

| Platz                     | Name, Vorname       | Jg | Verein / BSG / Ort         | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|---------------------------|---------------------|----|----------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| <b>Altersklasse TMAK2</b> |                     |    |                            |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Kores, Robert       | 86 | Tri Team Hamburg           | 0:19:05 h | 1        | 0:55:26 h | 1        | 1:14:31 h         | 1         | 0:39:18 h | 1        | 1:53:49 h  | TMAK2             | 242           |
| 2                         | Thra, Dustin        | 85 | Triathlon TEAM TG Witten   | 0:19:38 h | 2        | 0:59:05 h | 2        | 1:18:43 h         | 2         | 0:41:35 h | 2        | 2:00:18 h  | TMAK2             | 259           |
| 3                         | Giesen, Alexander   | 89 | Tri-Sport Lübeck           | 0:19:38 h | 2        | 1:03:23 h | 3        | 1:23:01 h         | 3         | 0:44:57 h | 3        | 2:07:58 h  | TMAK2             | 214           |
| 4                         | Claas, Niclas       | 86 |                            | 0:21:15 h | 4        | 1:14:25 h | 5        | 1:35:40 h         | 5         | 0:45:51 h | 4        | 2:21:31 h  | TMAK2             | 256           |
| 5                         | Ehlers, Christopher | 87 |                            | 0:23:48 h | 5        | 1:07:46 h | 4        | 1:31:34 h         | 4         | 0:53:42 h | 5        | 2:25:16 h  | TMAK2             | 244           |
| <b>Altersklasse TMAK3</b> |                     |    |                            |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Ifang, Malte        | 83 | TUS Breitscheid            | 0:19:12 h | 1        | 1:00:45 h | 1        | 1:19:57 h         | 1         | 0:43:12 h | 1        | 2:03:09 h  | TMAK3             | 261           |
| 2                         | Kurth, Damien       | 84 |                            | 0:21:07 h | 2        | 1:03:40 h | 2        | 1:24:47 h         | 2         | 0:47:34 h | 2        | 2:12:21 h  | TMAK3             | 253           |
| 3                         | Semdnier, Martin    | 81 | Empor zarrentin triathlon  | 0:21:22 h | 3        | 1:05:22 h | 3        | 1:26:44 h         | 3         | 0:51:16 h | 3        | 2:18:00 h  | TMAK3             | 232           |
| 4                         | Dreeßen, Mick       | 82 | FC St. Pauli Triathlon     | 0:25:50 h | 5        | 1:06:35 h | 4        | 1:32:25 h         | 4         | 0:58:07 h | 4        | 2:30:32 h  | TMAK3             | 243           |
| 5                         | Sommer, Lukas       | 84 |                            | 0:24:59 h | 4        | 1:16:23 h | 6        | 1:41:22 h         | 5         | 0:58:10 h | 5        | 2:39:32 h  | TMAK3             | 228           |
| 6                         | Gerigk, Lukas       | 83 | Team Triathlon Hamburger H | 0:31:53 h | 6        | 1:15:11 h | 5        | 1:47:04 h         | 6         | 1:14:23 h | 6        | 3:01:27 h  | TMAK3             | 234           |
| <b>Altersklasse TMAK4</b> |                     |    |                            |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Hein, Timo          | 76 | Tri EMTV Elmshorn          | 0:20:21 h | 2        | 1:02:38 h | 1        | 1:22:59 h         | 2         | 0:43:01 h | 1        | 2:06:00 h  | TMAK4             | 225           |
| 2                         | Beltz, André        | 79 | Sport-Club Itzehoe         | 0:19:05 h | 1        | 1:03:11 h | 2        | 1:22:16 h         | 1         | 0:46:35 h | 2        | 2:08:51 h  | TMAK4             | 264           |
| 3                         | Jefferys, Campbell  | 75 | Lebensfitness e.V.         | 0:22:03 h | 4        | 1:06:05 h | 3        | 1:28:08 h         | 3         | 0:51:13 h | 5        | 2:19:21 h  | TMAK4             | 237           |
| 4                         | Sachse, Ulli        | 75 |                            | 0:20:40 h | 3        | 1:08:25 h | 4        | 1:29:05 h         | 4         | 0:53:32 h | 7        | 2:22:37 h  | TMAK4             | 224           |
| 5                         | Debreilly, Franck   | 75 | Chtiinmotion               | 0:24:01 h | 7        | 1:10:48 h | 5        | 1:34:49 h         | 5         | 0:48:48 h | 3        | 2:23:37 h  | TMAK4             | 251           |
| 6                         | Straub, Nils        | 75 | SG Airbus                  | 0:24:37 h | 8        | 1:12:36 h | 7        | 1:37:13 h         | 7         | 0:50:57 h | 4        | 2:28:10 h  | TMAK4             | 275           |
