

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
Altersklasse M AK 20														
1	Nothbaar, Jan Hendrik	91	Tri Michels Hamburg	0:07:45 h	1	0:40:01 h	1	0:47:46 h	1	0:18:16 h	1	1:06:02 h	M AK 20	824
2	Hagedorn, Patrick	92		0:08:09 h	2	0:42:32 h	2	0:50:41 h	2	0:18:59 h	2	1:09:40 h	M AK 20	743
3	Haltenhof, Jan	91		0:09:38 h	3	0:47:05 h	3	0:56:43 h	3	0:24:32 h	3	1:21:15 h	M AK 20	799
4	Juhnke, Dennis	94	Haus Söby	0:17:49 h	5	---	---	---	---	---	---	1:40:49 h	M AK 20	773
5	Müller, Jan	93		0:12:19 h	4	0:57:33 h	4	1:09:52 h	4	0:34:21 h	4	1:44:13 h	M AK 20	767
Altersklasse M AK 25														
1	Kretz, Philip	86	Tri Michels HH	0:09:56 h	7	0:42:29 h	1	0:52:25 h	1	0:18:13 h	1	1:10:38 h	M AK 25	769
2	Hassa, Dominik	88	Freiwillige Feuerwehr Nübbel	0:09:45 h	5	0:43:24 h	3	0:53:09 h	2	0:20:36 h	3	1:13:45 h	M AK 25	731
3	Preußner, Timo	90	SG Athletico Büdelsdorf	0:08:16 h	1	0:46:19 h	4	0:54:35 h	4	0:20:25 h	2	1:15:00 h	M AK 25	736
4	Potten, Jan-Niklas	88	SG Wasserratten Norderstedt	0:09:52 h	6	0:43:23 h	2	0:53:15 h	3	0:21:51 h	5	1:15:06 h	M AK 25	707
5	Benjamins, Arno	87	Trivelos Flensburg	0:08:58 h	2	0:48:35 h	5	0:57:33 h	5	0:21:27 h	4	1:19:00 h	M AK 25	814
6	Reimann, Torsten	87	TSV Ladelund	0:09:44 h	4	0:48:36 h	6	0:58:20 h	6	0:23:39 h	6	1:21:59 h	M AK 25	722
7	Werner, Christian	87		0:11:39 h	8	---	---	---	---	---	---	1:23:53 h	M AK 25	807
8	Kaven, Martin	88	Triabolas Triathlon Hamburg	0:09:04 h	3	0:50:17 h	7	0:59:21 h	7	0:25:34 h	7	1:24:55 h	M AK 25	725
Altersklasse M AK 30														
1	Pielbusch, Sebastian	81	1. FC Kaiserslautern	0:08:41 h	1	0:43:42 h	2	0:52:23 h	1	0:18:20 h	1	1:10:43 h	M AK 30	830
2	Wiegner, Björn	85	Sport-Club-Itzehoe	0:10:11 h	2	0:43:41 h	1	0:53:52 h	2	0:22:06 h	3	1:15:58 h	M AK 30	738
3	Mühlberger, Nils	81		0:10:18 h	3	0:45:05 h	3	0:55:23 h	3	0:21:39 h	2	1:17:02 h	M AK 30	818
4	Börner, Daniel	82		0:10:45 h	4	0:49:46 h	4	1:00:31 h	4	0:26:58 h	4	1:27:29 h	M AK 30	734
5	Damm, Jörg	81	Löschzug-Gefahrgut	0:16:38 h	5	---	---	---	---	---	---	1:44:38 h	M AK 30	723
Altersklasse M AK 35														
1	Schluricke, Sebastian	80	TriAs Flensburg	0:08:57 h	2	0:39:52 h	1	0:48:49 h	1	0:20:30 h	2	1:09:19 h	M AK 35	753
2	Surtmann, Tom	80		0:08:50 h	1	0:43:35 h	2	0:52:25 h	2	0:21:11 h	5	1:13:36 h	M AK 35	783
