

| Platz | Name, Vorname        | Jg | Verein / BSG / Ort        | Zeit      | Männer<br>Ges | Männer AK | Frauen<br>Ges | Frauen AK | Start-<br>Nr. |
|-------|----------------------|----|---------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 1     | Gräber, Fynn         | 96 | SG Athletico Büdelsdorf   | 0:25:52 h | 1             | MJ U20-1  | ◦             | ◦         | 153           |
| 2     | Wegert, Maximilian   | 94 | SG Athletico Büdelsdorf   | 0:26:27 h | 2             | M U23-1   | ◦             | ◦         | 183           |
| 3     | Siemers, Patrick     | 98 | Philips LG Hamburg        | 0:26:48 h | 3             | MJ U18-1  | ◦             | ◦         | 175           |
| 4     | Wegert, Christof     | 66 | TSV Owschlag              | 0:26:58 h | 4             | M45-1     | ◦             | ◦         | 182           |
| 5     | Große, Dirk          | 69 | SG Athletico Büdelsdorf   | 0:28:18 h | 5             | M45-2     | ◦             | ◦         | 154           |
| 6     | Lützow, Mareike      | 01 | ALG-VfL Bokel             | 0:29:30 h | ◦             | ◦         | 1             | WJ U14-1  | 157           |
| 7     | Luth, Kristof        | 99 | TSV Flintbek              | 0:30:06 h | 6             | MJ U16-1  | ◦             | ◦         | 195           |
| 8     | Ulbrich, Paul        | 00 | SG Athletico Büdelsdorf   | 0:30:24 h | 7             | MJ U16-2  | ◦             | ◦         | 179           |
| 9     | Lützow, Linus        | 03 | ALG-VfL Bokel             | 0:30:27 h | 8             | MK U12-1  | ◦             | ◦         | 158           |
| 10    | Pahl, Sönke          | 90 |                           | 0:31:18 h | 9             | M-1       | ◦             | ◦         | 197           |
| 11    | Peters, Marie        | 97 | Schacht-Audorf            | 0:32:38 h | ◦             | ◦         | 2             | WJ U18-1  | 165           |
| 12    | Peters, Anna         | 97 | Schacht-Audorf            | 0:32:39 h | ◦             | ◦         | 3             | WJ U18-2  | 166           |
| 13    | Momsen, Carsten      | 67 | RBC                       | 0:32:52 h | 10            | M45-3     | ◦             | ◦         | 160           |
| 14    | Peters, Martje       | 64 | VR Bank Rendsburg         | 0:32:53 h | ◦             | ◦         | 4             | W50-1     | 192           |
| 15    | Claußen, Jörg        | 64 | WSV Westerrönfeld         | 0:33:12 h | 11            | M50-1     | ◦             | ◦         | 149           |
| 16    | Storm, Sönke         | 65 | WSV                       | 0:33:37 h | 12            | M45-4     | ◦             | ◦         | 187           |
| 17    | Schütz, Carolin      | 00 | ALG-VfL Bokel             | 0:33:50 h | ◦             | ◦         | 5             | WJ U16-1  | 173           |
| 18    | Ramlow, Kenneth      | 00 | ALG-VfL Bokel             | 0:33:59 h | 13            | MJ U16-3  | ◦             | ◦         | 168           |
| 19    | Gennrich, Dirk       | 64 | Westerrönfelder SV        | 0:34:10 h | 14            | M50-2     | ◦             | ◦         | 152           |
| 20    | Bielfeldt, Ina       | 89 | HSG SIW                   | 0:34:23 h | ◦             | ◦         | 6             | W-1       | 193           |
| 21    | Ehmke, Helle         | 67 | Westerrönfelder SV        | 0:34:25 h | 15            | M45-5     | ◦             | ◦         | 150           |
| 22    | Schneider, Bennet    | 97 | TuS Rotenhof              | 0:34:32 h | 16            | MJ U18-2  | ◦             | ◦         | 170           |
| 23    | Wacks, Jens-Henning  | 56 | Schülldorfs LT            | 0:34:34 h | 17            | M55-1     | ◦             | ◦         | 180           |
| 24    | Sass, Siegfried      | 54 | Schülldorfs Laufftreff    | 0:34:42 h | 18            | M60-1     | ◦             | ◦         | 169           |
| 25    | Wieben, Volker       | 65 | WSV Westerrönfeld         | 0:34:53 h | 19            | M45-6     | ◦             | ◦         | 184           |
