

| Platz | Name, Vorname | Jg                    | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann | AK    | Gesamt<br>Ges | Frau     | AK | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|---------------|-----------------------|-----------------------|-----------|---------------|------|-------|---------------|----------|----|------------|------------|------------|------------|---------------|
|       | 1             | Babusci, Luigi        | 80 Siemens Wind P     | 0:35:54 h | 1             | M    | 35-1  | °             | °        |    | °          | °          | °          | °          | 312           |
|       | 2             | Weldu, Okubey         | 90 WillkommenTear     | 0:37:20 h | 2             | M    | 1     | °             | °        |    | °          | °          | °          | °          | 273           |
| B     | 3             | Theis, Julian         | 83 BSG Laufwerk H     | 0:38:03 h | 3             | M    | 30-1  | °             | °        |    | 1          | M 30-1     | °          | °          | 305           |
|       | 4             | Zerizghi, Solomon     | 95 WillkommenTear     | 0:38:54 h | 4             | M    | 2     | °             | °        |    | °          | °          | °          | °          | 248           |
|       | 5             | Witt, Thomas          | 79 Borener SV         | 0:39:03 h | 5             | M    | 35-2  | °             | °        |    | °          | °          | °          | °          | 328           |
|       | 6             | Heister, Christian    | 86 UniSport Brauns    | 0:39:11 h | 6             | M    | 3     | °             | °        |    | °          | °          | °          | °          | 286           |
|       | 7             | Eickhoff, Bastian     | 82 Tide Runners Ha    | 0:39:59 h | 7             | M    | 30-2  | °             | °        |    | °          | °          | °          | °          | 306           |
|       | 8             | Kantereit, Timo       | 91 Team Erdinger A    | 0:40:05 h | 8             | M    | 4     | °             | °        |    | °          | °          | °          | °          | 599           |
|       | 9             | Michael, Teklam       | 88 WillkommenTear     | 0:40:08 h | 9             | M    | 5     | °             | °        |    | °          | °          | °          | °          | 280           |
|       | 10            | Mebrahtu, Fishale     | 91 WillkommenTear     | 0:40:37 h | 10            | M    | 6     | °             | °        |    | °          | °          | °          | °          | 265           |
| B     | 11            | Kupper, Frank         | 64 BSG TÜV Nord       | 0:41:12 h | 11            | M    | 50-1  | °             | °        |    | 2          | M 50-1     | °          | °          | 445           |
|       | 12            | Paddeo, Giovanni      | 71 Team Wunderläu     | 0:41:37 h | 12            | M    | 40-1  | °             | °        |    | °          | °          | °          | °          | 382           |
|       | 13            | Klingenberg, Jannes   | 98 mit sicherheit ins | 0:42:11 h | 13            | MJ   | U18-1 | °             | °        |    | °          | °          | °          | °          | 239           |
|       | 14            | Neske, Benjamin       | 88 Tide Runners Ha    | 0:42:19 h | 14            | M    | 7     | °             | °        |    | °          | °          | °          | °          | 281           |
|       | 15            | Beck, Corinna         | 94 SG TSV Kronsha     | 0:42:22 h | °             | °    |       | 1             | W-1      |    | °          | °          | °          | °          | 250           |
|       | 16            | Rathke, Tom           | 80 Norderstedt        | 0:43:01 h | 15            | M    | 35-3  | °             | °        |    | °          | °          | °          | °          | 318           |
|       | 17            | Maier, Viktor         | 54 TSV Wandsetal t    | 0:43:05 h | 16            | M    | 60-1  | °             | °        |    | °          | °          | °          | °          | 545           |
|       | 18            | Abrha, Mahari         | 97 WillkommenTear     | 0:43:12 h | 17            | MJ   | U20-1 | °             | °        |    | °          | °          | °          | °          | 241           |
| B     | 19            | Sperling, Philip      | 85 BSG Hamburger      | 0:43:16 h | 18            | M    | 30-3  | °             | °        |    | 3          | M 30-2     | °          | °          | 294           |
|       | 20            | Buchleitner, Peter    | 86 Tide Runner Han    | 0:43:56 h | 19            | M    | 8     | °             | °        |    | °          | °          | °          | °          | 554           |
