 0:24:56 h | 32            | MS1-7     | °             | °         | 15            |
| 38    | Struve, Jürgen            | 61 |                          | 0:25:07 h | 33            | M50-59-4  | °             | °         | 106           |
| 39    | Schönwetter, Thies Bennit | 01 |                          | 0:25:13 h | 34            | MS2-9     | °             | °         | 100           |
| 40    | Erichsen, Uwe             | 56 | SV Elsdorf               | 0:25:16 h | 35            | M60-69-1  | °             | °         | 36            |
| 41    | Schatzgruber, Emmilie     | 00 |                          | 0:25:44 h | °             | °         | 6             | WJ-2      | 73            |
| 42    | Lucht, Julian             | 02 |                          | 0:25:48 h | 36            | MS2-10    | °             | °         | 61            |
| 43    | Olf, Hanna                | 00 | SG Athletico Büd.        | 0:25:52 h | °             | °         | 7             | WJ-3      | 42            |
| 44    | Hase, Nico                | 06 | Rendsburger TSV          | 0:25:53 h | 37            | MS1-8     | °             | °         | 46            |
| 45    | Bunge, Philomena          | 04 | SG Athletico Büdelsdorf  | 0:25:54 h | °             | °         | 8             | WS2-2     | 40            |
| 46    | Dech, Harry               | 50 |                          | 0:26:22 h | 38            | M60-69-2  | °             | °         | 74            |
| 47    | Schatzgruber, Robert      | 69 |                          | 0:26:41 h | 39            | M40-49-4  | °             | °         | 72            |
| 48    | Reimers, Sven             | 64 |                          | 0:26:57 h | 40            | M50-59-5  | °             | °         | 97            |
| 49    | Prang, Linnart            | 98 |                          | 0:27:04 h | 41            | MJ-7      | °             | °         | 79            |
| 50    | Rathjen, Heiko            | 72 | SV Nienborstel           | 0:27:14 h | 42            | M40-49-5  | °             | °         | 29            |
| 50    | Witt, Torben              | 74 |                          | 0:27:14 h | 42            | M40-49-5  | °             | °         | 104           |
| 52    | Geske, Klaus              | 65 | Fa. Hobby-Wohnwagenwerk  | 0:27:15 h | 44            | M50-59-6  | °             | °         | 19            |
| 53    | Wiese, Jens               | 64 | SSV Nienborstel          | 0:27:16 h | 45            | M50-59-7  | °             | °         | 13            |
| 53    | Schumacher, Julia         | 88 |                          | 0:27:16 h | °             | °         | 9             | W20-29-2  | 108           |
| 55    | Schnaars, Nina            | 89 | Fa. Hobby-Wohnwagenwerk  | 0:27:19 h | °             | °         | 10            | W20-29-3  | 21            |
| 56    | Matz, Catrin              | 65 | FC Deutsche Post         | 0:27:21 h | °             | °         | 11            | W50-59-1  | 28            |
| 56    | Greve, Silja              | 74 | TSV Fahrdorf             | 0:27:21 h | °             | °         | 11            | W40-49-1  | 56            |
| 58    | Heitmüller, Dieter        | 57 |                          | 0:27:25 h | 46            | M50-59-8  | °             | °         | 91            |
| 59    | Wilking, Julia            | 84 | SG Athlethico Büdelsdorf | 0:27:33 h | °             | °         | 13            | W30-39-1  | 43            |
| 60    | Eisele, Gabriele          | 63 | LG Eider-Sport           | 0:27:42 h | °             | °         | 14            | W50-59-2  | 58            |
| 61    | Marcek, Mourize           | 03 | TSV Fahdorf              | 0:27:59 h | 47            | MS2-11    | °             | °         | 49            |
| 62    | Hutz, Hendrik Constantin  | 06 |                          | 0:28:05 h | 48            | MS1-9     | °             | °         | 96            |
| 62    | Till, Sabine              | 58 | Elsdorf-Westermühlen     | 0:28:05 h | °             | °         | 15            | W50-59-3  | 23            |
