

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
1	Sönksen, Peer	98	SC Neubrandenburg	0:06:10 h	1	0:38:19 h	1	0:44:29 h	1	0:17:01 h	2	1:01:30 h	M J A	799
2	Petz, Andreas	72	Team Novo Nordisk	0:07:00 h	4	0:40:33 h	5	0:47:33 h	4	0:16:59 h	1	1:04:32 h	M MK 40	848
3	Jörgensen, Birger	82	USC Kiel	0:06:53 h	2	0:39:20 h	2	0:46:13 h	2	0:18:35 h	6	1:04:48 h	M AK 3	840
4	Orthmann, Volker	66	Tri Team Neumünster	0:08:14 h	20	0:39:47 h	4	0:48:01 h	5	0:18:50 h	7	1:06:51 h	M MK 45	836
5	Kratzenstein, Stefan	80	USC Kiel	0:07:14 h	5	0:41:02 h	6	0:48:16 h	7	0:18:51 h	8	1:07:07 h	M AK 3	842
6	Schluricke, Sebastian	80	TriAs Flensburg	0:08:24 h	24	0:39:43 h	3	0:48:07 h	6	0:19:44 h	11	1:07:51 h	M AK 3	743
7	Benecke, Torben	75	Trias-flensburg	---	---	---	---	0:47:24 h	3	0:21:37 h	27	1:09:01 h	M AK 4	843
8	Müller, Martin	74	USC Kiel	0:07:19 h	6	0:41:04 h	7	0:48:23 h	8	0:21:00 h	21	1:09:23 h	M MK 40	793
9	Kretz, Philip	86	Stader SV	0:09:56 h	60	0:41:49 h	8	0:51:45 h	23	0:17:47 h	4	1:09:32 h	M AK 2	738
9	Buck, Pascal	92	SG Athletico Büdelsdorf	0:07:19 h	6	0:44:23 h	31	0:51:42 h	22	0:17:50 h	5	1:09:32 h	M AK 1	803
11	Bolz, Philipp	96	LAV Husum	0:07:43 h	11	0:42:12 h	12	0:49:55 h	9	0:19:39 h	9	1:09:34 h	M JUN	832
12	Andersen, Klaus	79	Team Fahrradstation	0:08:10 h	18	0:42:00 h	9	0:50:10 h	11	0:19:42 h	10	1:09:52 h	M AK 4	853
13	Müller, Philipp	81	SG Athletico Büdelsdorf	0:09:03 h	35	0:44:03 h	28	0:53:06 h	28	0:17:25 h	3	1:10:31 h	M AK 3	778
14	Schniedertöns, Dirk	64	SG Athletico Büdelsdorf	0:06:55 h	3	0:43:22 h	22	0:50:17 h	15	0:20:41 h	16	1:10:58 h	M MK 50	838
15	Bölke, Tobias	94	MTV- Leck	0:08:10 h	18	0:42:02 h	10	0:50:12 h	14	0:20:51 h	18	1:11:03 h	M AK 1	808
16	Abraham, Frank	68	currexSole	0:07:55 h	13	0:42:16 h	13	0:50:11 h	12	0:20:58 h	20	1:11:09 h	M MK 45	769
17	Hamann, Kay	68	Tri team Neumünster	0:08:38 h	27	0:42:42 h	16	0:51:20 h	18	0:20:12 h	12	1:11:32 h	M MK 45	741
18	Reimer, Roland	65	Team Erdinger Alkoholfrei	0:07:49 h	12	0:42:22 h	14	0:50:11 h	12	0:21:28 h	26	1:11:39 h	M MK 45	785
19	Wilker, Sebastian	84	USC Kiel	0:07:59 h	14	0:42:06 h	11	0:50:05 h	10	0:21:43 h	28	1:11:48 h	M AK 3	823
20	Niße, Timo	67	USC Kiel	0:08:29 h	26	0:43:35 h	24	0:52:04 h	26	0:20:45 h	17	1:12:49 h	M MK 45	721
21	Paysen, Arne	68	Fri Öowingsfloose	0:09:17 h	40	0:42:43 h	17	0:52:00 h	25	0:21:17 h	25	1:13:17 h	M MK 45	800
22	Thieme, Daniel	73	Borener sv	0:08:04 h	16	0:43:30 h	23	0:51:34 h	20	0:21:45 h	29	1:13:19 h	M MK 40	791
