

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Zeit | Männer Ges | Männer AK | Frauen Ges | Frauen AK | Start- Nr. |
|-------|------------------------|----|---------------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 1 | Hartmann, Tim | 91 | SG Athletico Büdelsdorf | 0:36:09 h | 1 | M-1 | ° | ° | 849 |
| 2 | Nass, Udo | 58 | LG Neumünster | 0:38:45 h | 2 | M50-1 | ° | ° | 824 |
| 3 | Semmler, Bjarne | 99 | ALG-VFL Bokel | 0:39:15 h | 3 | MJGD-1 | ° | ° | 834 |
| 4 | Rennekamp, Gunnar | 78 | TuS Bargstedt | 0:39:39 h | 4 | M30-1 | ° | ° | 817 |
| 5 | Osterloh, Gerhard | 73 | ALG-VFL Bokel | 0:40:13 h | 5 | M40-1 | ° | ° | 840 |
| 6 | Rau, Stefan | 63 | Bredenkober Renntiere | 0:40:26 h | 6 | M50-2 | ° | ° | 804 |
| 7 | Beecken, Frederik | 87 | Bildung durch Begeisterung e.V. | 0:40:43 h | 7 | M-2 | ° | ° | 827 |
| 8 | Knutzen, Björn | 78 | Bredenkober Renntiere | 0:40:44 h | 8 | M30-2 | ° | ° | 842 |
| 9 | Krüger, Michael | 67 | LG Eider-Sport Rendsburg | 0:41:02 h | 9 | M40-2 | ° | ° | 841 |
| 10 | Schütz, Sebastian | 78 | USC Kiel | 0:41:50 h | 10 | M30-3 | ° | ° | 819 |
| 11 | Noak, Jens | 71 | ALG-VFL Bokel | 0:42:08 h | 11 | M40-3 | ° | ° | 838 |
| 12 | Lieck, Kevin | 87 | ALG-VFL Bokel | 0:42:26 h | 12 | M-3 | ° | ° | 856 |
| 13 | Hansen, Ulf | 79 | SV Enge-Sande | 0:42:34 h | 13 | M30-4 | ° | ° | 810 |
| 14 | Bodenthien, Jens | 68 | | 0:43:08 h | 14 | M40-4 | ° | ° | 826 |
| 15 | Dammann, Rolf | 66 | LG Eider-Sport Rendsburg | 0:44:27 h | 15 | M40-5 | ° | ° | 808 |
| 16 | Themm, Thorsten | 72 | ALG-VFL Bokel | 0:44:46 h | 16 | M40-6 | ° | ° | 857 |
| 17 | Ulbrich, Paul | 00 | SG Athletico Büdelsdorf | 0:44:51 h | 17 | MJGD-2 | ° | ° | 848 |
| 18 | Wolst, Carsten | 67 | DLRG Rendsburg | 0:45:14 h | 18 | M40-7 | ° | ° | 816 |
| 19 | Szalties, Arne | 65 | LG Eider-Sport Rendsburg | 0:45:42 h | 19 | M50-3 | ° | ° | 860 |
| 20 | Schiefelbein, Elvira | 81 | ALG-VFL Bokel | 0:45:56 h | ° | ° | 1 | W30-1 | 837 |
| 21 | Linke, Ulrich | 57 | Laufgruppe COE CSW/EinsFltl1 | 0:46:27 h | 20 | M50-4 | ° | ° | 811 |
| 22 | Nielson, Werner | 51 | Bredenkober Renntiere | 0:46:58 h | 21 | M60-1 | ° | ° | 802 |
| 23 | Holm, Jes-Edlef | 53 | Jevenstedt | 0:47:26 h | 22 | M60-2 | ° | ° | 812 |
| 24 | Steinmann, Frank | 59 | ALG-VFL Bokel | 0:47:42 h | 23 | M50-5 | ° | ° | 839 |
| 25 | Eggers, Bernd | 58 | ALG-VFL Bokel | 0:47:51 h | 24 | M50-6 | ° | ° | 855 |
| 26 | Bartsch, Margit | 54 | SG Athletico Büdelsdorf | 0:48:09 h | ° | ° | 2 | W60-1 | 830 |
| 27 | Kaack, Heike | 58 | SG Athletico Büdelsdorf | 0:48:23 h | ° | ° | 3 | W50-1 | 844 |
| 28 | Finck, Marcus | 70 | SV Langwedel | 0:48:50 h | 25 | M40-8 | ° | ° | 863 |
| 29 | Ulbrich, Martin | 71 | SG Athletico Büdelsdorf | 0:49:07 h | 26 | M40-9 | ° | ° | 859 |
