

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort              | Zeit      | Männer<br>Ges | Männer AK | Frauen<br>Ges | Frauen AK | Start-<br>Nr. |
|-------|------------------------|----|---------------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 1     | Riebe, Christoph       | 94 | SG Athletico Büdelsdorf         | 0:38:13 h | 1             | M20-29-1  | °             | °         | 167           |
| 2     | Nass, Udo              | 58 | LG Neumünster                   | 0:38:30 h | 2             | M50-59-1  | °             | °         | 128           |
| 3     | Schiefelbein, Magnus   | 79 | ALG-VfL Bokel                   | 0:38:32 h | 3             | M30-39-1  | °             | °         | 150           |
| 4     | Blase, Danny           | 88 | SG Athletico Büdelsdorf         | 0:40:09 h | 4             | M20-29-2  | °             | °         | 125           |
| 5     | Lange, Jan-Henrik      | 81 | HSG Uni Greifswald              | 0:40:15 h | 5             | M30-39-2  | °             | °         | 181           |
| 6     | Rennekamp, Gunnar      | 78 | TuS Bargstedt                   | 0:40:36 h | 6             | M30-39-3  | °             | °         | 155           |
| 7     | Beecken, Frederik      | 87 | Bildung durch Begeisterung e.V. | 0:40:39 h | 7             | M20-29-3  | °             | °         | 164           |
| 8     | Knutzen, Björn         | 78 | Bredenkamp Renntiere            | 0:40:42 h | 8             | M30-39-4  | °             | °         | 138           |
| 9     | Schnoor, Niels         | 80 | ALG-VfL Bokel                   | 0:41:10 h | 9             | M30-39-5  | °             | °         | 146           |
| 10    | Rau, Stefan            | 63 | Bredenkamp Renntiere            | 0:41:33 h | 10            | M50-59-2  | °             | °         | 132           |
| 11    | Neuenfeldt, Philipp    | 85 | SG Athletico Büdelsdorf         | 0:41:45 h | 11            | M30-39-6  | °             | °         | 201           |
| 12    | Unseld, Jörg           | 68 | ALG-VfL Bokel                   | 0:41:53 h | 12            | M40-49-1  | °             | °         | 148           |
| 13    | Krüger, Michael        | 67 | LG Eider-Sport Rendsburg        | 0:41:57 h | 13            | M40-49-2  | °             | °         | 157           |
| 14    | Schütz, Sebastian      | 78 | USC Kiel                        | 0:42:03 h | 14            | M30-39-7  | °             | °         | 171           |
| 15    | Lieck, Kevin           | 87 | ALG-VfL Bokel                   | 0:43:22 h | 15            | M20-29-4  | °             | °         | 154           |
| 16    | Mahrt-Thomsen, Jürgen  | 65 | ALG-VfL Bokel                   | 0:43:29 h | 16            | M50-59-3  | °             | °         | 160           |
| 16    | Mahrt-Thomsen, Johanna | 97 | ALG-VfL Bokel                   | 0:43:29 h | °             | °         | 1             | WJ-1      | 159           |
| 18    | Bodenthien, Jens       | 68 | Büdelsdorf                      | 0:43:50 h | 17            | M40-49-3  | °             | °         | 121           |
| 19    | Weichler, Roger        | 67 | LG Eider-Sport Rendsburg        | 0:44:05 h | 18            | M40-49-4  | °             | °         | 134           |
| 20    | Fock, Eggert           | 65 | Wacken                          | 0:44:13 h | 19            | M50-59-4  | °             | °         | 136           |
| 21    | Radke, Matthias        | 81 |                                 | 0:44:41 h | 20            | M30-39-8  | °             | °         | 205           |
| 22    | Pahl, Sönke            | 90 | SG Athletico Büdelsdorf         | 0:44:59 h | 21            | M20-29-5  | °             | °         | 161           |
| 23    | Gosch, Matthias        | 71 | SSV Süderdorf                   | 0:45:14 h | 22            | M40-49-5  | °             | °         | 195           |
| 23    | Timm, Henning          | 76 | TSV Krumstedt                   | 0:45:14 h | 22            | M30-39-9  | °             | °         | 196           |
| 25    | Dammann, Rolf          | 66 | LG Eider-Sport Rendsburg        | 0:45:18 h | 24            | M40-49-6  | °             | °         | 122           |
