

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
B	1 Stelzner, Jan	86 Tri-Sport Lübeck	0:34:42 h	1 M 30-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	235
B	2 Poyatos Castillo, Jose Carlo	73 BSG Airbus SG H	0:35:56 h	2 M 45-1	◦ ◦	◦ ◦	◦ ◦	1 M 45-1	◦ ◦	◦ ◦	◦ ◦	187
	3 Carstens, Mirco	96 Kaltenkirchen	0:36:08 h	3 M-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	249
	4 Klähn, Tobias	99 SC Itzehoe	0:36:35 h	4 M-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	315
	5 Alvashedi, Mahmood	81	0:37:48 h	5 M 35-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	285
	6 Schümann, Finn	96 Hamburg	0:37:49 h	6 M-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	250
B	7 von Bergen, Leon	96 Langebeinigen H	0:38:20 h	7 M-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	297
B	8 Koudougou, Halidou	79 BSG Philips LG	0:38:38 h	8 M 40-1	◦ ◦	◦ ◦	◦ ◦	2 M 40-1	◦ ◦	◦ ◦	◦ ◦	213
	9 Wong, Denny	86 LAC Lübeck	0:38:56 h	9 M 30-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	236
	10 Teegen, Sven	80 Itzehoe	0:39:25 h	10 M 35-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	219
	11 Röwer, Toni	88 HSG Stralsund	0:39:43 h	11 M 30-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	279
	12 Hein, Timo	76 Elmshorn	0:39:59 h	12 M 40-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	198
	13 Youns, Mhammed	83 Quickborn	0:40:19 h	13 M 35-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	291
B	14 Asmussen, Tom	99 Lauftreff Quickbc	0:40:36 h	14 M-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	252
B	15 Kupper, Frank	64 BSG TÜV Nord /	0:40:52 h	15 M 55-1	◦ ◦	◦ ◦	◦ ◦	3 M 55-1	◦ ◦	◦ ◦	◦ ◦	140
	16 Jansen, Tim	79 STV Sörup	0:41:00 h	16 M 40-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	212
B	17 Reimers, Florian	79 Floadrunner	0:41:15 h	17 M 40-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	214
B	18 Würpel, Nico	74 BSG Philips LG /	0:41:37 h	18 M 45-2	◦ ◦	◦ ◦	◦ ◦	4 M 45-2	◦ ◦	◦ ◦	◦ ◦	190
	19 Nikitin, Nikolaj	76 Pinneberg	0:41:50 h	19 M 40-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	268
	19 Paulsen, Bastian	81 Run Fleet Hambu	0:41:50 h	19 M 35-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	318
	21 Claudio, Stephan	59 MC Pirate e.V.	0:41:55 h	21 M 60-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	125
B	22 Kwiatkowska, Justyna	87 LG Nordheide	0:41:59 h	◦ ◦	◦ ◦	◦ ◦	1 W 30-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	91
B	22 Tychsen, Frederik	75 BSG Hamburger	0:41:59 h	22 M 40-6	◦ ◦	◦ ◦	◦ ◦	5 M 40-2	◦ ◦	◦ ◦	◦ ◦	195
	24 Ehlers, Benjamin	78 Turnerbund Ham	0:42:31 h	23 M 40-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	206
	25 Nienhaus, Carina	86 Running Athlete I	0:42:32 h	◦ ◦	◦ ◦	◦ ◦	2 W 30-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	85
	26 Slawinski, Wieslaw	55 HNT Hamburg	0:42:44 h	24 M 60-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	278
	27 Schuart, Gerrit	93 Team Blitz&Donn	0:43:07 h	25 M-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	248
	28 Fock, Eggert	65 Wacken	0:43:24 h	26 M 50-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	144
	29 Burmester, Michael	69 Schenefeld	0:43:28 h	27 M 50-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	165
	30 Borgman, Henrik	76 SV Poseidon	0:43:35 h	28 M 40-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	196
	31 Hoffmann, Catie	84 Tide Runners Ha	0:43:46 h	◦ ◦	◦ ◦	◦ ◦	3 W 35-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	331
B	32 Knebel, Michael	66 Rennschnecke	0:43:49 h	29 M 50-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	149
B	33 Handwerger, Jürgen	86 BSG Hamburger	0:43:56 h	30 M 30-4	◦ ◦	◦ ◦	◦ ◦	6 M 30-1	◦ ◦	◦ ◦	◦ ◦	232
	34 Braun, Michaela	74 Hamburg	0:44:13 h	◦ ◦	◦ ◦	◦ ◦	4 W 45-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	41
B	35 Witt, Sebastian	76 BSG Hapag Lloyd	0:44:16 h	31 M 40-9	◦ ◦	◦ ◦	◦ ◦	7 M 40-3	◦ ◦	◦ ◦	◦ ◦	202
B	36 Hollm, Patrick	03 TuS Hemdingen-	0:44:24 h	32 MJ U18-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	255

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.	