23	Schneider, Matthias	66		0:09:10 h	37	0:43:40 h	25	0:52:50 h	27	0:20:30 h	14	1:13:20 h	M MK 45	703
24	Borkowski, Bernd	66	Triabolos	0:08:16 h	21	0:43:05 h	21	0:51:21 h	19	0:22:31 h	37	1:13:52 h	M MK 45	744
25	Vogel, Markus	71	BSG TÜV NORD	0:08:07 h	17	1:06:34 h	110	1:14:41 h	105	3:59:35 h	113	1:14:16 h	M MK 40	775
26	Martens, Henning	72	Triabolos	0:08:52 h	33	0:42:46 h	18	0:51:38 h	21	0:22:41 h	41	1:14:19 h	M MK 40	745
27	Wiegner, Björn	85	POST SV HEIDE	0:09:18 h	41	0:44:02 h	27	0:53:20 h	29	0:21:04 h	22	1:14:24 h	M AK 2	718
28	Schöttner, Axel	68	triabolos Hamburg	0:07:39 h	10	0:43:02 h	19	0:50:41 h	17	0:24:20 h	57	1:15:01 h	M MK 45	835
29	Gilgen, Jens-Uwe	62	MTV Leck	0:09:51 h	56	0:43:44 h	26	0:53:35 h	32	0:21:47 h	30	1:15:22 h	M MK 50	781
30	Claessen, Holger	65	Felm	0:07:22 h	8	0:46:14 h	42	0:53:36 h	33	0:21:59 h	33	1:15:35 h	M MK 45	705
31	Fabig, Sigurd	61	LAV Husum	0:07:34 h	9	0:43:02 h	19	0:50:36 h	16	0:25:11 h	67	1:15:47 h	M MK 50	841
32	Potten, Jan-Niklas	88	SG Athletico Buedelsdorf	0:08:45 h	31	0:44:42 h	33	0:53:27 h	30	0:22:41 h	41	1:16:08 h	M AK 2	724
33	Breidenbicher, Daniel	72	SV Langwedel	0:09:55 h	59	0:45:56 h	40	0:55:51 h	43	0:20:35 h	15	1:16:26 h	M MK 40	736
34	Karstensen, Johannes	65	LG Albatros Kiel	0:09:36 h	50	0:44:13 h	29	0:53:49 h	34	0:22:39 h	40	1:16:28 h	M MK 45	829
35	Harksen, Ulrike	76	SG Athletico Büdelsdorf	0:09:12 h	39	0:45:09 h	36	0:54:21 h	35	0:22:14 h	35	1:16:35 h	W AK 4	704
36	Wellbrock, Thorsten	62	TuS Holtenau Kiel	0:09:58 h	61	0:44:25 h	32	0:54:23 h	37	0:22:19 h	36	1:16:42 h	M MK 50	828
37	Blicke, Thomas	71		0:09:11 h	38	0:44:16 h	30	0:53:27 h	30	0:23:16 h	46	1:16:43 h	M MK 40	827
38	Benthain, Detlef	69	1. Flensburger Laufftreff	0:09:28 h	47	0:42:29 h	15	0:51:57 h	24	0:24:55 h	62	1:16:52 h	M MK 45	849
39	Rohwer, Clemens	97	Tri Team Neumünster	0:08:43 h	30	0:47:44 h	49	0:56:27 h	46	0:20:56 h	19	1:17:23 h	M J A	804
40	Kock, Andre	71		0:09:07 h	36	0:45:15 h	37	0:54:22 h	36	0:23:05 h	45	1:17:27 h	M MK 40	713

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
41	Westmann, Michael	77	SG Athletico Büdelsdorf	0:08:46 h	32	0:48:16 h	51	0:57:02 h	50	0:20:28 h	13	1:17:30 h	M AK 4	730
42	Große, Dirk	69	SG Athletico Büdelsdorf	0:09:34 h	49	0:45:59 h	41	0:55:33 h	42	0:22:01 h	34	1:17:34 h	M MK 45	701
42	Bartsch, Margit	54	SG Athletico Büdelsdorf	0:09:44 h	54	0:44:46 h	34	0:54:30 h	38	0:23:04 h	44	1:17:34 h	W MK 60	847
44	Schrum, Stefan	69	SV Wiking Kiel	0:09:26 h	45	0:45:05 h	35	0:54:31 h	39	0:23:44 h	52	1:18:15 h	M MK 45	702