3	Lankau, Tim	78		0:09:00 h	3	0:46:38 h	4	0:55:38 h	3	0:20:53 h	3	1:16:31 h	M AK 35	726
4	Doormann, Christoph	79	MTV Meggerdorf	0:09:07 h	4	0:47:55 h	6	0:57:02 h	4	0:23:03 h	7	1:20:05 h	M AK 35	710
5	Matheszick, Christian	80		0:10:29 h	5	0:49:42 h	9	1:00:11 h	9	0:20:29 h	1	1:20:40 h	M AK 35	735
6	Koch, Stefan	78		0:10:50 h	8	0:46:14 h	3	0:57:04 h	5	0:24:07 h	10	1:21:11 h	M AK 35	835
7	Wall, Andreas	79	SG Athletico Büdelsdorf	0:10:51 h	9	0:48:29 h	7	0:59:20 h	6	0:23:25 h	8	1:22:45 h	M AK 35	757
8	Weber, Gerald	80		0:11:25 h	11	0:48:40 h	8	1:00:05 h	8	0:23:30 h	9	1:23:35 h	M AK 35	712
9	Rennekamp, Gunnar	78	USC Kiel	0:12:31 h	12	0:51:14 h	11	1:03:45 h	12	0:20:53 h	3	1:24:38 h	M AK 35	828
10	Füser, Bastian	77		0:11:03 h	10	0:50:45 h	10	1:01:48 h	10	0:24:08 h	11	1:25:56 h	M AK 35	778
11	Hilliger, Sebastian	77	SvM	0:12:42 h	14	0:46:44 h	5	0:59:26 h	7	0:28:28 h	14	1:27:54 h	M AK 35	801
12	Lorenz, Christian	77	BSG HanseWerk	0:12:45 h	15	0:53:49 h	14	1:06:34 h	14	0:22:23 h	6	1:28:57 h	M AK 35	702
13	Langmaack, Ole	80	BSG Schleswig Holstein Netz	0:10:43 h	6	0:51:39 h	12	1:02:22 h	11	0:26:52 h	13	1:29:14 h	M AK 35	720
14	Gramsch, Benjamin	79		0:12:33 h	13	0:53:24 h	13	1:05:57 h	13	0:30:03 h	16	1:36:00 h	M AK 35	752

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
15	Nassiri, Alexander	80	Danfoss	0:10:44 h	7	0:56:09 h	15	1:06:53 h	15	0:29:38 h	15	1:36:31 h	M AK 35	823
16	Dutz, Sören	78	Haus Söby	0:14:03 h	16	0:59:23 h	16	1:13:26 h	16	0:26:44 h	12	1:40:10 h	M AK 35	772
17	Degener, Björn	80		0:14:14 h	17	1:18:54 h	17	1:33:08 h	17	0:35:27 h	17	2:08:35 h	M AK 35	784
Altersklasse M AK 40														
1	Wiebe, Nicholas	75	Tri Team Hamburg	0:08:14 h	2	0:41:42 h	4	0:49:56 h	4	0:17:58 h	1	1:07:54 h	M AK 40	816
2	Lückert, Tobias	74	USC Kiel	0:07:38 h	1	0:40:51 h	2	0:48:29 h	1	0:20:07 h	3	1:08:36 h	M AK 40	764
3	Wegener, Ronny	73	USC Kiel	0:08:31 h	3	0:41:23 h	3	0:49:54 h	3	0:20:02 h	2	1:09:56 h	M AK 40	826
4	Benecke, Torben	75	TriAs Flensburg	0:09:39 h	7	0:39:31 h	1	0:49:10 h	2	0:21:52 h	5	1:11:02 h	M AK 40	836
5	Reinelt, Martin	73	Bokelholmer SV	0:09:10 h	6	---	---	---	---	---	---	1:16:15 h	M AK 40	812
6	Mikkelsen, Ruben	72	Trias Flensburg	0:10:46 h	12	0:44:09 h	5	0:54:55 h	6	0:21:23 h	4	1:16:18 h	M AK 40	831