37	Heuer, Michael	57 LAV Hamburg-Nord	0:44:26 h	33	M 60-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	123	
38	hunecke, florian	80 TSV Nützen	0:44:54 h	34	M 35-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	218	
38	Grove, Mario	89 Hochschulsport H	0:44:54 h	34	M 30-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	328	
40	Buck, Stella	73 Henstedt-Ulzburg	0:45:37 h	◦ ◦		5	W 45-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	274	
41	Engel, Viktor	59	0:45:47 h	36	M 60-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	126	
42	Ikic, Nikola	86 SRK Erik Radin	0:45:48 h	37	M 30-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	233	
43	Wenzel, Hugo	07 TuS Holstein Qui	0:45:49 h	38	M JU14-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	260	
B	Volkmer, Janne	87 Saucony We Wh	0:45:56 h	◦ ◦		6	W 30-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	92	
45	Wagner, Dirk	72 BSG ERGOSport	0:46:10 h	39	M 45-3	◦ ◦		8	M 45-3	◦ ◦	◦ ◦	185	
45	Asmus, Calvin	00 KT	0:46:10 h	39	MJ U20-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	334	
47	Hesse, Christian	68 Hohenlockstedt	0:46:18 h	41	M 50-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	161	
48	Töpffer, Sönke	71 SC Rönnau 74-D	0:46:33 h	42	M 45-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	182	
49	Bornemann, Eric	66 Quickborn	0:46:47 h	43	M 50-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	287	
50	Schulz, Matthias	79 KT Triathlon Kaltb	0:46:49 h	44	M 40-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	215	
51	Dési, Robert	63 VfL Oldesloe	0:46:52 h	45	M 55-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	134	
B	52	Kozieras, Norbert	50 BSG ERGOSport	0:47:02 h	46	M 65-1	◦ ◦		9	M 65-1	◦ ◦	◦ ◦	111
53	Büchse, Stefan	79 Lauftreff Wedel	0:47:03 h	47	M 40-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	210	
54	Jorzik, Lasse	01 Rellingen	0:47:07 h	48	MJ U20-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	253	
55	Koch, Klaus	68 FC St. Pauli Triat	0:47:11 h	49	M 50-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	312	
56	Christ, Norman	79 Elmshorn	0:47:17 h	50	M 40-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	211	
B	57	Fuchs, Bettina	73 BSG Philips LG	0:47:33 h	◦ ◦		7	W 45-3	◦ ◦	◦ ◦	1	W 45-1	39
58	Oliveira, Joao	81 Hamburg	0:47:35 h	51	M 35-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	222	
59	Romero Ros, Alejandro	93 Hamburg	0:47:39 h	52	M-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	247	
B	60	Rittmeister, Lutz	59 Philips LG	0:47:40 h	53	M 60-5	◦ ◦	◦ ◦		10	M 60-1	◦ ◦	277
61	Odefey, Lars	70 TuS Holstein Qui	0:47:53 h	54	M 45-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	173	
62	Willsch, Natalie	80 Happy Feet Itzehoe	0:47:54 h	◦ ◦		8	W 35-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	70	
62	Möller, Walter	71 Team Erdinger Al	0:47:54 h	55	M 45-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	178	
64	Krüger, Jana	84 Triabulos Hambu	0:47:57 h	◦ ◦		9	W 35-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	84	
65	König, Rüdiger	59 SC Itzehoe	0:48:01 h	56	M 60-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	128	
66	Vogel, Carolin	74 Hamburg	0:48:02 h	◦ ◦		10	W 45-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	47	
