

| Platz | Name, Vorname | Verein / BSG | Zeit | Start-Nr. |
|-------|------------------------|------------------------|-----------|-----------|
| 1 | Ylva Mohrdiek | DLRG Quickborn | 0:24:53 h | 51 |
| 2 | Kristina Wiese | | 0:25:28 h | 28 |
| 3 | Matilda Seeburg | | 0:26:51 h | 179 |
| 4 | Irina Reese | Energie SV | 0:27:42 h | 72 |
| 5 | Christina Banagki | | 0:29:46 h | 246 |
| 6 | Cornelia Weigmann | | 0:30:55 h | 248 |
| 7 | Svea Kupsy | | 0:31:10 h | 146 |
| 8 | Annalena Krummland | TuS Holstein Quickborn | 0:31:26 h | 65 |
| 9 | Christine Neumann | | 0:31:32 h | 220 |
| 10 | Birgit Schibilla | ganz gesund Verein | 0:31:45 h | 212 |
| 11 | Verena Roos | | 0:31:58 h | 104 |
| 12 | Allegra Klüwer | | 0:32:07 h | 121 |
| 13 | Anette Horn | | 0:32:25 h | 265 |
| 14 | Ann-Kathrin Kuhnt | | 0:32:42 h | 224 |
| 15 | Paula Seeburg | | 0:33:00 h | 180 |
| 16 | Sophie Kullik | | 0:33:01 h | 203 |
| 17 | Claudia Reimann | | 0:33:26 h | 144 |
| 18 | Annika Suck | | 0:34:01 h | 147 |
| 19 | Ulrike Lohmeyer | | 0:34:14 h | 156 |
| 20 | Leonie Alida Schmalfuß | | 0:34:23 h | 26 |
| 21 | Kirsten Mohrdiek | DLRG Quickborn | 0:34:46 h | 48 |
| 22 | Berit Klüwer | | 0:36:03 h | 119 |
| 22 | Ambra Klüwer | | 0:36:03 h | 123 |
| 24 | Kathrin Krickmann | | 0:37:58 h | 260 |
| 25 | Christine Müller | | 0:37:59 h | 254 |
| 26 | Nicola Odefey | | 0:42:34 h | 168 |