| 64    | Bednarski, Falk           | 99 |                          | 0:28:07 h | 49            | MJ-8      | °             | °         | 112           |
| 65    | Rathjen, Michel           | 06 | SV Nienborstel           | 0:28:12 h | 50            | MS1-10    | °             | °         | 30            |
| 66    | Höhling, Heino            | 73 |                          | 0:28:13 h | 51            | M40-49-7  | °             | °         | 70            |
| 67    | Lippold, Jerome           | 04 | Haus an der Schlei       | 0:28:18 h | 52            | MS2-12    | °             | °         | 3             |
| 68    | Krone, Nils               | 07 | Haus an der Schlei       | 0:28:40 h | 53            | MS1-11    | °             | °         | 5             |
| 69    | Calandrino, Rosario       | 99 | Haus an der Schlei       | 0:28:41 h | 54            | MJ-9      | °             | °         | 4             |
| 70    | Rohwer, Tjark             | 04 |                          | 0:28:43 h | 55            | MS2-13    | °             | °         | 98            |

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|-------|----------------------|----|-------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 70    | Sievers, Mads        | 05 |                         | 0:28:43 h | 55            | MS1-12    | °             | °         | 67            |
| 72    | Ohm, Mareike         | 91 | HSG Eider Harde         | 0:28:44 h | °             | °         | 16            | W20-29-4  | 117           |
| 73    | Klemt, Justin        | 02 |                         | 0:28:52 h | 57            | MS2-14    | °             | °         | 107           |
| 73    | Till, Thomas         | 56 | Elsdorf-Westermühlen    | 0:28:52 h | 57            | M60-69-3  | °             | °         | 24            |
| 75    | Baasch, Lasse        | 05 |                         | 0:28:54 h | 59            | MS1-13    | °             | °         | 71            |
| 76    | Peters, Tanja        | 74 | TSV Fahdorf             | 0:28:57 h | °             | °         | 17            | W40-49-2  | 51            |
| 77    | Pahl, Kerstin        | 85 | TuS Jevenstedt          | 0:28:58 h | °             | °         | 18            | W30-39-2  | 31            |
| 78    | Klemt, Jörg          | 71 | TSV Breiholz            | 0:29:05 h | 60            | M40-49-8  | °             | °         | 62            |
| 79    | Schwarzer, Thomas    | 56 | Haus an der Schlei      | 0:29:43 h | 61            | M60-69-4  | °             | °         | 6             |
| 80    | Wiebers, Stephan     | 72 | Mehlbeker Sportverein   | 0:29:48 h | 62            | M40-49-9  | °             | °         | 1             |
| 81    | Martensen, Lena      | 90 | SSV Nienborstel         | 0:30:00 h | °             | °         | 19            | W20-29-5  | 11            |
| 82    | Mühlenberg, Lina     | 07 |                         | 0:30:03 h | °             | °         | 20            | WS1-3     | 119           |
| 83    | Ahl, Bjarne          | 00 | Kanalratten Rendsburg   | 0:30:10 h | 63            | MJ-10     | °             | °         | 77            |
| 84    | Sandau, Sarah        | 08 | TSV Bornhöved           | 0:30:18 h | °             | °         | 21            | WS1-4     | 10            |
| 85    | Gahnz, Monika        | 89 | HSG Eider Harde         | 0:30:23 h | °             | °         | 22            | W20-29-6  | 118           |
| 86    | Timme, Anke          | 54 | TSV Fahdorf             | 0:30:25 h | °             | °         | 23            | W60-69-1  | 50            |
| 87    | Rossdam, Martha      | 89 |                         | 0:30:26 h | °             | °         | 24            | W20-29-7  | 114           |
| 88    | Hansen, Lina         | 96 |                         | 0:30:31 h | °             | °         | 25            | W20-29-8  | 115           |
| 89    | Baasch, Lina         | 07 | TSV Breiholz            | 0:30:41 h | °             | °         | 26            | WS1-5     | 45            |
| 90    | Rohwer, Inke         | 75 |                         | 0:30:51 h | °             | °         | 27            | W40-49-3  | 109           |