67	Wrage, André	82 Markert Gruppe,	0:48:09 h	57	M 35-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	225	
68	Schneider, Thomas	72 STV Sörup	0:48:23 h	58	M 45-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	286	
69	Tabakovic, Enis	91 Kiel	0:48:47 h	59	M-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	244	
70	Kunze, Claudia	74 Ellerau	0:48:49 h	◦ ◦		11	W 45-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	43	
71	Brinkmann, Steffen	68 Cross Country Cl	0:48:53 h	60	M 50-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	159	
72	Dinse, Nico	87 Hamburg	0:49:01 h	61	M 30-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	237	

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
B	73 Tank-Falarzik, Thorsten	69 Spiridon-Club Ba	0:49:23 h	62 M 50-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	171
	74 Steinhaus, Christoph	91 Pinneberg-Scher	0:49:44 h	63 M-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	245
	75 Radou, Frederic	67 BSG SG Stern H	0:49:53 h	64 M 50-9	◦ ◦	◦ ◦	◦ ◦	11 M 50-1	◦ ◦	◦ ◦	◦ ◦	157
	76 Carstensen, Carsten	51 ACNF / Team Er	0:50:10 h	65 M 65-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	113
	77 Dési, Ricarda	03 VfL Oldesloe	0:50:16 h	◦ ◦	◦ ◦	12 WJ U18-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	101
	78 Selle, Daniel	81 KT Kaltenkirchen	0:50:18 h	66 M 35-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	224
	79 Heinzer, Hans	63 Hamburg	0:50:25 h	67 M 55-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	136
	80 Czeranski, Angelina	90	0:50:26 h	◦ ◦	◦ ◦	13 W-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	309
	81 Mordhorst, Claus	65 Kaifu Tri Team	0:50:29 h	68 M 50-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	146
	82 Krieger, Tom	66 Hasloh	0:50:34 h	69 M 50-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	150
B	83 Drews, Matthias	69	0:50:38 h	70 M 50-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	294
	84 Viétor, André	64 Harsefeld	0:50:41 h	71 M 55-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	142
	85 Breske, Marion	73 TSV Flintbek	0:50:46 h	◦ ◦	◦ ◦	14 W 45-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	37
	86 Ray, Holger	61 Barmstedter MT\	0:51:07 h	72 M 55-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	131
	87 Ladiges, Sven	68 Pinneberg	0:51:12 h	73 M 50-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	162
	88 Gayko, Guido	67 Kirchengemeinde	0:51:15 h	74 M 50-14	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	316
	89 Kook, Amanda	87 Norderstedt	0:51:21 h	◦ ◦	◦ ◦	15 W 30-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	90
	90 Doormann, Ben	67 Quickborn	0:51:24 h	75 M 50-15	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	335
	91 Plöger, Heino	67 Norderstedt	0:51:35 h	76 M 50-16	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	156
	92 Gieseke, Markus	65 BSG Generali Ve	0:51:57 h	77 M 50-17	◦ ◦	◦ ◦	◦ ◦	12 M 50-2	◦ ◦	◦ ◦	◦ ◦	145
B	93 Strabel, Michael	73 VfL Pinneberg	0:52:06 h	78 M 45-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	133
	94 Worina, Bryan	88 Buxtehude	0:52:10 h	79 M 30-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	242
	95 Hagge, Stefan	69 DOCKFIT FITNE	0:52:20 h	80 M 50-18	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	166
