

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Sänger, Fynn	99	SC Itzehoe	0:08:11 h	1	0:40:36 h	4	0:48:47 h	2	0:17:59 h	2	1:06:46 h	M JA	825
2	Hagedorn, Patrick	92	USC Kiel	0:08:21 h	2	0:39:34 h	1	0:47:55 h	1	0:19:24 h	6	1:07:19 h	MAK 20	822
3	Wichmann, Frank	75	SG Athletico Büdelsdorf	---	---	---	---	0:48:56 h	3	0:19:09 h	4	1:08:05 h	MAK 40	811
4	Schluricke, Sebastian	80	TriAs Flensburg	0:09:34 h	10	0:39:43 h	2	0:49:17 h	4	0:20:06 h	13	1:09:23 h	MAK 35	722
5	Wegener, Ronny	73	USC Kiel	---	---	---	---	0:49:45 h	5	0:20:07 h	14	1:09:52 h	MAK 40	773
6	Mierendorf, Thomas	93	USC Kiel	0:09:26 h	9	0:40:59 h	5	0:50:25 h	7	0:19:40 h	8	1:10:05 h	MAK 20	792
7	Janke, Tim	90	USC Kiel	---	---	---	---	0:50:40 h	8	0:19:33 h	7	1:10:13 h	MAK 25	750
8	Deecke, Jan	80		0:10:14 h	20	0:39:43 h	2	0:49:57 h	6	0:21:49 h	22	1:11:46 h	MAK 35	800
9	Kretz, Philip	86	Triathlon Team Hamburg	0:10:59 h	37	0:41:48 h	6	0:52:47 h	12	0:19:07 h	3	1:11:54 h	MAK 30	742
10	Krüger, Marcel	95	SC Itzehoe	0:10:25 h	23	0:42:27 h	8	0:52:52 h	13	0:19:18 h	5	1:12:10 h	MAK 20	728
11	Detlefsen, Torben	77	Borener SV	---	---	---	---	0:55:32 h	25	0:17:25 h	1	1:12:57 h	MAK 35	795
12	Surtmann, Tom	80		0:09:13 h	6	0:43:07 h	11	0:52:20 h	10	0:20:43 h	16	1:13:03 h	MAK 35	814
13	Benecke, Torben	75	TriAs Flensburg	---	---	---	---	0:51:24 h	9	0:21:54 h	24	1:13:18 h	MAK 40	762
14	Reinelt, Martin	73	Bokelholmer SV	0:09:55 h	16	0:43:21 h	12	0:53:16 h	16	0:20:58 h	19	1:14:14 h	MAK 40	794
15	Plumeyer, Tino	82	ETV-Kanu-Kiel	0:10:48 h	34	0:44:05 h	14	0:54:53 h	23	0:19:58 h	11	1:14:51 h	MAK 30	783
16	Hanke, Torsten	68	USC Kiel	0:10:50 h	35	0:41:51 h	7	0:52:41 h	11	0:22:14 h	28	1:14:55 h	MAK 45	761
17	Hardiman, Marco	71	USC Kiel	0:10:27 h	24	0:42:40 h	9	0:53:07 h	15	0:22:18 h	29	1:15:25 h	MAK 45	842
18	Thiede, Frank	71	TSV Bargteheide Tri	0:09:24 h	8	0:43:29 h	13	0:52:53 h	14	0:23:02 h	36	1:15:55 h	MAK 45	826
19	Sticken, Gunnar	74		---	---	---	---	0:53:55 h	19	0:22:02 h	26	1:15:57 h	MAK 40	839
20	Gaasch, Bernd	62	Borener SV	0:11:17 h	45	0:45:12 h	19	0:56:29 h	31	0:19:40 h	8	1:16:09 h	MAK 50	787
21	Große, Dirk	69	SG Athletico Büdelsdorf	---	---	---	---	0:55:20 h	24	0:20:59 h	20	1:16:19 h	MAK 45	774