7	Sticken, Gunnar	74		0:08:48 h	4	0:45:38 h	7	0:54:26 h	5	0:22:07 h	6	1:16:33 h	M AK 40	800
8	Blodau, Marco	74	USC Kiel	0:10:43 h	11	0:44:14 h	6	0:54:57 h	7	0:24:21 h	11	1:19:18 h	M AK 40	821
9	Sudmann, Sven	72		0:09:08 h	5	0:46:41 h	8	0:55:49 h	8	0:25:49 h	12	1:21:38 h	M AK 40	829
10	Schütz, Wulf	74	ALG-VfL Bokel	0:10:32 h	9	0:49:51 h	9	1:00:23 h	9	0:22:25 h	7	1:22:48 h	M AK 40	706
11	Sancristobal, Marco	75	Danfoss Power Solutions	0:09:39 h	7	0:51:37 h	12	1:01:16 h	10	0:23:18 h	9	1:24:34 h	M AK 40	781
12	Petersen, Helge	75	BSG HanseWerk Triathlon/R	0:11:46 h	13	0:51:36 h	11	1:03:22 h	12	0:22:51 h	8	1:26:13 h	M AK 40	728
13	Straub, Björn	75		0:10:40 h	10	0:51:10 h	10	1:01:50 h	11	0:27:51 h	13	1:29:41 h	M AK 40	779
14	Gnoyke, Matthias	72	Team-Erdinger-Alkoholfrei	0:13:59 h	17	0:54:52 h	14	1:08:51 h	13	0:24:13 h	10	1:33:04 h	M AK 40	713
15	Rohwer, Nils	71	BSG Triathlon-Rennrad	0:13:47 h	15	0:55:43 h	15	1:09:30 h	14	0:28:26 h	16	1:37:56 h	M AK 40	727
16	Tiessen, Oliver	71	BSG SH-Netz Rennrad Triath	0:13:30 h	14	0:57:15 h	16	1:10:45 h	15	0:28:12 h	15	1:38:57 h	M AK 40	709
17	Badawy, Madeeh	74		0:17:21 h	18	0:54:10 h	13	1:11:31 h	16	0:27:51 h	13	1:39:22 h	M AK 40	820
18	Horstmann, Steffen	71	team lauschbar	0:13:53 h	16	0:58:18 h	17	1:12:11 h	17	0:31:45 h	17	1:43:56 h	M AK 40	793
Altersklasse M AK 45														
1	Jaekel, Carsten	70		0:08:22 h	1	0:43:11 h	2	0:51:33 h	1	0:19:08 h	1	1:10:41 h	M AK 45	766
2	Lierow, Wolfgang	70	Möllner SV	0:10:02 h	10	0:42:21 h	1	0:52:23 h	2	0:21:00 h	3	1:13:23 h	M AK 45	758
3	Petersen, Thomas	67	TriAs Flensburg	0:09:05 h	2	0:44:22 h	3	0:53:27 h	3	0:21:12 h	4	1:14:39 h	M AK 45	786
4	Müller, Wolfgang	70	1 Flensburger Laufftreff	0:09:12 h	4	0:46:00 h	5	0:55:12 h	4	0:20:57 h	2	1:16:09 h	M AK 45	803
5	Möller, Clemens	67	SV Langwedel	0:09:52 h	9	0:48:04 h	10	0:57:56 h	9	0:22:03 h	6	1:19:59 h	M AK 45	777
6	Kläschen, Nils	69	BSG Philips LG	0:09:46 h	8	0:47:00 h	8	0:56:46 h	8	0:23:23 h	9	1:20:09 h	M AK 45	810
7	Schrum, Stefan	69	SV Wiking Kiel	0:09:14 h	5	0:46:59 h	7	0:56:13 h	7	0:24:00 h	11	1:20:13 h	M AK 45	716
8	Caliebe, Alexander	70		0:09:18 h	6	0:46:54 h	6	0:56:12 h	6	0:24:22 h	12	1:20:34 h	M AK 45	802