	95 Weber, Ilona	80 #Norderstedtläuf	0:52:20 h	◦ ◦	◦ ◦	16 W 35-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	310
	97 Fritzsche, Mirko	87	0:52:21 h	81 M 30-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	322
	98 Raether-Egger, Andrea	74 BSG SV Signal I	0:52:24 h	◦ ◦	◦ ◦	17 W 45-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	46
	99 Uplegger, Thomas	71 Ellerau	0:52:31 h	82 M 45-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	183
	100 Siegele, Volker	77 SG Wasserratter	0:52:41 h	83 M 40-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	205
	100 Glowinski, Frithjof	85 Nordsorbischer S	0:52:41 h	83 M 30-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	227
	102 Rebien, Axel	71	0:52:49 h	85 M 45-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	275
B	103 Hildebrand, Björn	97 Elmshorn	0:52:50 h	86 M-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	251
	104 Holst, Ingo	66 SV Rugenbergen	0:52:53 h	87 M 50-19	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	148
	105 Kube, Nadine	79 Team Moor Beer	0:52:54 h	◦ ◦	◦ ◦	18 W 40-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	66
	105 Lost, Claudia	81 Team Moor Beer	0:52:54 h	◦ ◦	◦ ◦	18 W 35-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	74
	107 Steinhorst, Jürgen	53 Hochbahn/ BSV I	0:52:55 h	88 M 65-3	◦ ◦	◦ ◦	◦ ◦	13 M 65-2	◦ ◦	◦ ◦	◦ ◦	323
	108 Hanke, Annkatrin	90 Team.ggu-Softwa	0:53:02 h	◦ ◦	◦ ◦	20 W-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	97

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
B	109 Mohrdiek, Dirk	67 DLRG Quickborn	0:53:03 h	89 M 50-20	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	292
B	110 Boehlke, Florian	75 BSG Airbus SG H	0:53:05 h	90 M 40-14	◦ ◦	21 W 35-6	◦ ◦	14 M 40-4	◦ ◦	◦ ◦	◦ ◦	191
	111 Schibilla, Birgit	83 TuS Holstein Qui	0:53:07 h	◦ ◦								83
	111 Steinmann, Frank	69 Kaltenkirchener	0:53:07 h	91 M 50-21	◦ ◦							170
	111 Kube, Niko	75 Team Moor Beer	0:53:07 h	91 M 40-15	◦ ◦							193
	114 Brosius, Marc	68 Delingsdorf	0:53:18 h	93 M 50-22	◦ ◦							333
	115 Sievers, Sven	76 Barmstedter MTV	0:53:24 h	94 M 40-16	◦ ◦							201
	116 Chudzinska, Agnieszka	82 Hamburg	0:53:34 h	◦ ◦		22 W 35-7	◦ ◦					76
	116 Holste, Thorsten	60 Team Erdinger Al	0:53:34 h	95 M 55-6	◦ ◦							271
	118 Reimann, Jenny	79 Norderstedt	0:53:50 h	◦ ◦		23 W 40-2	◦ ◦					67
	119 Raabe, Andrea	76 Kaltenkirchen	0:53:51 h	◦ ◦		24 W 40-3	◦ ◦					58
	120 Barteld, Nicolas	80 Roadrunners Noi	0:54:00 h	96 M 35-9	◦ ◦							272
	121 Dahnke, Carsten	67 SIGNAL IDUNA	0:54:12 h	97 M 50-23	◦ ◦							152
	122 Tyszka, Karsten	67 Kirchengemeinde	0:54:24 h	98 M 50-24	◦ ◦							158
	123 Hinrichsen, Wibke	73 KT Kaltenkirchen	0:54:29 h	◦ ◦		25 W 45-8	◦ ◦					40
	123 Hinrichsen, Daniel	76	0:54:29 h	99 M 40-17	◦ ◦							298
	125 Nikonov, Paul	87 PaNik	0:54:31 h	100 M 30-11	◦ ◦							240
	126 Oltrogge, Hans-Jürgen	48 BSG Jungheinric	0:54:34 h	101 M 70-1	◦ ◦							110
B	127 Lemke, Gisbert	69 Idstein	0:54:39 h	102 M 50-25	◦ ◦							88
B	127 Damm, Wolfgang	46 Siemens	0:54:39 h	102 M 70-2	◦ ◦			15 M 70-1	◦ ◦	◦ ◦	◦ ◦	288
	129 Kasten, Thomas	67 Team Boxberg	0:54:42 h	104 M 50-26	◦ ◦							154
	129 Martens, Benjamin	77 Team Boxberg	0:54:42 h	104 M 40-18	◦ ◦							204