| B     | 21            | Rosenblatt, Nina      | 93 BSG Laufwerk H     | 0:44:15 h | °             | °    |       | 2             | W-2      |    | °          | °          | 1          | W-1        | 256           |
|       | 22            | Brunner, Lara         | 99 AG Hamburg We      | 0:44:28 h | °             | °    |       | 3             | WJ U18-1 |    | °          | °          | °          | °          | 238           |
|       | 23            | Jamshidipour, Ehsan   | 69 Ellerbek           | 0:44:36 h | 20            | M    | 45-1  | °             | °        |    | °          | °          | °          | °          | 392           |
| B     | 24            | Herzberg, Andreas     | 66 BSG Airbus SG t    | 0:45:07 h | 21            | M    | 45-2  | °             | °        |    | 4          | M 45-1     | °          | °          | 422           |
|       | 25            | Locher, Patrick       | 94 Hamburg            | 0:45:15 h | 22            | M    | 9     | °             | °        |    | °          | °          | °          | °          | 253           |
|       | 25            | Tralau, Lars          | 75 BSG Johann-Cor     | 0:45:15 h | 22            | M    | 40-2  | °             | °        |    | °          | °          | °          | °          | 348           |
|       | 27            | Drechsler, Ingmar     | 69 BSG Johann-Cor     | 0:45:21 h | 24            | M    | 45-3  | °             | °        |    | °          | °          | °          | °          | 391           |
|       | 28            | Mhreteab, Yaebyo      | 97 WillkommenTear     | 0:45:25 h | 25            | MJ   | U20-2 | °             | °        |    | °          | °          | °          | °          | 243           |
|       | 29            | Yemane, Abraham       | 91 WillkommenTear     | 0:45:27 h | 26            | M    | 10    | °             | °        |    | °          | °          | °          | °          | 266           |
|       | 30            | Schütt, Torsten       | 72 Quickborn          | 0:45:44 h | 27            | M    | 40-3  | °             | °        |    | °          | °          | °          | °          | 369           |
|       | 31            | Witt, Stefan          | 65 Lübecker SC        | 0:45:49 h | 28            | M    | 50-2  | °             | °        |    | °          | °          | °          | °          | 521           |
|       | 32            | PICAPORTE LOPEZ, LUIS | 66 HAMBURG            | 0:45:52 h | 29            | M    | 45-4  | °             | °        |    | °          | °          | °          | °          | 427           |
|       | 33            | O'Hara, Dorian        | 85 Pinneberg          | 0:46:03 h | 30            | M    | 30-4  | °             | °        |    | °          | °          | °          | °          | 519           |
|       | 34            | Lessing, Peer         | 74 Halstenbek         | 0:46:18 h | 31            | M    | 40-4  | °             | °        |    | °          | °          | °          | °          | 352           |

| Platz | Name, Vorname | Jg                     | Verein / BSG<br>/ Ort | Zeit              | Gesamt<br>Ges | Mann | AK      | Gesamt<br>Ges | Frau   | AK | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|---------------|------------------------|-----------------------|-------------------|---------------|------|---------|---------------|--------|----|------------|------------|------------|------------|---------------|
|       | 35            | Witt, Jonas            | 89                    | Hamburg           | 0:46:21 h     | 32   | M-11    | °             | °      |    | °          | °          | °          | °          | 276           |
|       | 36            | Wolter, Eckhard        | 60                    | VfB Brunsbüttel   | 0:46:36 h     | 33   | M 55-1  | °             | °      |    | °          | °          | °          | °          | 466           |
|       | 37            | Heidtmann, Florestan   | 90                    | Kiel              | 0:46:38 h     | 34   | M-12    | °             | °      |    | °          | °          | °          | °          | 268           |
|       | 38            | Römer, Sebastian       | 85                    | Norderstedt       | 0:46:39 h     | 35   | M 30-5  | °             | °      |    | °          | °          | °          | °          | 293           |
|       | 39            | Kühl, Finn             | 93                    |                   | 0:46:49 h     | 36   | M-13    | °             | °      |    | °          | °          | °          | °          | 254           |
| B     | 40            | Nüske, Andreas         | 68                    | BSG DG HYP        | 0:47:35 h     | 37   | M 45-5  | °             | °      |    | 5          | M 45-2     | °          | °          | 398           |