9	Putzer, Jörg	67		0:10:14 h	11	0:45:11 h	4	0:55:25 h	5	0:26:25 h	16	1:21:50 h	M AK 45	711
9	Busch, Malte	67	TSV Schleswig	0:09:36 h	7	---	---	---	---	---	---	1:21:50 h	M AK 45	797
11	Koffner, Stefan	66	BSG Philips LG	0:10:45 h	13	0:49:05 h	11	0:59:50 h	11	0:22:34 h	7	1:22:24 h	M AK 45	811
12	Große, Dirk	69	SG Athletico Büdelsdorf	0:10:36 h	12	0:50:24 h	13	1:01:00 h	12	0:23:14 h	8	1:24:14 h	M AK 45	751
13	Werther, Andreas	69	TriAs Flensburg	0:09:11 h	3	0:49:14 h	12	0:58:25 h	10	0:26:07 h	15	1:24:32 h	M AK 45	805
14	Jensen, Stig Vendelboe	69	Aaig Aabenraa	0:11:30 h	15	0:51:28 h	15	1:02:58 h	14	0:23:56 h	10	1:26:54 h	M AK 45	809

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15	Voigt, Jan	66	BSG SH-Netz Rennrad Triath	0:13:17 h	17	0:50:50 h	14	1:04:07 h	15	0:25:19 h	14	1:29:26 h	M AK 45	730
16	Bohl, Thorsten	69	BSG HanseWerk	0:15:50 h	20	0:52:41 h	16	1:08:31 h	17	0:21:49 h	5	1:30:20 h	M AK 45	704
17	Meitzner, Nico	68	kein Verein	0:11:28 h	14	0:54:26 h	17	1:05:54 h	16	0:24:43 h	13	1:30:37 h	M AK 45	714
18	Spross, Jürgen	66	Team Erdinger Alkoholfrei	0:14:36 h	18	0:47:43 h	9	1:02:19 h	13	0:29:03 h	17	1:31:22 h	M AK 45	740
19	Wobser, Thomas	69		0:15:13 h	19	---		---		---		1:43:00 h	M AK 45	717
20	Dilschmann, Jörg	69	Sport-Club Itzehoe	0:13:15 h	16	---		---		---		1:43:39 h	M AK 45	748
21	Möller, Sönke	69		0:17:14 h	21	---		---		---		1:44:21 h	M AK 45	742
22	Hähling, Ulrich	68		0:17:32 h	22	---		---		---		1:48:36 h	M AK 45	701
Altersklasse M AK 50														
1	Dannenberg, Hans-Peter	62	SG Athletico Büdelsdorf	0:09:01 h	2	0:45:56 h	2	0:54:57 h	1	0:21:08 h	2	1:16:05 h	M AK 50	718
2	Gaasch, Bernd	62	Borener SV	0:10:12 h	6	0:47:03 h	3	0:57:15 h	3	0:19:55 h	1	1:17:10 h	M AK 50	813
3	Schlömer, Karl-Heinz	64	MTV Heide	0:10:13 h	7	---		---		---		1:18:50 h	M AK 50	827
4	Gilgen, Jens-Uwe	62	MTV Leck-Well Gym	0:10:47 h	9	0:45:44 h	1	0:56:31 h	2	0:22:34 h	3	1:19:05 h	M AK 50	755
5	Koch, Thorsten	62		0:09:26 h	3	0:49:53 h	6	0:59:19 h	5	0:23:39 h	5	1:22:58 h	M AK 50	804
6	Steinort, Nils	62	Wismar	0:11:59 h	12	0:48:03 h	5	1:00:02 h	7	0:24:38 h	6	1:24:40 h	M AK 50	791
7	Heil, Robert	62	USC Kiel	0:08:37 h	1	0:50:54 h	9	0:59:31 h	6	0:25:33 h	9	1:25:04 h	M AK 50	762
8	Coen, Reiner	61	TSV Malente	0:09:50 h	5	0:50:41 h	8	1:00:31 h	8	0:25:03 h	7	1:25:34 h	M AK 50	771