	131 Asmussen, Peter	54 Lauftreff Quickbc	0:54:46 h	106 M 65-4	◦ ◦							117
	131 Groß, Sven	76 KT Triathlon Kalt	0:54:46 h	106 M 40-19	◦ ◦							197
B	133 Harman, Jason	67 Hamburg	0:54:54 h	108 M 50-27	◦ ◦							153
B	133 Maruhn, Clas	71 BSG SIGNAL IDI	0:54:54 h	108 M 45-11	◦ ◦			16 M 45-4	◦ ◦	◦ ◦	◦ ◦	176
	135 Wukasch, Mirko	68 Quickborn	0:54:55 h	110 M 50-28	◦ ◦							163
	136 Kubista, Yasmin	88 SG Elbmarsch	0:54:56 h	◦ ◦		26 W 30-5	◦ ◦					93
	137 Lagemann, Simon	82 Henstedt-Ulzburg	0:54:59 h	111 M 35-10	◦ ◦							79
	137 Raabe, Jürgen	50 AG Hamburg We	0:54:59 h	111 M 65-5	◦ ◦							112
	139 Rybak, Holger	69 ERGOsports Har	0:55:14 h	113 M 50-29	◦ ◦							169
	140 Ebinger, Cheritta	61 Pinneberg	0:55:27 h	◦ ◦		27 W 55-1	◦ ◦					325
	141 Wiesmann, Britta	64 SG Wasserratter	0:55:33 h	◦ ◦		28 W 55-2	◦ ◦					319
B	142 Schliephake, Katrin	68 BSG Gaden	0:55:41 h	◦ ◦		29 W 50-1	◦ ◦			3 W 50-1	◦ ◦	22
B	143 Kaiser, Peter	47 Lufthansa SV Ha	0:55:48 h	114 M 70-3	◦ ◦			17 M 70-2	◦ ◦	◦ ◦	◦ ◦	289
	144 Gerckens, Clemes	58 Squashclub Altor	0:55:57 h	115 M 60-7	◦ ◦							321

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
145	Schulze, Bernhard	55 Lauftreff Quickbc	0:56:12 h	116	M 60-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	119
146	Finkeisen, Martina	58 Happy Feet Itzeh	0:56:20 h	◦ ◦		30	W 60-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	4
146	Odefey, Nicola	71 TuS Holstein Qui	0:56:20 h	◦ ◦		30	W 45-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	32
B 148	Rubiales Jiménez, Luis	38 BSG SG Zoll Har	0:56:26 h	117	M 80-1	◦ ◦		18	M 80-1	◦ ◦	◦ ◦	104
149	Belusic, Tedi	80 Kiel	0:56:27 h	118	M 35-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	216
150	Gaudlitz, Gunter	56 TuS Hostein Qui	0:56:32 h	119	M 60-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	121
151	Sattler, Jan	78 Hamburg	0:56:42 h	120	M 40-20	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	209
152	Friedel, Lasse	83 Stadt Quickborn	0:56:44 h	121	M 35-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	265
153	Garcia Garcia, Santiago	04 Kirchengemeinde	0:56:45 h	122	M JU16-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	257
154	Bartels, Gudrun	49 AG Hamburg We	0:57:09 h	◦ ◦		32	W 70-1	◦ ◦	◦ ◦	◦ ◦	◦ ◦	2
155	Nothhaft, Matthias	92 Quickborn	0:57:16 h	123	M-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	246
156	Klafs, Ute	71 DLRG	0:57:21 h	◦ ◦		33	W 45-10	◦ ◦	◦ ◦	◦ ◦	◦ ◦	30
157	Ulrich, Anna-Sophie	92 Borstel-Hohenrad	0:57:22 h	◦ ◦		34	W-3	◦ ◦	◦ ◦	◦ ◦	◦ ◦	98
157	Hauschildt, Marcus	78 Hamburg	0:57:22 h	124	M 40-21	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	207
159	Jordt, Sandra	83 TuS Holstein Qui	0:57:26 h	◦ ◦		35	W 35-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	82
160	Priebe, Wiebke	74 KT Triathlon Kalt	0:57:27 h	◦ ◦		36	W 45-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	45
161	Leenen, Klaus	54 NiersRunners W	0:57:30 h	125	M 65-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	118
162	Heyer, Frank	63 Henstedt-Ulzburg	0:57:32 h	126	M 55-7	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	137
163	Albrecht, Jörg	65 Stadt Quickborn	0:57:34 h	127	M 50-30	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	263