22	Hübner, Tobias	78		0:11:06 h	39	0:45:11 h	18	0:56:17 h	28	0:20:05 h	12	1:16:22 h	MAK 35	802
23	Hölken, Helge	88		0:10:03 h	19	0:44:45 h	17	0:54:48 h	21	0:22:29 h	31	1:17:17 h	MAK 25	765
24	Cordes, Rainer	64	Friesenbiker	0:10:29 h	26	0:43:02 h	10	0:53:31 h	17	0:23:57 h	57	1:17:28 h	MAK 50	832
25	Götsch, Thomas	79	1. FC Kiel	0:13:45 h	83	0:44:28 h	16	0:58:13 h	44	0:19:49 h	10	1:18:02 h	MAK 35	770
26	Schreber, Merle	00	SG Athletico Büdelsdorf	0:08:41 h	3	0:46:11 h	26	0:54:52 h	22	0:23:14 h	42	1:18:06 h	W JA	701
27	Scheel, Jürgen	68	Tri Sport Lübeck	0:10:30 h	28	0:44:16 h	15	0:54:46 h	20	0:23:24 h	49	1:18:10 h	MAK 45	748
28	Mrugalla, Felix	93		0:09:05 h	4	0:47:51 h	36	0:56:56 h	34	0:21:15 h	21	1:18:11 h	MAK 20	808
29	Hahn, Stefan	79	Trias Schafflund	---	---	---	---	0:56:22 h	29	0:22:11 h	27	1:18:33 h	MAK 35	815
30	Schulz, Johanna Christine	94	SC Rönna 74	0:10:57 h	36	0:47:38 h	34	0:58:35 h	48	0:20:34 h	15	1:19:09 h	W AK 20	820
31	Fabig, Sigurd	61	LAV Husum	---	---	---	---	0:53:54 h	18	0:25:25 h	75	1:19:19 h	MAK 55	830
32	Schrum, Stefan	69	Bundespolizei Kiel	---	---	---	---	0:55:48 h	26	0:23:34 h	51	1:19:22 h	MAK 45	707
33	Ziriakus, Marc	74	Fri Öwingsfloose	0:11:14 h	42	0:45:48 h	21	0:57:02 h	35	0:22:33 h	32	1:19:35 h	MAK 40	809
34	Bähr, Ulrike	69	USC Kiel	0:10:29 h	26	0:45:32 h	20	0:56:01 h	27	0:23:38 h	53	1:19:39 h	W AK 45	786
35	Doormann, Christoph	79	SG Athletico Büdelsdorf	0:09:10 h	5	0:47:17 h	31	0:56:27 h	30	0:23:17 h	44	1:19:44 h	MAK 35	764
36	Schnoor, Lisa	94	USC Kiel	0:10:35 h	29	0:46:06 h	24	0:56:41 h	32	0:23:15 h	43	1:19:56 h	W AK 20	709
37	Hartmann, Michael	76		0:09:17 h	7	0:47:49 h	35	0:57:06 h	36	0:23:22 h	46	1:20:28 h	MAK 40	735
38	Nommensen, Lena	92	TriVelos Flensburg	---	---	---	---	0:56:48 h	33	0:24:04 h	58	1:20:52 h	W AK 20	766
38	Rieder, Steffen	64	Steffens Laufschieme	0:11:29 h	49	0:47:24 h	32	0:58:53 h	51	0:21:59 h	25	1:20:52 h	MAK 50	797
40	Kiep, Frederike	91		---	---	---	---	1:00:25 h	59	0:20:48 h	18	1:21:13 h	W AK 25	828

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
41	Landsberger, Nina	77	USC Kiel	0:09:40 h	12	0:49:12 h	43	0:58:52 h	49	0:22:24 h	30	1:21:16 h	W AK 35	801