| 26    | Keen, Jens             | 66 | TUS Bargstedt                   | 0:45:19 h | 25            | M40-49-7  | °             | °         | 191           |
| 27    | Korn, Markus           | 77 | KSM                             | 0:45:56 h | 26            | M30-39-10 | °             | °         | 185           |
| 28    | Ulbrich, Paul          | 00 | SG Athletico Büdelsdorf         | 0:46:31 h | 27            | MS2-1     | °             | °         | 143           |
| 29    | Jochims, Ralf          | 64 | SSV Süderdorf                   | 0:46:41 h | 28            | M50-59-5  | °             | °         | 197           |
| 30    | Wiesner, Holger        | 64 | Bredenkamp Renntiere            | 0:47:03 h | 29            | M50-59-6  | °             | °         | 200           |
| 31    | Linke, Ulrich          | 57 | Laufgruppe COE CSW/EinsFltl1    | 0:47:15 h | 30            | M50-59-7  | °             | °         | 127           |
| 32    | Nielson, Werner        | 51 | Bredenkamp Renntiere            | 0:47:21 h | 31            | M60-69-1  | °             | °         | 129           |
| 33    | Bartsch, Margit        | 54 | SG Athletico Büdelsdorf         | 0:47:32 h | °             | °         | 2             | W60-69-1  | 142           |
| 34    | Holstein, Thomas       | 64 | ALG-VfL Bokel                   | 0:47:42 h | 32            | M50-59-8  | °             | °         | 152           |

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|-------|-------------------------|----|---------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 35    | Serwuschok, Harald      | 59 |                           | 0:47:53 h | 33            | M50-59-9  | °             | °         | 193           |
| 36    | Benz, Ralph             | 70 | MTV Heide                 | 0:48:05 h | 34            | M40-49-8  | °             | °         | 179           |
| 37    | Holm, Jes-Edlef         | 53 | Jevenstedt                | 0:48:33 h | 35            | M60-69-2  | °             | °         | 123           |
| 38    | Wegner, Thomas          | 65 | Ennepetal                 | 0:49:07 h | 36            | M50-59-10 | °             | °         | 166           |
| 39    | Eggers, Bernd           | 58 | ALG-VfL Bokel             | 0:49:14 h | 37            | M50-59-11 | °             | °         | 144           |
| 40    | Rohde, Claussen         | 67 | SSV Süderdorf             | 0:49:19 h | 38            | M40-49-9  | °             | °         | 202           |
| 41    | Hase, Fabian            | 01 | Rendsburg TSV             | 0:50:02 h | 39            | MS2-2     | °             | °         | 173           |
| 42    | Schulz-Soltau, Frank    | 58 | Welt in Schwung Halter    | 0:50:09 h | 40            | M50-59-12 | °             | °         | 162           |
| 43    | Tams, Britta            | 72 | Christiansholm            | 0:50:26 h | °             | °         | 3             | W40-49-1  | 163           |
| 44    | Brouer, Bart            | 58 | Bredenkuper Renntiere     | 0:50:27 h | 41            | M50-59-13 | °             | °         | 133           |
| 45    | Weber, Constantin       | 87 | KSM                       | 0:50:34 h | 42            | M20-29-6  | °             | °         | 182           |
| 46    | Randschau, Ottmar       | 56 | MTV Wilster               | 0:50:46 h | 43            | M50-59-14 | °             | °         | 139           |
| 47    | Eckolt, Jörg            | 67 | KSM                       | 0:50:57 h | 44            | M40-49-10 | °             | °         | 184           |
| 48    | Riesenberg, Hans-Jürgen | 41 | Gut Heil Neumünster       | 0:51:02 h | 45            | M70-1     | °             | °         | 130           |
| 49    | Klegin, Gero            | 64 | ALG-VfL Bokel             | 0:51:17 h | 46            | M50-59-15 | °             | °         | 158           |
| 50    | Ziglowski, Jan          | 84 | KSM                       | 0:51:39 h | 47            | M30-39-11 | °             | °         | 187           |
| 51    | Siedler, Marcel         | 85 | KSM                       | 0:51:53 h | 48            | M30-39-12 | °             | °         | 188           |