164	Harm, Claudia	65 Preetz	0:57:35 h	◦ ◦		37	W 50-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	12
165	Günther, Bernd	64 Norderstedt	0:57:36 h	128	M 55-8	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	139
166	Bothe, Andreas	72 Norderstedt	0:57:38 h	129	M 45-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	184
B 167	Hahn, Andreas	58 RCK	0:57:40 h	130	M 60-10	◦ ◦	◦ ◦		19	M 60-2	◦ ◦	299
168	Bach, André	69 Norderstedt	0:57:49 h	131	M 50-31	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	164
169	Pollok, Ascol	78 Hasloh	0:57:50 h	◦ ◦		38	W 40-4	◦ ◦	◦ ◦	◦ ◦	◦ ◦	64
170	Völzke, Bettina	75 BMTV Lauftreff E	0:57:56 h	◦ ◦		39	W 40-5	◦ ◦	◦ ◦	◦ ◦	◦ ◦	55
171	Bülow, Asja	71 Team Helaba	0:57:58 h	◦ ◦		40	W 45-12	◦ ◦	◦ ◦	◦ ◦	◦ ◦	28
172	Hagel, Nicole	75 BSG Sparkasse	0:58:10 h	◦ ◦		41	W 40-6	◦ ◦	◦ ◦	◦ ◦	◦ ◦	54
173	Piesch, Melanie	72 Spiridon Club Ba	0:58:12 h	◦ ◦		42	W 45-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	35
B 174	Scheile-Bängsson, Barb	68 BSG Die Goten /	0:58:19 h	◦ ◦		43	W 50-3	◦ ◦	◦ ◦	4	W 50-2	21
175	Kröner, Stephan	67 Open Sports Har	0:58:22 h	132	M 50-32	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	155
176	Bröcher-Lindemann, Ralf	61 Prisdorf	0:58:26 h	133	M 55-9	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	293
177	Voß, Lasse Fabio	03 Glashütter SV	0:58:30 h	134	MJ U18-2	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	256
178	Weiß, Michael	70 Kaltenkirchen	0:58:31 h	135	M 45-13	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	174
178	Kahler, Mirko	75 Hamburg	0:58:31 h	135	M 40-22	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	192
180	Bluhm, Jens	58 Neumünster	0:58:32 h	137	M 60-11	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	◦ ◦	124

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.	
181	Ehrenberg, Doris	69 Happy Feet Itzeh	0:58:35 h	◦ ◦		44	W 50-4	◦ ◦		◦ ◦	◦ ◦	23	
182	Kranz, Uwe	42 TuS Holstein Qui	0:58:38 h	138	M 75-1	◦ ◦		◦ ◦		◦ ◦	◦ ◦	107	
183	Schramm, Hartmuth	53 Trittau	0:58:41 h	139	M 65-7	◦ ◦		◦ ◦		◦ ◦	◦ ◦	116	
184	Hoffmann, Roland	59 FG Tangendorf	0:58:45 h	140	M 60-12	◦ ◦		◦ ◦		◦ ◦	◦ ◦	127	
185	Eilers, Immo	68 Henstedt-Ulzburg	0:58:52 h	141	M 50-33	◦ ◦		◦ ◦		◦ ◦	◦ ◦	160	
186	Wollny, Alexandra	74 Quickborn	0:58:56 h	◦ ◦		45	W 45-14	◦ ◦		◦ ◦	◦ ◦	49	
187	Filler, Julia	74 Tangstedt	0:58:57 h	◦ ◦		46	W 45-15	◦ ◦		◦ ◦	◦ ◦	42	
188	Möller, Michael	71 Henstedt-Urlburg	0:59:00 h	142	M 45-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	177	
189	Steffen, Carina	03 WSV Tangstedt	0:59:05 h	◦ ◦		47	WJ U18-2	◦ ◦		◦ ◦	◦ ◦	102	
189	Held, Andreas	69 Stadt Quickborn	0:59:05 h	143	M 50-34	◦ ◦		◦ ◦		◦ ◦	◦ ◦	262	
191	Kwoll, Stefanie	72 Stadt Quickborn	0:59:06 h	◦ ◦		48	W 45-16	◦ ◦		◦ ◦	◦ ◦	261	
192	Reppe, Stefanie	79 Äsikx Backrunne	0:59:07 h	◦ ◦		49	W 40-7	◦ ◦		◦ ◦	◦ ◦	68	
193	Buhs, Stefanie	72 Wulfsmoor	0:59:08 h	◦ ◦		50	W 45-17	◦ ◦		◦ ◦	◦ ◦	34	
194	Reischneider, Olga	81 Nützen	0:59:12 h	◦ ◦		51	W 35-9	◦ ◦		◦ ◦	◦ ◦	75	
B	194	Grimm, Ariane	87 BSG Beiersdorf	0:59:12 h	◦ ◦		51	W 30-6	◦ ◦		5	W 30-1	87
B	194	Grandsitzki, Janine	89 BSG Beiersdorf	0:59:12 h	◦ ◦		51	W 30-6	◦ ◦		6	W 30-2	95
B	197	Bartl, Thomas	65 SG Wasserratter	0:59:13 h	144	M 50-35	◦ ◦		◦ ◦		◦ ◦	◦ ◦	143
B	198	Grimm, Florian	80 BSG Beiersdorf	0:59:14 h	145	M 35-13	◦ ◦		◦ ◦	20	M 35-1	◦ ◦	217