42	Hubbe, Christopher	80		0:11:52 h	58	0:46:09 h	25	0:58:01 h	41	0:23:47 h	55	1:21:48 h	MAK 35	771
43	Boubakeur, Aissa	66		0:10:23 h	22	0:47:52 h	37	0:58:15 h	45	0:23:51 h	56	1:22:06 h	MAK 50	710
44	Jegust, Thomas	68	Impalas Westküste	0:11:48 h	56	0:45:52 h	22	0:57:40 h	39	0:24:28 h	64	1:22:08 h	MAK 45	821
45	Westmann, Michael	77	SG Athletico Büdelsdorf	0:09:44 h	13	0:49:24 h	45	0:59:08 h	54	0:23:02 h	36	1:22:10 h	MAK 35	769
45	Schweichel, Oliver	82	Team Simolli	0:09:46 h	14	0:49:17 h	44	0:59:03 h	53	0:23:07 h	38	1:22:10 h	MAK 30	782
47	Siedler, Mike	74	1. Flensburger Laufftreff	---	---	---	---	0:59:31 h	57	0:23:07 h	38	1:22:38 h	MAK 40	759
48	Mrugalla, Martin	60		0:09:39 h	11	0:47:52 h	37	0:57:31 h	37	0:25:14 h	73	1:22:45 h	MAK 55	807
49	Redepenning, Stefan	70	Tri Team Neumünster	---	---	---	---	0:59:27 h	55	0:23:22 h	46	1:22:49 h	MAK 45	844
50	Möller, Clemens	67	SV Langwedel	0:11:10 h	41	0:48:20 h	40	0:59:30 h	56	0:23:22 h	46	1:22:52 h	MAK 45	747
51	Bröhan, Lars	81		0:11:15 h	43	0:46:24 h	28	0:57:39 h	38	0:25:39 h	78	1:23:18 h	MAK 35	791
52	Petersen, Thomas	67	TriAs Flensburg	0:11:00 h	38	0:47:04 h	30	0:58:04 h	42	0:25:29 h	76	1:23:33 h	MAK 45	841
53	Otten, Roman	82		0:12:57 h	72	0:48:55 h	42	1:01:52 h	67	0:21:52 h	23	1:23:44 h	MAK 30	827
54	Schukat, Rene	85	Trias Schafflund	0:11:47 h	55	0:48:52 h	41	1:00:39 h	60	0:23:19 h	45	1:23:58 h	MAK 30	805
55	Brinkmann, Siegmund	90		---	---	---	---	1:03:23 h	74	0:20:43 h	16	1:24:06 h	MAK 25	813
56	Putzer, Jörg	67	SG Athletico Büdelsdorf	0:11:22 h	47	0:46:21 h	27	0:57:43 h	40	0:26:47 h	86	1:24:30 h	MAK 45	732
57	Zagermann, Ulf	62	TRI EMTV Elmshorn	0:12:51 h	70	0:46:03 h	23	0:58:54 h	52	0:25:49 h	79	1:24:43 h	MAK 50	716
58	Schwiersch, Marco	65	SG Athletico Büdelsdorf	---	---	---	---	0:59:31 h	57	0:25:21 h	74	1:24:52 h	MAK 50	743
59	Füser, Bastian	77		0:11:17 h	45	0:49:46 h	46	1:01:03 h	62	0:24:04 h	58	1:25:07 h	MAK 35	702
60	Lankau, Tim	78	Rendsburger TSV	0:11:45 h	54	0:50:13 h	47	1:01:58 h	68	0:23:13 h	41	1:25:11 h	MAK 35	751
61	Naundorf, Jens	64	VfL Börnsen	---	---	---	---	0:58:12 h	43	0:27:10 h	90	1:25:22 h	MAK 50	749
62	Voigt, Jan	66	BSG Hanse Werk	0:13:38 h	82	0:47:24 h	32	1:01:02 h	61	0:24:22 h	62	1:25:24 h	MAK 50	720