45	Doormann, Christoph	79	MTV Meggerdorf	0:08:03 h	15	0:46:46 h	46	0:54:49 h	41	0:23:39 h	49	1:18:28 h	M AK 4	732
46	Mull, Diana	67	TSV Bornhöved	0:10:38 h	71	0:45:21 h	38	0:55:59 h	44	0:22:31 h	37	1:18:30 h	W MK 45	794
47	Putzer, Jörg	67		0:08:58 h	34	0:45:50 h	39	0:54:48 h	40	0:25:14 h	70	1:20:02 h	M MK 45	731
48	Preusse, Michael	57	Tsv Schleswig	0:09:43 h	52	0:46:21 h	43	0:56:04 h	45	0:24:18 h	56	1:20:22 h	M MK 55	852
49	Gürgen, Mehmet	75		0:10:42 h	73	0:46:32 h	44	0:57:14 h	51	0:23:29 h	48	1:20:43 h	M AK 4	797
50	Müller, Egon	56	Eckernförder MTV	0:08:19 h	23	0:48:58 h	55	0:57:17 h	52	0:23:48 h	53	1:21:05 h	M MK 55	844
51	Nissen, Bernd	62	KSH-TEAM	0:09:25 h	44	0:47:29 h	48	0:56:54 h	49	0:24:33 h	60	1:21:27 h	M MK 50	716
52	Raith, Christian	73		0:11:45 h	85	0:47:52 h	50	0:59:37 h	59	0:21:58 h	32	1:21:35 h	M MK 40	824
53	Koch, Thorsten	62		0:08:25 h	25	0:49:46 h	58	0:58:11 h	53	0:23:27 h	47	1:21:38 h	M MK 50	798
54	Becker, Anne	89	MTV Leck	0:09:43 h	52	0:51:05 h	64	1:00:48 h	62	0:21:05 h	23	1:21:53 h	W AK 2	821
55	Kursawe, Alexandra	80	Feuerwehr Strande	0:10:45 h	74	0:48:25 h	52	0:59:10 h	55	0:23:54 h	55	1:23:04 h	W AK 3	813
56	Schimmer, Helmut	46	TSV Fahrdorf	0:09:52 h	57	0:46:36 h	45	0:56:28 h	47	0:26:40 h	81	1:23:08 h	M MK 65	764
57	Zürker, Dominik	78	Trivelos Flensburg	0:09:30 h	48	0:47:13 h	47	0:56:43 h	48	0:26:31 h	79	1:23:14 h	M AK 4	811
58	Fromme, Roland	62	LG POWER-Schnecken Kiel	0:09:23 h	43	0:51:26 h	67	1:00:49 h	63	0:22:31 h	37	1:23:20 h	M MK 50	740
59	Schwalbe, Timo	77	FC St. Pauli	0:10:28 h	66	0:48:41 h	54	0:59:09 h	54	0:24:36 h	61	1:23:45 h	M AK 4	746
60	Ciolkowski, Ralf	66		0:10:32 h	68	0:49:00 h	56	0:59:32 h	56	0:24:28 h	59	1:24:00 h	M MK 45	755
61	Reimann, Torsten	87	TSV Ladelund	0:09:21 h	42	0:50:22 h	62	0:59:43 h	60	0:24:22 h	58	1:24:05 h	M AK 2	768
62	Bolz, Stefan	65	LAV Husum	0:10:04 h	65	0:49:29 h	57	0:59:33 h	58	0:25:05 h	65	1:24:38 h	M MK 45	833
63	Jacobi, Christian	79		0:09:26 h	45	0:53:24 h	75	1:02:50 h	72	0:23:42 h	50	1:26:32 h	M AK 4	758
64	Jelinek, Hannah	80	TriAs Flensburg	0:09:53 h	58	0:50:01 h	61	0:59:54 h	61	0:26:42 h	82	1:26:36 h	W AK 3	779
65	Worch, Julia	84		0:11:34 h	82	0:49:51 h	59	1:01:25 h	67	0:25:13 h	69	1:26:38 h	W AK 3	760
66	Petersen, Christian	80	Tsv Schleswig	0:13:36 h	102	0:51:20 h	66	1:04:56 h	76	0:21:55 h	31	1:26:51 h	M AK 3	851
67	Heinemann, Peter	49	Tsv Schleswig	0:10:56 h	76	0:48:36 h	53	0:59:32 h	56	0:27:20 h	86	1:26:52 h	M MK 65	710
68	Kaack, Heike	58	SG Athletico Büdelsdorf	0:09:37 h	51	0:52:50 h	72	1:02:27 h	70	0:24:59 h	64	1:27:26 h	W MK 55	761