| B     | 41            | Braumann, Claudia      | 77                    | BSG Airbus SG t   | 0:47:39 h     | °    | °       | 4             | W 35-1 |    | °          | °          | 2          | W 35-1     | 334           |
|       | 42            | Pahl, Heiko            | 74                    | Barmstedt         | 0:47:44 h     | 38   | M 40-5  | °             | °      |    | °          | °          | °          | °          | 541           |
|       | 43            | Rohwedder, Rüdiger     | 65                    | TSV Büsum         | 0:47:48 h     | 39   | M 50-3  | °             | °      |    | °          | °          | °          | °          | 435           |
|       | 44            | Neumann, Udo           | 65                    | LT Seeth-Ekholt   | 0:47:54 h     | 40   | M 50-4  | °             | °      |    | °          | °          | °          | °          | 543           |
|       | 45            | Borgman, Henrik        | 76                    | SV Poseidon       | 0:47:57 h     | 41   | M 35-4  | °             | °      |    | °          | °          | °          | °          | 339           |
|       | 46            | De Frutos Blanco, Raul | 70                    | Club Atletismo Al | 0:48:02 h     | 42   | M 45-6  | °             | °      |    | °          | °          | °          | °          | 384           |
|       | 47            | Fiek, Urte             | 85                    | Tide Runners Ha   | 0:48:07 h     | °    | °       | 5             | W 30-1 |    | °          | °          | °          | °          | 292           |
|       | 48            | Schütt, Arne           | 66                    | Red Blizzard      | 0:48:12 h     | 43   | M 45-7  | °             | °      |    | °          | °          | °          | °          | 530           |
|       | 49            | Scholz, Christian      | 80                    | Norderstedt       | 0:48:13 h     | 44   | M 35-5  | °             | °      |    | °          | °          | °          | °          | 321           |
|       | 50            | Witt, Alexander        | 74                    | Hamburg           | 0:48:24 h     | 45   | M 40-6  | °             | °      |    | °          | °          | °          | °          | 358           |
| B     | 51            | Kozieras, Norbert      | 50                    | BSG ERGOsport     | 0:48:36 h     | 46   | M 65-1  | °             | °      |    | 6          | M 65-1     | °          | °          | 548           |
|       | 52            | Vietor, André          | 64                    | Buxtehude         | 0:49:02 h     | 47   | M 50-5  | °             | °      |    | °          | °          | °          | °          | 448           |
|       | 53            | Petersen, Steffen      | 76                    | Halstenbek        | 0:49:08 h     | 48   | M 35-6  | °             | °      |    | °          | °          | °          | °          | 560           |
|       | 54            | Champion, Alan         | 56                    | Hamburg           | 0:49:11 h     | 49   | M 55-2  | °             | °      |    | °          | °          | °          | °          | 533           |
|       | 55            | Krieger, Tom           | 66                    | Hasloh            | 0:49:31 h     | 50   | M 45-8  | °             | °      |    | °          | °          | °          | °          | 425           |
|       | 56            | Wolters, Peter         | 63                    | TuS Holstein Qui  | 0:49:40 h     | 51   | M 50-6  | °             | °      |    | °          | °          | °          | °          | 549           |
|       | 57            | Quast, Hendrik         | 85                    |                   | 0:49:49 h     | 52   | M 30-6  | °             | °      |    | °          | °          | °          | °          | 515           |
|       | 58            | Hanf, Thomas           | 63                    | HöKi Runners      | 0:49:51 h     | 53   | M 50-7  | °             | °      |    | °          | °          | °          | °          | 524           |
|       | 59            | Bähr, Ulrike           | 69                    | USC Kiel          | 0:49:57 h     | °    | °       | 6             | W 45-1 |    | °          | °          | °          | °          | 390           |
|       | 60            | Beck, Jan-Philipp      | 87                    | Tide Runner Han   | 0:49:58 h     | 54   | M-14    | °             | °      |    | °          | °          | °          | °          | 527           |
|       | 61            | Feindt, Annaleen       | 82                    | Tide Runners Ha   | 0:50:03 h     | °    | °       | 7             | W 30-2 |    | °          | °          | °          | °          | 307           |