63	Jochims, Ralf	64	SSV Süderdorf	0:10:28 h	25	0:51:18 h	54	1:01:46 h	66	0:23:42 h	54	1:25:28 h	MAK 50	708
64	Stelling, Max	59	SSV Süderdorf	0:10:41 h	32	0:51:46 h	58	1:02:27 h	71	0:23:09 h	40	1:25:36 h	MAK 55	723
65	Brammer, Jürgen	60	Borener SV	0:11:09 h	40	0:50:18 h	48	1:01:27 h	63	0:24:29 h	65	1:25:56 h	MAK 55	834
66	Blodau, Marco	74	USC Kiel	0:11:48 h	56	0:46:34 h	29	0:58:22 h	47	0:27:37 h	94	1:25:59 h	MAK 40	779
67	Zürrer, Dominik	78	TriVelos Flensburg	---	---	---	---	0:58:20 h	46	0:27:55 h	98	1:26:15 h	MAK 35	833
68	Nehlsen, Michael	66		---	---	---	---	1:04:33 h	80	0:22:35 h	33	1:27:08 h	MAK 50	760
69	Laue, Carsten	74	USC Kiel	0:10:01 h	18	0:52:44 h	62	1:02:45 h	73	0:24:30 h	66	1:27:15 h	MAK 40	725
70	Sancristobal, Marco	75	Danfoss	0:10:46 h	33	0:51:34 h	55	1:02:20 h	70	0:25:12 h	71	1:27:32 h	MAK 40	757
71	Bohl, Thorsten	69	BSG HanseWerk	0:12:06 h	59	0:52:56 h	63	1:05:02 h	81	0:22:46 h	34	1:27:48 h	MAK 45	754
72	Garrelds, Erich	65	MTV Heide	0:10:39 h	31	0:48:13 h	39	0:58:52 h	49	0:28:58 h	103	1:27:50 h	MAK 50	810
73	Uphaus, Nicolas	78		0:11:16 h	44	0:50:25 h	49	1:01:41 h	65	0:26:11 h	81	1:27:52 h	MAK 35	758
74	Straub, Björn	75		0:11:30 h	50	---	---	---	---	---	---	1:28:08 h	MAK 40	703
75	Kaack, Heike	58	SG Athletico Büdelsdorf	0:10:37 h	30	0:53:18 h	66	1:03:55 h	77	0:24:26 h	63	1:28:21 h	W AK 55	806
76	Hornig, Thorsten	68	Westerrönfeld	0:13:31 h	81	0:50:40 h	51	1:04:11 h	79	0:24:17 h	61	1:28:28 h	MAK 45	831
77	Auer, Christian	72	SG Athletico Büdelsdorf	0:11:31 h	51	0:51:03 h	53	1:02:34 h	72	0:26:07 h	80	1:28:41 h	MAK 40	799
78	Lührig, Jan Philipp	88		0:11:40 h	53	0:51:57 h	60	1:03:37 h	75	0:25:10 h	70	1:28:47 h	MAK 25	733
79	Adolphsen, Ilja	71	TSV Silberstedt	0:12:18 h	62	0:51:44 h	57	1:04:02 h	78	0:25:29 h	76	1:29:31 h	MAK 45	776
80	Marcussen, Timo	74	BSG Hansewerk	0:13:05 h	76	0:52:10 h	61	1:05:15 h	84	0:24:44 h	67	1:29:59 h	MAK 40	741

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
81	Graßnick, Nils	72	Flying Kiwis Hürup	0:09:56 h	17	0:51:34 h	55	1:01:30 h	64	0:29:17 h	106	1:30:47 h	MAK 40	836
82	Löser, Frank	70		0:11:24 h	48	0:50:38 h	50	1:02:02 h	69	0:29:14 h	105	1:31:16 h	MAK 45	706
83	Westerman, Andreas	74	TSV Silberstedt	0:13:03 h	75	0:50:50 h	52	1:03:53 h	76	0:27:31 h	93	1:31:24 h	MAK 40	780