| 26    | Schülldorf, Silke    | 60 | Schülldorfs Laufftreff    | 0:35:03 h | ◦             | ◦         | 7             | W50-2     | 172           |
| 27    | Husen, Torsten       | 78 | TSV Glücksburg 09         | 0:35:30 h | 20            | M35-1     | ◦             | ◦         | 188           |
| 28    | Pauers, Justus       | 99 | TSV Owschlag              | 0:35:59 h | 21            | MJ U16-4  | ◦             | ◦         | 164           |
| 29    | Claußen, Monika      | 64 | WSV                       | 0:36:24 h | ◦             | ◦         | 8             | W50-3     | 148           |
| 30    | Sturm, Rainer        | 53 |                           | 0:36:32 h | 22            | M60-2     | ◦             | ◦         | 189           |
| 31    | Ostermeyer, Jan Luca | 00 | TSV Owschlag              | 0:36:45 h | 23            | MJ U16-5  | ◦             | ◦         | 162           |
| 32    | Petrat, Joachim      | 59 | HypoVereinsbank Rendsburg | 0:37:18 h | 24            | M55-2     | ◦             | ◦         | 167           |
| 33    | Brouer, Ulrike       | 60 | Bredenkuper Renntiere     | 0:37:31 h | ◦             | ◦         | 9             | W50-4     | 147           |
| 34    | Doose, Heinz         | 65 | SV Schülpe                | 0:37:54 h | 25            | M45-7     | ◦             | ◦         | 191           |
| 35    | Merke, Ingo          | 67 | WSV Westerrönfeld         | 0:38:01 h | 26            | M45-8     | ◦             | ◦         | 159           |
| 36    | Schneider, Thorsten  | 66 | WSV Westerrönfeld         | 0:38:15 h | 27            | M45-9     | ◦             | ◦         | 171           |
| 37    | Stump, Maria         | 97 | Westerrönfeld             | 0:38:39 h | ◦             | ◦         | 10            | WJ U18-3  | 190           |

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|-------|---------------------|----|-------------------------|-----------|---------------|-----------|---------------|-----------|---------------|
| 38    | Sump, Sigurd        | 40 | LG Neumünster           | 0:39:13 h | 28            | M70-1     | ◦             | ◦         | 178           |
| 39    | Ströh, Klaus-Jürgen | 45 | BSG-Eon                 | 0:39:57 h | 29            | M65-1     | ◦             | ◦         | 176           |
| 40    | Wacks, Josefina     | 88 | Schülldorfs LT          | 0:39:59 h | ◦             | ◦         | 11            | W-2       | 181           |
| 41    | Heinsohn, Karsten   | 80 | Westerrönfeld           | 0:40:24 h | 30            | M30-1     | ◦             | ◦         | 255           |
| 42    | Womsen, Christian   | 83 | Westerrönfeld           | 0:41:14 h | 31            | M30-2     | ◦             | ◦         | 196           |
| 43    | Lassen, Mattes      | 04 | SG Athletico Büdelsdorf | 0:41:32 h | 32            | MK U12-2  | ◦             | ◦         | 155           |
| 44    | Lassen, Jan         | 66 | SV Fockbek              | 0:41:34 h | 33            | M45-10    | ◦             | ◦         | 156           |
| 45    | Wolst, Oliver       | 06 | Rendsburger TSV         | 0:42:07 h | 34            | MK U10-1  | ◦             | ◦         | 161           |
| 46    | Burnazlar, Özlem    | 82 |                         | 0:42:09 h | ◦             | ◦         | 12            | W30-1     | 186           |
| 47    | König, Martina      | 70 | WSV                     | 0:43:55 h | ◦             | ◦         | 13            | W40-1     | 194           |
| 48    | Pauers, Heinke      | 67 | TSV Owschlag            | 0:44:58 h | ◦             | ◦         | 14            | W45-1     | 163           |
| 49    | Schütz, Antje       | 77 | ALG-VfL Bokel           | 0:45:29 h | ◦             | ◦         | 15            | W35-1     | 174           |
| 50    | Stühlmeyer, Axel    | 60 |                         | 0:47:42 h | 35            | M50-3     | ◦             | ◦         | 177           |
| 51    | Garbs, Willi        | 34 | Gut Heil Neumünster     | 0:52:12 h | 36            | M80-1     | ◦             | ◦         | 185           |