| 91    | Clauß, Timm          | 49 | SV Elsdorf              | 0:31:05 h | 64            | M60-69-5  | °             | °         | 35            |
| 92    | Sump, Sigurd         | 40 |                         | 0:32:21 h | 65            | M70-1     | °             | °         | 95            |
| 93    | Marten, Henrike      | 96 |                         | 0:32:55 h | °             | °         | 28            | W20-29-9  | 59            |
| 94    | Rambadt, Lotta       | 02 | Kanalratten Rendsburg   | 0:33:13 h | °             | °         | 29            | WS2-3     | 83            |
| 95    | Noah, Julien         | 97 |                         | 0:33:14 h | 66            | MJ-11     | °             | °         | 113           |
| 96    | Peters, Christin     | 93 | HSG Eider Harde         | 0:33:50 h | °             | °         | 30            | W20-29-10 | 116           |
| 97    | Mandic, Kerstin      | 76 | Fa. Hobby-Wohnwagenwerk | 0:33:59 h | °             | °         | 31            | W40-49-4  | 20            |
| 98    | Torkler, Gerhard     | 37 | LG Rendsburg Büdelsdorf | 0:34:05 h | 67            | M70-2     | °             | °         | 84            |
| 99    | Torkler, Siegfried   | 40 | LG Rendsburg Büdelsdorf | 0:34:08 h | 68            | M70-3     | °             | °         | 85            |
| 100   | Bruhn, Ernst         | 37 | LG Rendsburg Büdelsdorf | 0:34:10 h | 69            | M70-4     | °             | °         | 86            |
| 101   | Schultz, Marco       | 05 |                         | 0:34:27 h | 70            | MS1-14    | °             | °         | 44            |
| 102   | Raetsch, Nele Merrit | 04 |                         | 0:35:35 h | °             | °         | 32            | WS2-4     | 99            |
| 103   | Paulsen, Manuela     | 86 | SSV Mörel               | 0:36:09 h | °             | °         | 33            | W30-39-3  | 54            |
| 104   | Sievers, Jennifer    | 79 |                         | 0:36:11 h | °             | °         | 34            | W30-39-4  | 66            |
| 105   | Möller, Katharina    | 97 |                         | 0:36:17 h | °             | °         | 35            | WJ-4      | 7             |

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|-------|---------------------|----|------------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 106   | Hass, Tobias        | 81 |                              | 0:37:09 h | 71            | M30-39-3  | °             | °         | 120           |
| 107   | Islami, Egzona      | 01 |                              | 0:37:20 h | °             | °         | 36            | WS2-5     | 65            |
| 108   | Wolst, Daniela      | 76 | Kiel Baltic Hurricanes Ladys | 0:38:24 h | °             | °         | 37            | W40-49-5  | 14            |
| 109   | Hase, Volker        | 67 |                              | 0:39:34 h | 72            | M40-49-10 | °             | °         | 47            |
| 110   | Prang, Ann-Christin | 95 |                              | 0:40:45 h | °             | °         | 38            | W20-29-11 | 78            |
| 111   | Totto,              | 65 | Kanalratten Rendsburg        | 0:46:51 h | 73            | M50-59-9  | °             | °         | 82            |
| 111   | Prey, Jürgen        | 67 | Kanalratten Rendsburg        | 0:46:51 h | 73            | M40-49-11 | °             | °         | 103           |
| 111   | Artus, Marco        | 76 | Kanalratten Rendsburg        | 0:46:51 h | 73            | M40-49-11 | °             | °         | 63            |
| 114   | Ahl, Thomas         | 68 | Kanalratten Rendsburg        | 0:46:52 h | 76            | M40-49-13 | °             | °         | 76            |
| 114   | Prang, Stefan       | 70 | Kanalratten Rendsburg        | 0:46:52 h | 76            | M40-49-13 | °             | °         | 81            |
| 114   | Sievertsen, Nanny   | 78 | Kanalratten Rendsburg        | 0:46:52 h | °             | °         | 39            | W30-39-5  | 80            |