| 7                         | Knaack, Tobias      | 75 | FC St. Pauli Triathlon     | 0:23:29 h | 6        | 1:13:56 h | 9        | 1:37:25 h         | 9         | 0:51:37 h | 6        | 2:29:02 h  | TMAK4             | 249           |
| 8                         | Le Provost, Yann    | 75 |                            | 0:22:12 h | 5        | 1:13:08 h | 8        | 1:35:20 h         | 6         | 0:57:05 h | 8        | 2:32:25 h  | TMAK4             | 219           |
| 9                         | Cordsen, Freddy     | 75 | MTV Leck von 1889 e.V      | 0:25:32 h | 9        | 1:11:45 h | 6        | 1:37:17 h         | 8         | 0:58:25 h | 9        | 2:35:42 h  | TMAK4             | 213           |
| <b>Altersklasse TMJUN</b> |                     |    |                            |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Konrad, Stefan      | 95 | Triathlon Potsdam e.V.     | 0:18:49 h | 1        | 0:59:27 h | 1        | 1:18:16 h         | 1         | 0:39:50 h | 1        | 1:58:06 h  | TMJUN             | 218           |
| 2                         | Voigt, Jakob        | 96 | Sport-Club Itzehoe         | 0:18:52 h | 2        | 1:04:05 h | 2        | 1:22:57 h         | 2         | 0:43:38 h | 2        | 2:06:35 h  | TMJUN             | 270           |
| 3                         | Rüter, Maxi         | 95 | Sport-Club Itzehoe         | 0:20:47 h | 3        | 1:10:58 h | 3        | 1:31:45 h         | 3         | 0:48:35 h | 3        | 2:20:20 h  | TMJUN             | 231           |
| <b>Altersklasse TMS1</b>  |                     |    |                            |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Heineke, Matthias   | 72 | AMTV Hamburg               | 0:18:51 h | 1        | 0:59:40 h | 2        | 1:18:31 h         | 1         | 0:42:20 h | 1        | 2:00:51 h  | TMS1              | 269           |
| 2                         | Biermann, Christian | 73 | TuS Holstein Quickborn     | 0:19:38 h | 2        | 0:59:17 h | 1        | 1:18:55 h         | 2         | 0:43:51 h | 2        | 2:02:46 h  | TMS1              | 206           |
| 3                         | Jaekel, Carsten     | 70 |                            | 0:21:29 h | 4        | 1:01:31 h | 4        | 1:23:00 h         | 4         | 0:45:10 h | 3        | 2:08:10 h  | TMS1              | 227           |
| 4                         | Hecht, Stephen      | 71 | RSG Blankenese             | 0:21:32 h | 5        | 1:01:23 h | 3        | 1:22:55 h         | 3         | 0:48:23 h | 5        | 2:11:18 h  | TMS1              | 201           |
| 5                         | Neumann, Uwe        | 73 | Team Erdinger Alkoholfrei  | 0:20:19 h | 3        | 1:06:49 h | 7        | 1:27:08 h         | 5         | 0:47:22 h | 4        | 2:14:30 h  | TMS1              | 265           |
| 6                         | Schlüter, Jörn      | 73 | TSV Westerland/Equipe Red  | 0:23:35 h | 6        | 1:04:30 h | 5        | 1:28:05 h         | 6         | 0:51:40 h | 6        | 2:19:45 h  | TMS1              | 268           |
| 7                         | Steinbach, Martin   | 70 | Team Erdinger Alkoholfrei  | 0:26:20 h | 9        | 1:06:46 h | 6        | 1:33:06 h         | 7         | 0:54:25 h | 7        | 2:27:31 h  | TMS1              | 267           |
| 8                         | Gatermann, Marc     | 71 |                            | 0:24:41 h | 7        | 1:13:10 h | 9        | 1:37:51 h         | 9         | 0:56:20 h | 8        | 2:34:11 h  | TMS1              | 252           |
| 9                         | Mainvis, William    | 73 | chtiinmotion               | 0:26:05 h | 8        | 1:14:02 h | 10       | 1:40:07 h         | 10        | 0:59:10 h | 9        | 2:39:17 h  | TMS1              | 220           |
| 10                        | Friedland, Marc     | 72 |                            | 0:27:00 h | 10       | 1:10:50 h | 8        | 1:37:50 h         | 8         | 1:03:14 h | 10       | 2:41:04 h  | TMS1              | 239           |

| Platz                     | Name, Vorname             | Jg | Verein / BSG / Ort        | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|---------------------------|---------------------------|----|---------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| <b>Altersklasse TMS2</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Poppe, Peter              | 69 | SC Itzehoe                | 0:21:26 h | 1        | 1:01:46 h | 1        | 1:23:12 h         | 1         | 0:49:29 h | 1        | 2:12:41 h  | TMS2              | 210           |
| 2                         | Zastrau, Ralf             | 66 |                           | 0:23:47 h | 2        | 1:09:50 h | 3        | 1:33:37 h         | 3         | 0:58:54 h | 4        | 2:32:31 h  | TMS2              | 254           |