|       | 61            | Herrmann, Bettina      | 64                    | Großenaspe        | 0:50:03 h     | °    | °       | 7             | W 50-1 |    | °          | °          | °          | °          | 442           |
|       | 63            | Brinkmann, Steffen     | 68                    | Croos Country Cl  | 0:50:12 h     | 55   | M 45-9  | °             | °      |    | °          | °          | °          | °          | 394           |
|       | 64            | Vietheer, Jan          | 65                    | Höki Runners      | 0:50:15 h     | 56   | M 50-8  | °             | °      |    | °          | °          | °          | °          | 439           |
|       | 65            | Meyer, Timo            | 73                    |                   | 0:50:32 h     | 57   | M 40-7  | °             | °      |    | °          | °          | °          | °          | 556           |
|       | 66            | Klein, Fabian          | 75                    | Open Sports Han   | 0:50:44 h     | 58   | M 40-8  | °             | °      |    | °          | °          | °          | °          | 346           |
|       | 67            | Kern, Patrick          | 91                    | Quickborn         | 0:50:45 h     | 59   | M-15    | °             | °      |    | °          | °          | °          | °          | 263           |
|       | 68            | Holst, Ingo            | 66                    | SV Rugenbergen    | 0:50:52 h     | 60   | M 45-10 | °             | °      |    | °          | °          | °          | °          | 423           |

| Platz | Name, Vorname             | Jg | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann    | AK | Gesamt<br>Ges | Frau   | AK | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|---------------------------|----|-----------------------|-----------|---------------|---------|----|---------------|--------|----|------------|------------|------------|------------|---------------|
| B 69  | Glaser, Steffi            | 70 | BSG OTTO              | 0:50:54 h | °             | °       |    | 9             | W 45-2 |    | °          | °          | 3          | W 45-1     | 385           |
| B 69  | Hohenschild, Britta       | 64 | BSG Lufthansa S       | 0:50:54 h | °             | °       |    | 9             | W 50-2 |    | °          | °          | 4          | W 50-1     | 516           |
|       | 71 Lopez Pedrero, Diego   | 80 | Hamburg               | 0:50:56 h | 61            | M 35-7  |    | °             | °      |    | °          | °          | °          | °          | 315           |
| B 71  | Gilb, Heike               | 72 | BSG Zoll              | 0:50:56 h | °             | °       |    | 11            | W 40-1 |    | °          | °          | 5          | W 40-1     | 365           |
| B 73  | Evers, Kai                | 66 | BSG Stadtwerke        | 0:51:00 h | 62            | M 45-11 |    | °             | °      |    | 7          | M 45-3     | °          | °          | 558           |
|       | 74 Kluge, Albert Marcus   | 66 | Bremen                | 0:51:07 h | 63            | M 45-12 |    | °             | °      |    | °          | °          | °          | °          | 424           |
|       | 75 Carstensen, Carsten    | 51 | AC Nordfriesland      | 0:51:09 h | 64            | M 60-2  |    | °             | °      |    | °          | °          | °          | °          | 492           |
|       | 76 Hoogeveen, Bas         | 80 | Buxtehude             | 0:51:32 h | 65            | M 35-8  |    | °             | °      |    | °          | °          | °          | °          | 547           |
|       | 77 Kunze, Claudia         | 74 | Quickborn             | 0:51:48 h | °             | °       |    | 12            | W 40-2 |    | °          | °          | °          | °          | 351           |
| B 78  | von Mallinckrodt, Klaus   | 46 | BSG Siemens           | 0:51:50 h | 66            | M 65-2  |    | °             | °      |    | 8          | M 65-2     | °          | °          | 562           |
|       | 79 Fischer, Ernst-Robert  | 61 | Hohenlockstedt        | 0:51:51 h | 67            | M 50-9  |    | °             | °      |    | °          | °          | °          | °          | 460           |
| B 80  | Soetebeer, Michael        | 55 | BSG AXA Hambu         | 0:51:52 h | 68            | M 60-3  |    | °             | °      |    | 9          | M 60-1     | °          | °          | 483           |
|       | 81 Pöhls, Bastian         | 80 | Thesi & Basti         | 0:51:56 h | 69            | M 35-9  |    | °             | °      |    | °          | °          | °          | °          | 317           |