84	Schirmeyer, Dr. Stefan	64	VfL Pinneberg	0:10:17 h	21	0:54:52 h	79	1:05:09 h	83	0:26:23 h	83	1:31:32 h	MAK 50	727
85	Lemanczyk, Henning	76	Danfoss	0:13:02 h	73	0:55:00 h	81	1:08:02 h	96	0:23:36 h	52	1:31:38 h	MAK 40	846
86	Lorenz, Matthias	88	BSG HanseWerk	0:13:02 h	73	0:55:57 h	83	1:08:59 h	99	0:22:56 h	35	1:31:55 h	MAK 25	739
87	Meitzner, Nico	68	kein Verein	0:12:37 h	66	0:54:14 h	75	1:06:51 h	90	0:25:13 h	72	1:32:04 h	MAK 45	726
88	Bögh, Alexander	82	Steffens Laufschmiede	0:12:52 h	71	0:53:40 h	68	1:06:32 h	86	0:26:17 h	82	1:32:49 h	MAK 30	798
89	Kurbjuhn, Lone	87	BSG HanseWerk	0:13:48 h	84	0:54:44 h	77	1:08:32 h	97	0:24:53 h	68	1:33:25 h	W AK 25	714
90	Harder, Kerstin	69	BSG HanseWerk	0:15:29 h	96	0:53:48 h	69	1:09:17 h	100	0:24:16 h	60	1:33:33 h	W AK 45	713
91	Schekat, Frank	71		0:11:37 h	52	0:58:34 h	92	1:10:11 h	105	0:23:29 h	50	1:33:40 h	MAK 45	767
92	Lorenz, Christian	77	BSG HanseWerk	0:12:41 h	67	0:56:06 h	84	1:08:47 h	98	0:25:04 h	69	1:33:51 h	MAK 35	712
93	Dabelstein, Manuela	71		---	---	---	---	1:06:46 h	89	0:27:24 h	92	1:34:10 h	W AK 45	838
94	Lassen, Jens	67	USC Kiel	0:13:20 h	79	0:54:02 h	71	1:07:22 h	94	0:26:59 h	87	1:34:21 h	MAK 45	772
95	Maurer, Tina	78		0:12:34 h	64	0:54:05 h	73	1:06:39 h	87	0:27:48 h	97	1:34:27 h	W AK 35	823
96	Fuchs, Marieke	91		0:14:14 h	87	0:53:07 h	64	1:07:21 h	93	0:27:13 h	91	1:34:34 h	W AK 25	778
97	Garbrecht, Nadine	83	Tri EMTV Elmshorn	0:13:15 h	78	0:51:52 h	59	1:05:07 h	82	0:29:57 h	109	1:35:04 h	W AK 30	753
98	Bösl, Nadja	86		0:12:17 h	61	0:54:01 h	70	1:06:18 h	85	0:29:06 h	104	1:35:24 h	W AK 30	752
99	Schildhauer, Bruno	58	BSG Hansewerk	0:14:23 h	88	0:53:27 h	67	1:07:50 h	95	0:28:31 h	102	1:36:21 h	MAK 55	724
99	Lemm, Mara	93	Eckernförder MTV	0:12:42 h	68	0:56:40 h	88	1:09:22 h	102	0:26:59 h	87	1:36:21 h	W AK 20	837
101	Wilking, Julia	84	SG Athletico Büdelsdorf	0:12:35 h	65	0:54:08 h	74	1:06:43 h	88	0:29:47 h	108	1:36:30 h	W AK 30	746
102	Gruenberg -Gilgen, Birte	63	MTV Leck	0:13:05 h	76	0:56:41 h	89	1:09:46 h	104	0:27:08 h	89	1:36:54 h	W AK 50	789
103	Meier, Fabian	86		0:14:48 h	91	0:56:30 h	85	1:11:18 h	110	0:26:23 h	83	1:37:41 h	MAK 30	777