| 3                         | Gutowski, Jens            | 66 |                           | 0:24:46 h | 4        | 1:11:53 h | 5        | 1:36:39 h         | 4         | 0:57:24 h | 2        | 2:34:03 h  | TMS2              | 203           |
| 4                         | Allonge, Andreas          | 68 | SV Rot-Gelb Hamburg       | 0:25:01 h | 5        | 1:08:10 h | 2        | 1:33:11 h         | 2         | 1:01:50 h | 5        | 2:35:01 h  | TMS2              | 258           |
| 5                         | Müller, Stefan            | 65 |                           | 0:25:45 h | 6        | 1:11:52 h | 4        | 1:37:37 h         | 5         | 1:03:03 h | 6        | 2:40:40 h  | TMS2              | 230           |
| 6                         | Wienholt, Herbert         | 65 |                           | 0:24:19 h | 3        | 1:19:18 h | 6        | 1:43:37 h         | 6         | 0:58:38 h | 3        | 2:42:15 h  | TMS2              | 209           |
| <b>Altersklasse TMS3</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Von Brehm, Karsten        | 63 | MTV Gelting 08            | 0:24:51 h | 1        | 1:14:08 h | 2        | 1:38:59 h         | 1         | 0:58:24 h | 1        | 2:37:23 h  | TMS3              | 221           |
| 2                         | Reimann, Frank            | 60 | Tri-EMTV                  | 0:26:49 h | 2        | 1:12:13 h | 1        | 1:39:02 h         | 2         | 1:04:28 h | 2        | 2:43:30 h  | TMS3              | 272           |
| <b>Altersklasse TMS4</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Balg, Dr. Jürgen          | 57 | Tri-Sport-Team Verl       | 0:21:24 h | 1        | 1:05:32 h | 1        | 1:26:56 h         | 1         | 0:45:13 h | 1        | 2:12:09 h  | TMS4              | 247           |
| 2                         | Steinkühler, Thomas       | 57 | TuS Holstein Quickborn    | 0:23:13 h | 2        | 1:10:12 h | 2        | 1:33:25 h         | 2         | 1:01:05 h | 2        | 2:34:30 h  | TMS4              | 205           |
| <b>Altersklasse TMS5</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Croissier, René           | 50 | TuS Holstein Quickborn    | 0:26:04 h | 1        | 1:12:11 h | 1        | 1:38:15 h         | 1         | 0:58:33 h | 1        | 2:36:48 h  | TMS5              | 207           |
| <b>Altersklasse TWAK2</b> |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Lorenzen, Insa            | 85 |                           | 0:22:31 h | 1        | 1:12:38 h | 1        | 1:35:09 h         | 1         | 0:53:24 h | 1        | 2:28:33 h  | TWAK2             | 245           |
| <b>Altersklasse TWAK3</b> |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Schmidt, Sabine           | 84 | Team ERDINGER Alkoholfrei | 0:22:32 h | 1        | 1:11:24 h | 1        | 1:33:56 h         | 1         | 0:47:08 h | 1        | 2:21:04 h  | TWAK3             | 250           |
| 2                         | Goldbach, Anja            | 84 | Kaifu Tri Team e. V.      | 0:25:16 h | 3        | 1:11:53 h | 2        | 1:37:09 h         | 2         | 0:56:18 h | 3        | 2:33:27 h  | TWAK3             | 241           |
| 3                         | Engel, Julia              | 82 | Team ggu-Software         | 0:23:16 h | 2        | 1:21:45 h | 3        | 1:45:01 h         | 3         | 0:52:16 h | 2        | 2:37:17 h  | TWAK3             | 274           |
| <b>Altersklasse TWAK4</b> |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Wecker, Dominique         | 77 | Kaifu Tri Team e. V.      | 0:24:26 h | 1        | 1:13:50 h | 1        | 1:38:16 h         | 1         | 0:52:29 h | 1        | 2:30:45 h  | TWAK4             | 223           |
| <b>Altersklasse TWJUN</b> |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Noack, Josephine          | 95 | Team Buxtehude            | 0:23:12 h | 1        | 1:10:02 h | 1        | 1:33:14 h         | 1         | 0:52:47 h | 1        | 2:26:01 h  | TWJUN             | 273           |
| <b>Altersklasse TWS1</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Neudörffer, Cordula       | 71 | TuS Holstein Quickborn    | 0:21:12 h | 1        | 1:07:30 h | 1        | 1:28:42 h         | 1         | 0:51:23 h | 1        | 2:20:05 h  | TWS1              | 204           |
| <b>Altersklasse TWS3</b>  |                           |    |                           |           |          |           |          |                   |           |           |          |            |                   |               |
| 1                         | Engelbrecht-Hoch, Martina | 64 | TuS Holstein Quickborn    | 0:23:34 h | 1        | 1:09:55 h | 1        | 1:33:29 h         | 1         | 0:54:06 h | 1        | 2:27:35 h  | TWS3              | 208           |