|       | 82 Struck, Volker         | 61 |                       | 0:52:07 h | 70            | M 50-10 |    | °             | °      |    | °          | °          | °          | °          | 553           |
| B 82  | Rubiales Jimenez, Luis    | 38 | BSG Zoll              | 0:52:07 h | 70            | M 75-1  |    | °             | °      |    | 10         | M 75-1     | °          | °          | 526           |
|       | 84 Quast, Marleen         | 89 | Buxtehude             | 0:52:08 h | °             | °       |    | 13            | W-3    |    | °          | °          | °          | °          | 546           |
|       | 85 Wunsch, Jonas          | 84 | Hamburg               | 0:52:09 h | 72            | M 30-7  |    | °             | °      |    | °          | °          | °          | °          | 522           |
|       | 86 Ahlf, Matthias         | 66 | Lauftreff Quickbc     | 0:52:23 h | 73            | M 45-13 |    | °             | °      |    | °          | °          | °          | °          | 418           |
|       | 87 Kvant, Alexander       | 89 | Elmshorn              | 0:52:25 h | 74            | M-16    |    | °             | °      |    | °          | °          | °          | °          | 544           |
|       | 88 Ellmers, Manfred       | 47 | SV Bliedersdorf       | 0:52:51 h | 75            | M 65-3  |    | °             | °      |    | °          | °          | °          | °          | 550           |
|       | 89 Martens, Detlev        | 71 | Bönningstedt          | 0:53:04 h | 76            | M 40-9  |    | °             | °      |    | °          | °          | °          | °          | 378           |
|       | 90 Törber, Martin         | 75 | Hamburg               | 0:53:10 h | 77            | M 40-10 |    | °             | °      |    | °          | °          | °          | °          | 520           |
|       | 91 Schirmeyer, Dr. Stefan | 64 | VfL Pinneberg         | 0:53:11 h | 78            | M 50-11 |    | °             | °      |    | °          | °          | °          | °          | 514           |
|       | 92 Marmann, Jessica       | 72 | Ellerau               | 0:53:21 h | °             | °       |    | 14            | W 40-3 |    | °          | °          | °          | °          | 368           |
|       | 93 Clausen, Jens          | 65 | Barmstedt             | 0:53:22 h | 79            | M 50-12 |    | °             | °      |    | °          | °          | °          | °          | 429           |
|       | 93 Kirbs, Paul            | 83 | Hamburg               | 0:53:22 h | 79            | M 30-8  |    | °             | °      |    | °          | °          | °          | °          | 523           |
|       | 95 Böhle, Mica            | 67 |                       | 0:53:32 h | °             | °       |    | 15            | W 45-3 |    | °          | °          | °          | °          | 404           |
|       | 96 Seidel, Rafael         | 68 | TUS Jahn Holler       | 0:53:42 h | 81            | M 45-14 |    | °             | °      |    | °          | °          | °          | °          | 401           |
|       | 97 Berg, Dieter           | 54 | Quickborn             | 0:53:45 h | 82            | M 60-4  |    | °             | °      |    | °          | °          | °          | °          | 484           |
|       | 98 Janßen, Uwe            | 60 | TuS Holstein Qui      | 0:53:51 h | 83            | M 55-3  |    | °             | °      |    | °          | °          | °          | °          | 512           |
|       | 99 Paesch, Angela         | 80 | Quickborn             | 0:54:01 h | °             | °       |    | 16            | W 35-2 |    | °          | °          | °          | °          | 316           |
| 100   | Eilers, Sven              | 66 | Halstenbek            | 0:54:02 h | 84            | M 45-15 |    | °             | °      |    | °          | °          | °          | °          | 559           |
| 101   | Fischer, Stephan          | 83 | Signal-Iduna Gru      | 0:54:03 h | 85            | M 30-9  |    | °             | °      |    | °          | °          | °          | °          | 301           |
| 102   | Gaudlitz, Johanna         | 90 | Hamburg               | 0:54:12 h | °             | °       |    | 17            | W-4    |    | °          | °          | °          | °          | 267           |

| Platz | Name, Vorname | Jg                    | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann | AK    | Gesamt<br>Ges | Frau | AK     | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|---------------|-----------------------|-----------------------|-----------|---------------|------|-------|---------------|------|--------|------------|------------|------------|------------|---------------|