| 30 | Schulz, Michael | 85 | FC St. Pauli Marathon | 0:49:22 h | 27 | M30-5 | ° | ° | 814 |
| 31 | Molero Membrilla, José | 41 | Borener SV | 0:49:34 h | 28 | M70-1 | ° | ° | 829 |
| 32 | Mehrens, Christiane | 76 | | 0:49:42 h | ° | ° | 4 | W30-2 | 806 |
| 33 | Frank, Matthias | 86 | TuS Bargstedt | 0:49:45 h | 29 | M-4 | ° | ° | 831 |
| 34 | Schmidt, Norbert | 52 | Gut Heil Neumünster | 0:50:23 h | 30 | M60-3 | ° | ° | 832 |

| Platz | Name, Vorname | Jg | Verein / BSG / Ort | Zeit | Männer Ges | Männer AK | Frauen Ges | Frauen AK | Start- Nr. |
|-------|------------------------|----|---------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 35 | Riesenberg, H-Jürgen | 41 | SC-Gut Heil Neumünster | 0:51:00 h | 31 | M70-2 | ° | ° | 858 |
| 36 | Gerhardy, Matthias | 68 | | 0:51:10 h | 32 | M40-10 | ° | ° | 852 |
| 37 | Raetsch, Jan-Christian | 68 | Rendsburg | 0:51:35 h | 33 | M40-11 | ° | ° | 854 |
| 38 | Schröder, Norbert | 52 | ALG-VFL Bokel | 0:52:09 h | 34 | M60-4 | ° | ° | 836 |
| 39 | Kock, Jörn | 64 | Sport-Lekerstenieker | 0:52:25 h | 35 | M50-7 | ° | ° | 846 |
| 40 | Haß, Erik | 90 | TUS Bargstedt | 0:52:54 h | 36 | M-5 | ° | ° | 865 |
| 41 | Keen, Jens | 66 | TuS Bargstedt / TEA | 0:53:12 h | 37 | M40-12 | ° | ° | 803 |
| 41 | Gnoyke, Matthias | 72 | Team-Erdinger-Alkoholfrei | 0:53:12 h | 37 | M40-12 | ° | ° | 853 |
| 43 | Lucht, Soenke | 64 | TSV 05 NMS | 0:53:13 h | 39 | M50-8 | ° | ° | 807 |
| 44 | Faltin, Reinhard | 60 | | 0:53:14 h | 40 | M50-9 | ° | ° | 809 |
| 45 | Peters, Petra | 64 | Jogmap Schleswig-Holstein | 0:53:19 h | ° | ° | 5 | W50-2 | 813 |
| 46 | Matz, Catrin | 65 | ALG-VFL Bokel | 0:54:57 h | ° | ° | 6 | W50-3 | 835 |
| 47 | Aretz, Angelika | 58 | | 0:55:35 h | ° | ° | 7 | W50-4 | 847 |
| 48 | Rau, Kerstin | 63 | Bredenbeker Renntiere | 0:55:36 h | ° | ° | 8 | W50-5 | 805 |
| 48 | Pohlmann, Elke | 80 | Bredenbeker Renntiere | 0:55:36 h | ° | ° | 8 | W30-3 | 864 |
| 50 | Finsch, Uwe | 50 | Amtsgericht Hamburg | 0:55:47 h | 41 | M60-5 | ° | ° | 862 |
| 51 | Clements, Ingo | 60 | De Hillibillis | 0:56:06 h | 42 | M50-10 | ° | ° | 801 |
| 52 | Themm, Nicole | 71 | ALG-VFL Bokel | 0:56:37 h | ° | ° | 10 | W40-1 | 850 |
| 53 | Winter, Gerhard | 42 | TSC Osterrönnfeld | 0:56:45 h | 43 | M70-3 | ° | ° | 828 |
| 54 | Möller, Hans Eduard | 47 | LG Ellerdorf | 0:57:12 h | 44 | M60-6 | ° | ° | 818 |
| 55 | Lassen, Merret | 62 | ALG-VFL Bokel | 0:58:23 h | ° | ° | 11 | W50-6 | 866 |
| 56 | Ramm, Christina | 90 | | 0:58:36 h | ° | ° | 12 | F-1 | 815 |
| 57 | Rieken, Swantje | 95 | TUS Bargstedt | 0:58:53 h | ° | ° | 13 | F-2 | 820 |
| 57 | Stieber, Jannika | 95 | TUS Bargstedt | 0:58:53 h | ° | ° | 13 | F-2 | 822 |
| 59 | Parnow, Jürgen | 65 | Bredenbeker Renntiere | 1:00:40 h | 45 | M50-11 | ° | ° | 861 |