69	Weber, Gerald	80		0:11:36 h	83	0:50:44 h	63	1:02:20 h	69	0:25:11 h	67	1:27:31 h	M AK 3	809
70	Uphaus, Nicolas	78		0:10:03 h	64	0:51:50 h	68	1:01:53 h	68	0:25:40 h	73	1:27:33 h	M AK 4	737
71	Groth, Kimberly	79	POST SV HEIDE	0:08:42 h	29	0:52:21 h	70	1:01:03 h	64	0:26:38 h	80	1:27:41 h	W AK 4	719
72	San Cristobal, Marco	75	Danfoss	0:08:41 h	28	0:54:08 h	78	1:02:49 h	71	0:25:07 h	66	1:27:56 h	M AK 4	820
73	Hoffmann, Julia	85	USC	0:11:24 h	80	0:49:56 h	60	1:01:20 h	66	0:27:39 h	89	1:28:59 h	W AK 2	819
74	Jungjohann, Ute	69	1. Flensburger Lauftreff	0:12:19 h	91	0:51:15 h	65	1:03:34 h	75	0:25:28 h	72	1:29:02 h	W MK 45	790
75	Graßnick, Nils	72	Flying-Kiwis Hürup	0:08:18 h	22	0:52:57 h	73	1:01:15 h	65	0:28:19 h	95	1:29:34 h	M MK 40	757
76	Müller, Volker	68	HSG Eider Harde	0:10:39 h	72	0:55:21 h	84	1:06:00 h	78	0:23:42 h	50	1:29:42 h	M MK 45	826
77	Meitzner, Nico	68		0:10:48 h	75	0:54:13 h	79	1:05:01 h	77	0:24:58 h	63	1:29:59 h	M MK 45	723
78	Gnoyke, Matthias	72	Team-Erdinger-Alkoholfrei	0:13:22 h	99	0:53:11 h	74	1:06:33 h	81	0:23:48 h	53	1:30:21 h	M MK 40	707
79	Wingert, Artur	81	USC Kiel	0:10:59 h	77	0:52:23 h	71	1:03:22 h	73	0:28:17 h	94	1:31:39 h	M AK 3	834
80	Loof, Hauke	66		0:10:02 h	63	0:56:12 h	87	1:06:14 h	79	0:25:58 h	76	1:32:12 h	M MK 45	805

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Schwimmen	Pos S	Rad	Pos R	Zwischen- zeit	Pos ZZ	Laufen	Pos L	Gesamtzeit	Alters- klasse	Start- Nr.
81	Pahl, Nicole	71		0:12:43 h	94	0:53:47 h	76	1:06:30 h	80	0:25:52 h	74	1:32:22 h	W MK 40	839
82	Eichholz, Jörg	61	TS Schenefeld	0:09:59 h	62	0:57:37 h	92	1:07:36 h	86	0:25:19 h	71	1:32:55 h	M MK 50	850
83	Boldt, Lara	97	SG Athletico Büdelsdorf	0:11:14 h	79	0:52:16 h	69	1:03:30 h	74	0:30:12 h	100	1:33:42 h	W J A	812
84	Zulauf, Sebastian	97	TUS Rotenhof	0:13:02 h	95	0:58:13 h	95	1:11:15 h	99	0:22:44 h	43	1:33:59 h	M J A	796
85	Hoppe, Ralf	57	TUS Bargstedt	0:13:34 h	101	0:54:06 h	77	1:07:40 h	87	0:26:25 h	78	1:34:05 h	M MK 55	708
86	Goltz, Franziska	85		0:10:37 h	70	0:56:23 h	88	1:07:00 h	84	0:27:51 h	90	1:34:51 h	W AK 2	815
87	Pöhlmann, Axel	49		0:12:06 h	89	0:56:40 h	89	1:08:46 h	91	0:26:49 h	83	1:35:35 h	M MK 65	776
88	Mögeltönder, Jasmin	84		0:11:36 h	83	0:55:12 h	83	1:06:48 h	83	0:28:58 h	98	1:35:46 h	W AK 3	706
89	Templin, Anja	68	Rendsburger TSV	0:09:46 h	55	0:58:47 h	98	1:08:33 h	90	0:27:25 h	87	1:35:58 h	W MK 45	767
90	Doublet, Stephanie	76	Team Erdinger Alkoholfrei	0:13:06 h	96	0:55:10 h	82	1:08:16 h	89	0:27:54 h	92	1:36:10 h	W AK 4	722