104	Reimer, Andre	77	Triabolos Triathlon Hamburg e	0:13:57 h	86	0:53:15 h	65	1:07:12 h	92	0:31:02 h	116	1:38:14 h	MAK 35	745
105	Schwensen, Laura	91	Rudervereinigung Kappeln	0:16:37 h	101	0:54:03 h	72	1:10:40 h	106	0:28:07 h	100	1:38:47 h	W AK 25	731
106	Tiessen, Oliver	71	BSG Hanse Werk	0:13:56 h	85	0:57:57 h	90	1:11:53 h	112	0:27:47 h	96	1:39:40 h	MAK 45	719
107	Schmidt, Hermann	55	SV. St.Georg	0:15:19 h	93	0:56:39 h	87	1:11:58 h	113	0:27:55 h	98	1:39:53 h	MAK 60	785
108	Oldekop, Nils	78		0:09:49 h	15	0:59:32 h	96	1:09:21 h	101	0:30:52 h	115	1:40:13 h	MAK 35	781
109	Wiese, Daniel	56	Impalas Westküste	---	---	---	---	1:10:59 h	107	0:29:39 h	107	1:40:38 h	MAK 60	843
110	Lappöhn, Sonja	82		0:15:22 h	94	0:59:20 h	95	1:14:42 h	119	0:26:43 h	85	1:41:25 h	W AK 30	784
111	Kaven, Christian	58		0:16:33 h	100	0:54:26 h	76	1:10:59 h	107	0:30:32 h	110	1:41:31 h	MAK 55	704
112	Knipping, René	80	Knipping Kälte & Klimatechnik	0:14:28 h	89	0:59:48 h	97	1:14:16 h	118	0:27:44 h	95	1:42:00 h	MAK 35	744
113	Wobser, Thomas	69	Sparkasse Mittelholstein	0:16:12 h	98	0:55:11 h	82	1:11:23 h	111	0:31:10 h	117	1:42:33 h	MAK 45	705
114	Hartstock, Andrea	70	BSG HanseWerk	0:14:37 h	90	0:54:56 h	80	1:09:33 h	103	0:33:28 h	118	1:43:01 h	W AK 45	715
115	Petter, Ulla	62	USC Kiel	0:13:22 h	80	0:58:59 h	94	1:12:21 h	114	0:30:50 h	113	1:43:11 h	W AK 50	840
116	Dutz, Sören	78	Haus an der Schlei	0:14:58 h	92	1:00:16 h	99	1:15:14 h	120	0:28:22 h	101	1:43:36 h	MAK 35	816
117	Festerling, Cilli	66		0:16:29 h	99	0:56:33 h	86	1:13:02 h	116	0:30:51 h	114	1:43:53 h	W AK 50	824
118	Schwarzer, Thomas	56	Haus an der Schlei	0:15:24 h	95	0:58:43 h	93	1:14:07 h	117	0:30:43 h	112	1:44:50 h	MAK 60	819
119	Matzen, Bianca	67	Borener SV	0:12:16 h	60	0:54:49 h	78	1:07:05 h	91	0:38:59 h	119	1:46:04 h	W AK 45	788
120	Schnaars, Nina	89		0:15:30 h	97	1:04:50 h	100	1:20:20 h	121	0:30:39 h	111	1:50:59 h	W AK 25	755

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
121	Berns, Frank	72	IT for Life	0:12:49 h	69	0:58:28 h	91	1:11:17 h	109	0:40:52 h	121	1:52:09 h	M AK 40	775
122	Schmidt, Nadja	83	SG Wasserratten Norderstedt	0:12:24 h	63	1:00:13 h	98	1:12:37 h	115	0:40:01 h	120	1:52:38 h	W AK 30	768