9	Jochims, Ralf	64	SSV Süderdorf	0:12:27 h	14	0:50:04 h	7	1:02:31 h	9	0:23:13 h	4	1:25:44 h	M AK 50	825
10	Garrelts, Erich	65		0:10:38 h	8	0:47:38 h	4	0:58:16 h	4	0:28:45 h	12	1:27:01 h	M AK 50	822
11	Schirmeyer, Dr. Stefan	64	VfL Pinneberg	0:09:40 h	4	0:53:38 h	13	1:03:18 h	11	0:25:25 h	8	1:28:43 h	M AK 50	796
12	Besler, Wolfgang Michael	61	TSV-Ladelund	0:11:26 h	11	0:51:46 h	11	1:03:12 h	10	0:25:37 h	10	1:28:49 h	M AK 50	834
13	Bolz, Stefan	65	LAV Husum	0:10:58 h	10	0:52:40 h	12	1:03:38 h	12	0:27:21 h	11	1:30:59 h	M AK 50	715
14	Borchers, Kurt	63		0:12:37 h	15	0:51:02 h	10	1:03:39 h	13	0:30:38 h	13	1:34:17 h	M AK 50	721
15	Parnow, Jürgen	65	Bredenbeker Renntiere	0:12:14 h	13	0:56:37 h	14	1:08:51 h	14	0:31:31 h	14	1:40:22 h	M AK 50	729
Altersklasse M AK 55														
1	Kaven, Christian	58		0:13:12 h	1	0:54:25 h	1	1:07:37 h	1	0:30:33 h	1	1:38:10 h	M AK 55	724
2	Schwarzer, Thomas	56	Haus Söby	0:14:32 h	2	0:57:50 h	2	1:12:22 h	2	0:35:38 h	2	1:48:00 h	M AK 55	776
Altersklasse M AK 65														
1	Pöhlmann, Axel	49		0:13:30 h	1	0:55:57 h	1	1:09:27 h	1	0:26:26 h	1	1:35:53 h	M AK 65	705
Altersklasse M AK 70														
1	Lierow, Wolfgang	42	TriFun Güstrow	0:12:25 h	1	0:46:39 h	1	0:59:04 h	1	0:26:38 h	2	1:25:42 h	M AK 70	782
2	Knölk, Benno	42	SVT Neumünster	0:17:47 h	3	1:01:08 h	2	1:18:55 h	2	0:26:31 h	1	1:45:26 h	M AK 70	770
3	Hildebrandt, Rüdiger	43	LTV Kiel-Ost	0:15:13 h	2	1:05:17 h	3	1:20:30 h	3	0:33:46 h	3	1:54:16 h	M AK 70	798
Altersklasse M JA														
1	Lierow, Justus	99	Möllner SV	0:08:15 h	1	0:49:40 h	2	0:57:55 h	1	0:24:35 h	2	1:22:30 h	M JA	759
2	Spross, Gerrit	99	Sport-Club Itzehoe	0:08:53 h	2	0:49:11 h	1	0:58:04 h	2	0:24:27 h	1	1:22:31 h	M JA	739

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
Altersklasse M JUN														
1	Johannsen, Leif	97	SG Athletico Büdelsdorf	0:08:26 h	1	0:43:10 h	1	0:51:36 h	1	0:21:22 h	1	1:12:58 h	M JUN	789
2	Krowiors, Sebastian	97	Haus Söby	0:13:05 h	2	1:15:34 h	2	1:28:39 h	2	0:30:48 h	2	1:59:27 h	M JUN	774
3	Schröder, Tobias	97	Haus Söby	0:13:48 h	3	---		---		---		2:07:26 h	M JUN	775
Altersklasse W AK 20														
1	Schnoor, Lisa	94	USC Kiel	0:09:59 h	1	0:47:13 h	1	0:57:12 h	1	0:22:34 h	1	1:19:46 h	W AK 20	733