B	199	Pulss, Fabian	88 Norderstedt	0:59:15 h	146	M 30-12	◦ ◦		◦ ◦		◦ ◦	◦ ◦	241
B	200	Hagemann, Anna	47	0:59:17 h	◦ ◦		54	W 70-2	◦ ◦		◦ ◦	◦ ◦	281
201	Plötz, Jürgen	66 FC St. Pauli Mar	0:59:18 h	147	M 50-36	◦ ◦		◦ ◦		◦ ◦	◦ ◦	151	
201	Maas, Gerd	64 Tennisgesellscha	0:59:18 h	147	M 55-10	◦ ◦		◦ ◦		◦ ◦	◦ ◦	273	
B	203	Rokus, Christiane	76 Triabulos Triathlc	0:59:21 h	◦ ◦		55	W 40-8	◦ ◦		◦ ◦	◦ ◦	329
B	204	Wendt, Mareike	69 BSG SG Stern H	0:59:24 h	◦ ◦		56	W 50-5	◦ ◦		7	W 50-3	26
B	205	Paulsen, Manuela	86 Brunsbüttel	0:59:28 h	◦ ◦		57	W 30-8	◦ ◦		◦ ◦	◦ ◦	86
B	206	Mühlenweg, Bernd	71 KT Triathlon Kalt	0:59:41 h	149	M 45-15	◦ ◦		◦ ◦		◦ ◦	◦ ◦	179
B	207	Bartels, Olaf	77 Henstedt-Ulzburg	0:59:43 h	150	M 40-23	◦ ◦		◦ ◦		◦ ◦	◦ ◦	203
B	208	Becker, Nadine	81 Hamburg	0:59:47 h	◦ ◦		58	W 35-10	◦ ◦		◦ ◦	◦ ◦	71
B	208	Rothermund, Axel	89 Open Sports Har	0:59:47 h	151	M 30-13	◦ ◦		◦ ◦		◦ ◦	◦ ◦	243
210	Fricke, Anke	66 Happy Feet Itzeh	1:00:02 h	◦ ◦		59	W 50-6	◦ ◦		◦ ◦	◦ ◦	14	
211	Morgenstern, Doris	66 Hamburg	1:00:11 h	◦ ◦		60	W 50-7	◦ ◦		◦ ◦	◦ ◦	16	
212	Süllau, Florian	85 Uetersen	1:00:15 h	152	M 30-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	230	
212	Struck, Janina	83 LT Uetersen	1:00:15 h	◦ ◦		61	W 35-11	◦ ◦		◦ ◦	◦ ◦	330	
214	Belger, Susann	67 Quickborn	1:00:22 h	◦ ◦		62	W 50-8	◦ ◦		◦ ◦	◦ ◦	19	
215	Blagojevic, Aleksandar	80	1:00:31 h	153	M 35-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	290	
216	Brambring, Silke	75 Kirchengemeinde	1:00:37 h	◦ ◦		63	W 40-9	◦ ◦		◦ ◦	◦ ◦	52	

Platz	Name, Vorname	Jg Ort	Verein / BSG /	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
217	Masuch, Frauke	66	Happy Feet Itzeh	1:00:46 h	◦ ◦		64	W 50-9	◦ ◦		◦ ◦	◦ ◦	15
218	Wiesmann, Thomas	64	SG Wasserratter	1:01:22 h	154	M 55-11	◦ ◦		◦ ◦		◦ ◦	◦ ◦	320
219	Jachmann, Jan Thorben	85	Hamburg	1:01:23 h	155	M 30-15	◦ ◦		◦ ◦		◦ ◦	◦ ◦	228
220	Hentschel, Charleen	93	Hamburg	1:01:30 h	◦ ◦		65	W-4	◦ ◦		◦ ◦	◦ ◦	99
221	Wilken, Natalie	75	Hamburg	1:01:34 h	◦ ◦		66	W 40-10	◦ ◦		◦ ◦	◦ ◦	56
222	Gaudlitz, Ingrid	52	TuS Holstein Qui	1:01:35 h	◦ ◦		67	W 65-1	◦ ◦		◦ ◦	◦ ◦	3
B 223	Wagner, Ratchaneekorn	72	BSG ERGOSport	1:01:42 h	◦ ◦		68	W 45-18	◦ ◦		8	W 45-3	36
B 224	Krysiak, Martina	59	BSG Airbus SG I	1:01:44 h	◦ ◦		69	W 60-2	◦ ◦		9	W 60-1	5
225	Stroer, Michaela	71	Kaltenkirchen	1:01:50 h	◦ ◦		70	W 45-19	◦ ◦		◦ ◦	◦ ◦	33
226	Rupprecht, Bettina	77	Ellerau	1:01:55 h	◦ ◦		71	W 40-11	◦ ◦		◦ ◦	◦ ◦	60
227	Magiera, Barbara	71	Rellingen	1:02:19 h	◦ ◦		72	W 45-20	◦ ◦		◦ ◦	◦ ◦	31
228	Lorenz, Julia	82	Quickborn	1:02:43 h	◦ ◦		73	W 35-12	◦ ◦		◦ ◦	◦ ◦	80
229	Josiecki, Robert	84	Hamburg	1:02:54 h	156	M 35-15	◦ ◦		◦ ◦		◦ ◦	◦ ◦	226
230	Kudlek, Ulrich	49	Stadt Quickborn	1:02:56 h	157	M 70-4	◦ ◦		◦ ◦		◦ ◦	◦ ◦	266
231	Barenthin, Klaus	42	Tus Quickborn	1:03:08 h	158	M 75-2	◦ ◦		◦ ◦		◦ ◦	◦ ◦	308
232	Kröplin, Klaus	41	SV HU	1:03:31 h	159	M 75-3	◦ ◦		◦ ◦		◦ ◦	◦ ◦	106
233	Zindler, Yvonne	59	Kisdorf	1:03:50 h	◦ ◦		74	W 60-3	◦ ◦		◦ ◦	◦ ◦	8
234	Dietrich, Peter	39	HNT Hamburg	1:03:53 h	160	M 80-2	◦ ◦		◦ ◦		◦ ◦	◦ ◦	105
235	Metze, Detlef	69	BSG ERGOSport	1:04:07 h	161	M 50-37	◦ ◦		◦ ◦		◦ ◦	◦ ◦	168
236	Bach, Sandra	75	Norderstedt	1:04:13 h	◦ ◦		75	W 40-12	◦ ◦		◦ ◦	◦ ◦	51
237	Timm, Wolfgang	47	Hamburger Sport	1:04:14 h	162	M 70-5	◦ ◦		◦ ◦		◦ ◦	◦ ◦	280