91	Hansen, Svenja	96		0:16:02 h	109	0:54:21 h	81	1:10:23 h	95	0:26:03 h	77	1:36:26 h	W JUN	792
92	Dilschmann, Jörg	69	SCI Itzehoe	0:12:11 h	90	0:57:25 h	91	1:09:36 h	93	0:27:07 h	85	1:36:43 h	M MK 45	735
93	Dutz, Sören	78	Haus Söby	0:13:31 h	100	0:58:27 h	97	1:11:58 h	100	0:25:57 h	75	1:37:55 h	M AK 4	753
94	Hansen, Werner	69	TS Schenefeld	0:11:09 h	78	0:58:48 h	99	1:09:57 h	94	0:28:05 h	93	1:38:02 h	M MK 45	739
95	Grünberg-Gilgen, Birte	63	MTV Leck	0:11:33 h	81	0:58:01 h	94	1:09:34 h	92	0:28:40 h	96	1:38:14 h	W MK 50	782
96	Schwarzer, Thomas	56	Haus Söby	0:13:14 h	98	0:54:16 h	80	1:07:30 h	85	0:30:51 h	101	1:38:21 h	M MK 55	754
97	Seiler, Ulrike	69		0:12:25 h	93	0:58:22 h	96	1:10:47 h	96	0:27:53 h	91	1:38:40 h	W MK 45	795
98	Danker, Jörn	57		0:11:45 h	85	0:55:57 h	85	1:07:42 h	88	0:31:31 h	102	1:39:13 h	M MK 55	712
99	Paasch, Lukas	97	Haus Söby	0:15:38 h	105	0:57:08 h	90	1:12:46 h	103	0:26:50 h	84	1:39:36 h	M J A	747
100	Thomas, Julia	82	Sportspaß e.V.	0:13:08 h	97	0:57:51 h	93	1:10:59 h	97	0:29:24 h	99	1:40:23 h	W AK 3	759
101	Roth, Wolfgang	66		0:15:50 h	107	0:59:25 h	100	1:15:15 h	107	0:27:35 h	88	1:42:50 h	M MK 45	807
102	Juhnke, Dennis	94	Haus Söby	0:15:53 h	108	1:05:48 h	109	1:21:41 h	111	0:21:13 h	24	1:42:54 h	M AK 1	750
103	Mirow, Andrea	72		0:10:30 h	67	0:56:08 h	86	1:06:38 h	82	0:36:51 h	110	1:43:29 h	W MK 40	818
104	Garszynski, Max	99	Haus Söby	0:12:21 h	92	0:59:40 h	102	1:12:01 h	101	0:31:49 h	103	1:43:50 h	M J B	749
105	Kalwait, Oliver	80	Haus Söby	0:15:46 h	106	1:02:54 h	108	1:18:40 h	110	0:28:47 h	97	1:47:27 h	M AK 3	751
106	Parnow, Jürgen	65	Bredenbeker Renttiere	0:10:36 h	69	1:01:57 h	106	1:12:33 h	102	0:35:36 h	107	1:48:09 h	M MK 45	772
107	Wilking, Julia	84		0:11:47 h	87	0:59:27 h	101	1:11:14 h	98	0:37:31 h	111	1:48:45 h	W AK 3	763
108	Kolle, Marvin	99	Haus Söby	0:11:55 h	88	1:02:03 h	107	1:13:58 h	104	0:36:04 h	108	1:50:02 h	M J B	748
109	Plähn, Michael	74		0:13:40 h	103	1:01:18 h	105	1:14:58 h	106	0:36:45 h	109	1:51:43 h	M MK 40	831
110	Wobser, Thomas	69		0:17:04 h	111	1:00:22 h	103	1:17:26 h	108	0:35:01 h	106	1:52:27 h	M MK 45	709
111	Thielebein, Sylvia	61		0:17:04 h	111	1:01:06 h	104	1:18:10 h	109	0:34:30 h	105	1:52:40 h	W MK 50	789
112	Braune, Uwe	54	Raisdorfer TSV	0:16:09 h	110	1:11:13 h	112	1:27:22 h	113	0:31:56 h	104	1:59:18 h	M MK 60	729
113	Lander, Andre	69	Haus Söby	0:15:23 h	104	1:07:33 h	111	1:22:56 h	112	0:37:52 h	112	2:00:48 h	M MK 45	752