| 52    | Schmidt, Norbert        | 52 | Gut Heil Neumünster       | 0:52:01 h | 49            | M60-69-3  | °             | °         | 131           |
| 53    | Bretthauer, Ralf        | 58 |                           | 0:53:08 h | 50            | M50-59-16 | °             | °         | 194           |
| 54    | Rohwer, Luca            | 01 | HSG Eider/Harde           | 0:53:13 h | 51            | MS2-3     | °             | °         | 176           |
| 55    | Lucht, Sönke            | 64 |                           | 0:53:42 h | 52            | M50-59-17 | °             | °         | 204           |
| 56    | Walter, Bernd           | 60 |                           | 0:53:46 h | 53            | M50-59-18 | °             | °         | 156           |
| 57    | Bregas, Klaus-Peter     | 70 | Breiholz                  | 0:54:00 h | 54            | M40-49-11 | °             | °         | 177           |
| 58    | Jaschinski, Holger      | 67 | Elia Gemeinde Holstein    | 0:54:03 h | 55            | M40-49-12 | °             | °         | 137           |
| 59    | Borgwardt, Thimmy       | 94 | KSM                       | 0:54:21 h | 56            | M20-29-7  | °             | °         | 190           |
| 60    | Asmussen, Sandra        | 78 |                           | 0:54:24 h | °             | °         | 4             | W30-39-1  | 186           |
| 61    | Schroeder, Norbert      | 52 | ALG-VfL Bokel             | 0:54:45 h | 57            | M60-69-4  | °             | °         | 145           |
| 62    | Heilmann, Marcel        | 94 | KSM                       | 0:55:05 h | 58            | M20-29-8  | °             | °         | 189           |
| 63    | Artus, Dorit            | 76 | Breiholz                  | 0:55:06 h | °             | °         | 5             | W30-39-2  | 170           |
| 64    | Möller, Peter           | 47 | LG Rendsburg / Büdelsdorf | 0:55:23 h | 59            | M60-69-5  | °             | °         | 140           |
| 65    | Damerow, Bernd          | 50 | LG Neumünster             | 0:55:47 h | 60            | M60-69-6  | °             | °         | 126           |
| 66    | Matz, Catrin            | 65 | ALG-VfL Bokel             | 0:55:56 h | °             | °         | 6             | W50-59-1  | 151           |
| 67    | Peters, Laura-Marie     | 92 |                           | 0:56:15 h | °             | °         | 7             | W20-29-1  | 135           |
| 68    | Winter, Gerhard         | 42 | TSC Osterrönfeld          | 0:56:31 h | 61            | M70-2     | °             | °         | 141           |

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|-------|--------------------|----|----------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 69    | Nittel, Chris      | 88 | KSM                  | 0:56:37 h | 62            | M20-29-9  | °             | °         | 183           |
| 70    | Jochims, Laura     | 91 | SSV Süderdorf        | 0:56:53 h | °             | °         | 8             | W20-29-2  | 198           |
| 71    | Ellerbrock, Verena | 61 | SSV Süderdorf        | 0:57:45 h | °             | °         | 9             | W50-59-2  | 168           |
| 72    | Jacobs, Egon       | 41 | SV Rickling          | 1:01:06 h | 63            | M70-3     | °             | °         | 192           |
| 73    | Parnow, Jürgen     | 65 | Bredenbeker Rentiere | 1:01:58 h | 64            | M50-59-19 | °             | °         | 203           |
| 74    | Hadenfeldt, Anna   | 90 | SSV Süderdorf        | 1:03:09 h | °             | °         | 10            | W20-29-3  | 199           |
| 75    | Sump, Sigurd       | 40 | LG Neumünster        | 1:03:59 h | 65            | M70-4     | °             | °         | 124           |
| 76    | Hase, Sonja        | 71 | Breiholz             | 1:05:43 h | °             | °         | 11            | W40-49-2  | 172           |
| 77    | , Toto             | 65 | Kanalratten          | 1:05:45 h | 66            | M50-59-20 | °             | °         | 178           |
| 78    | Hagge, Claudia     | 72 | TSV Breiholz         | 1:09:51 h | °             | °         | 12            | W40-49-3  | 165           |