2	Jost, Jennifer	92		0:11:56 h	2	0:51:35 h	2	1:03:31 h	2	0:27:04 h	2	1:30:35 h	W AK 20	749
3	Block, Lara-Josephine	91		0:13:35 h	3	---		---		---		1:52:28 h	W AK 20	760
Altersklasse W AK 25														
1	Lorenzen, Gyde	87	Grenzland Reit- und Fahrvere	0:13:42 h	1	0:49:36 h	1	1:03:18 h	1	0:22:16 h	1	1:25:34 h	W AK 25	787
Altersklasse W AK 30														
1	Jandt, Beeke	83	USC Kiel	0:13:14 h	4	0:49:23 h	1	1:02:37 h	2	0:21:21 h	1	1:23:58 h	W AK 30	763
2	Dohse, Vibeke	81	BSG HanseWerk	0:09:48 h	1	0:49:45 h	2	0:59:33 h	1	0:25:54 h	2	1:25:27 h	W AK 30	788
3	Mögeltönder, Jasmin	84		0:12:03 h	2	0:53:03 h	3	1:05:06 h	3	0:28:22 h	3	1:33:28 h	W AK 30	719
4	Wilking, Julia	84	SG Athletico Büdelsdorf	0:12:53 h	3	0:55:39 h	4	1:08:32 h	4	0:37:25 h	4	1:45:57 h	W AK 30	703
Altersklasse W AK 35														
1	Landsberger, Nina	77	USC Kiel	0:09:39 h	2	0:51:10 h	2	1:00:49 h	2	0:22:38 h	1	1:23:27 h	W AK 35	785
2	Groth, Kimberly	79	Sport-Club-Itzehoe	0:08:58 h	1	0:49:55 h	1	0:58:53 h	1	0:26:55 h	2	1:25:48 h	W AK 35	737
3	Friedel, Simone	80		0:13:32 h	3	1:06:26 h	3	1:19:58 h	3	0:38:18 h	3	1:58:16 h	W AK 35	741
Altersklasse W AK 40														
1	Schönebeck, Susanne	74	Sport-Club Itzehoe	0:10:27 h	1	0:50:14 h	1	1:00:41 h	1	0:23:23 h	1	1:24:04 h	W AK 40	700
2	Barke, Julia	74		0:10:47 h	2	1:02:26 h	2	1:13:13 h	2	0:25:35 h	2	1:38:48 h	W AK 40	708
Altersklasse W AK 45														
1	Templin, Anja	68	SG Athletico Büdelsdorf	0:10:21 h	2	0:53:36 h	1	1:03:57 h	1	0:26:26 h	1	1:30:23 h	W AK 45	765
2	Matzen, Bianca	67	Borener SV	0:10:18 h	1	0:55:03 h	2	1:05:21 h	2	0:35:54 h	2	1:41:15 h	W AK 45	761
Altersklasse W AK 50														
1	Hartung, Anke	65	BSG AKN Eisenbahn AG	0:11:51 h	1	0:54:07 h	1	1:05:58 h	1	0:24:00 h	1	1:29:58 h	W AK 50	794
2	Grünberg Gilgen, Birte	63	MTV Leck	0:12:41 h	2	---		---		---		1:36:59 h	W AK 50	756
Altersklasse W AK 55														
1	Kaack, Heike	58	SG Atheltico Büdelsdorf	0:09:54 h	1	0:54:01 h	1	1:03:55 h	1	0:24:10 h	1	1:28:05 h	W AK 55	792
Altersklasse W AK 60														
1	Bartsch, Margit	54	SG Athletico Büdelsdorf	0:10:20 h	1	0:47:11 h	1	0:57:31 h	1	0:23:47 h	1	1:21:18 h	W AK 60	806
Altersklasse W JUN														
1	Hansen, Svenja	96		0:17:27 h	1	0:57:01 h	1	1:14:28 h	1	0:33:14 h	1	1:47:42 h	W JUN	768