238	Falarzik, Andrea	69	Spiridon-Club Ba	1:04:29 h	◦ ◦		76	W 50-10	◦ ◦		◦ ◦	◦ ◦	24
239	Kirbs, Paul	83	FC Bartbremse	1:04:31 h	163	M 35-16	◦ ◦		◦ ◦		◦ ◦	◦ ◦	317
240	Wittstock, Isia	75	Hamburg	1:04:48 h	◦ ◦		77	W 40-13	◦ ◦		◦ ◦	◦ ◦	57
241	Janew, Madeleine	78	Hamburg	1:04:49 h	◦ ◦		78	W 40-14	◦ ◦		◦ ◦	◦ ◦	62
242	Ebinger, Ingwer	59	Runstrenner	1:05:12 h	164	M 60-13	◦ ◦		◦ ◦		◦ ◦	◦ ◦	324
243	Kokerbeck, Heidrun	61	#norderstedtläuft	1:05:40 h	◦ ◦		79	W 55-3	◦ ◦		◦ ◦	◦ ◦	10
244	Driemeyer, Janine	81	Triabulos Hambu	1:06:28 h	◦ ◦		80	W 35-13	◦ ◦		◦ ◦	◦ ◦	73
245	Schiemann, Andreas	85	Hasloh	1:06:36 h	165	M 30-16	◦ ◦		◦ ◦		◦ ◦	◦ ◦	229
B 246	Adolff, Sandra	75	BSG Haspa / Tea	1:06:44 h	◦ ◦		81	W 40-15	◦ ◦		10	W 40-1	50
247	Schulz, Steffi	82	Glinde	1:06:54 h	◦ ◦		82	W 35-14	◦ ◦		◦ ◦	◦ ◦	81
247	Hinrichsen, Ingo	69	Glinde	1:06:54 h	166	M 50-38	◦ ◦		◦ ◦		◦ ◦	◦ ◦	199
B 249	Schlizio, Petra	66	BSG Albertinen	1:07:38 h	◦ ◦		83	W 50-11	◦ ◦		11	W 50-4	18
250	Bünz, Anja	65	Bevern Runs	1:08:12 h	◦ ◦		84	W 50-12	◦ ◦		◦ ◦	◦ ◦	332
251	Klähn, Kathrin	73	Itzehoe	1:08:39 h	◦ ◦		85	W 45-21	◦ ◦		◦ ◦	◦ ◦	314
252	Pulss, Sigrid	59	Norderstedt	1:09:44 h	◦ ◦		86	W 60-4	◦ ◦		◦ ◦	◦ ◦	6

Platz	Name, Vorname	Jg Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
253	Wambold, Christine	77 Henstedt-Ulzburg	1:09:49 h	◦ ◦		87	W 40-16	◦ ◦		◦ ◦	◦ ◦	61
253	Blaser, Torsten	64	1:09:49 h	167	M 55-12	◦ ◦		◦ ◦		◦ ◦	◦ ◦	269
255	Bröcker-Lindenau, Patricia	66 Prisdorf	1:09:57 h	◦ ◦		88	W 50-13	◦ ◦		◦ ◦	◦ ◦	13
256	Gebhardt, Jutta	41	1:10:08 h	◦ ◦		89	W 75-1	◦ ◦		◦ ◦	◦ ◦	282
257	Niedieck, Steffi	80 SG Wasserratter	1:10:22 h	◦ ◦		90	W 35-15	◦ ◦		◦ ◦	◦ ◦	69
257	Niedieck, Henrik	73 SG Wasserratter	1:10:22 h	168	M 45-16	◦ ◦		◦ ◦		◦ ◦	◦ ◦	186
259	Fock, Klaus	57 Kaltenkirchen	1:11:07 h	169	M 60-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	122
260	Echelmeyer, Joachim	63 Hamburg	1:11:13 h	170	M 55-13	◦ ◦		◦ ◦		◦ ◦	◦ ◦	135
261	Flicker, Jörn	66 Hamburg	1:12:53 h	171	M 50-39	◦ ◦		◦ ◦		◦ ◦	◦ ◦	147
262	Leppert, Britta	74 DOCKFIT FITNE	1:12:58 h	◦ ◦		91	W 45-22	◦ ◦		◦ ◦	◦ ◦	44
263	Weiß, Conny	74 Kaltenkirchen	1:13:01 h	◦ ◦		92	W 45-23	◦ ◦		◦ ◦	◦ ◦	48
264	Kirbs, Matthias	63 FC Bartbremse	1:13:17 h	172	M 55-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	284
265	Raabe, Sebastian	76 Kaltenkirchen	1:13:51 h	173	M 40-24	◦ ◦		◦ ◦		◦ ◦	◦ ◦	200
B	266 Schröder, Günter	47 BSG Commerzbac	1:14:15 h	174	M 70-6	◦ ◦		21	M 70-3	◦ ◦	◦ ◦	109
	267 Christ, Mareike	81 Elmshorn	1:14:36 h	◦ ◦		93	W 35-16	◦ ◦		◦ ◦	◦ ◦	72
B	268 Fuhr, Karin	41 Rot Gelb Hambu	1:15:02 h	◦ ◦		94	W 75-2	◦ ◦		12	W 75-1	283
	269 Dmitrow, Greta Karlotta	06 Kirchengemeinde	1:15:12 h	◦ ◦		95	W JU14-1	◦ ◦		◦ ◦	◦ ◦	327
	270 Dmitrow, Paul	71 Kirchengemeinde	1:15:18 h	175	M 45-17	◦ ◦		◦ ◦		◦ ◦	◦ ◦	326
	271 Katschinski, Markus	70 Norderstedt	1:16:52 h	176	M 45-18	◦ ◦		◦ ◦		◦ ◦	◦ ◦	172
	272 Sump, Sigurd	40 LG NMS	1:16:57 h	177	M 75-4	◦ ◦		◦ ◦		◦ ◦	◦ ◦	311
	273 Tettmann, Monika	59 Hamburg	1:18:03 h	◦ ◦		96	W 60-5	◦ ◦		◦ ◦	◦ ◦	7
	274 Letsch, Isabella	79 Lauftreff Ueterse	1:22:20 h	◦ ◦		97	W 40-17	◦ ◦		◦ ◦	◦ ◦	296
	275 Zuh, Katja	68 Lauftreff Ueterse	1:22:21 h	◦ ◦		98	W 50-14	◦ ◦		◦ ◦	◦ ◦	295
	276 Guta, Holger	48 LG Neumünster	1:25:57 h	178	M 70-7	◦ ◦		◦ ◦		◦ ◦	◦ ◦	270