|       | 103           | Hildebrand, Björn     | 97 Quickborn          | 0:54:13 h | 86            | MJ   | U20-3 | °             | °    |        | °          | °          | °          | °          | 242           |
|       | 104           | Baumert, Sandra       | 77 Hamburg            | 0:54:15 h | °             | °    |       | 18            | W    | 35-3   | °          | °          | °          | °          | 551           |
|       | 105           | Tiemann, Sandra       | 85 Hamburg            | 0:54:22 h | °             | °    |       | 19            | W    | 30-3   | °          | °          | °          | °          | 295           |
|       | 105           | Tiemann, Ralph        | 59 Hamburg            | 0:54:22 h | 87            | M    | 55-4  | °             | °    |        | °          | °          | °          | °          | 473           |
| B     | 107           | Koring, Dagmar        | 68 BSG Vattenfall /   | 0:54:24 h | °             | °    |       | 20            | W    | 45-4   | °          | °          | 6          | W 45-2     | 396           |
|       | 108           | Schenkies, Jens       | 80 Heidgrabener SV    | 0:54:36 h | 88            | M    | 35-10 | °             | °    |        | °          | °          | °          | °          | 320           |
|       | 109           | Knappe, Ralf          | 59 Hamburg            | 0:54:55 h | 89            | M    | 55-5  | °             | °    |        | °          | °          | °          | °          | 470           |
|       | 110           | Pilz, Lasse           | 90 Kiel               | 0:54:56 h | 90            | M    | 17    | °             | °    |        | °          | °          | °          | °          | 270           |
|       | 111           | Maruhn, Clas          | 71 Signal-Iduna Gru   | 0:54:59 h | 91            | M    | 40-11 | °             | °    |        | °          | °          | °          | °          | 379           |
|       | 112           | Brambring, Jens       | 72 Kirchengemeinde    | 0:55:00 h | 92            | M    | 40-12 | °             | °    |        | °          | °          | °          | °          | 364           |
|       | 113           | Porten, Hannes        | 96 Norderstedt        | 0:55:01 h | 93            | MJ   | U20-4 | °             | °    |        | °          | °          | °          | °          | 246           |
|       | 114           | Beier, Patrick        | 91 QAB-Running        | 0:55:04 h | 94            | M    | 18    | °             | °    |        | °          | °          | °          | °          | 262           |
|       | 115           | Becker, Uwe           | 56 Turnerbund Ham     | 0:55:16 h | 95            | M    | 55-6  | °             | °    |        | °          | °          | °          | °          | 477           |
|       | 116           | Bartels, Olaf         | 77 Rhentiere          | 0:55:19 h | 96            | M    | 35-11 | °             | °    |        | °          | °          | °          | °          | 333           |
|       | 117           | Schumann, Antonia     | 01 Laufftreff Quickbc | 0:55:22 h | °             | °    |       | 21            | W    | JU16-1 | °          | °          | °          | °          | 237           |
|       | 118           | Martens, Silke        | 65 Hamburg            | 0:55:48 h | °             | °    |       | 22            | W    | 50-3   | °          | °          | °          | °          | 432           |
|       | 119           | Raabe, Andrea         | 76 Kaltenkirchen      | 0:55:49 h | °             | °    |       | 23            | W    | 35-4   | °          | °          | °          | °          | 340           |
|       | 120           | Dahnke, Carsten       | 67 Signal-Iduna Gru   | 0:55:50 h | 97            | M    | 45-16 | °             | °    |        | °          | °          | °          | °          | 406           |
|       | 121           | Remer, Stephan        | 69 Kirchengemeinde    | 0:55:54 h | 98            | M    | 45-17 | °             | °    |        | °          | °          | °          | °          | 393           |
|       | 122           | Wagner, Norbert       | 44 mare Z Buxtehuc    | 0:56:09 h | 99            | M    | 70-1  | °             | °    |        | °          | °          | °          | °          | 508           |
|       | 123           | Hinz, Harald          | 56 FC St. Pauli Mar   | 0:56:14 h | 100           | M    | 55-7  | °             | °    |        | °          | °          | °          | °          | 479           |
|       | 124           | Böttcher, Mike        | 67 Ellerau            | 0:56:17 h | 101           | M    | 45-18 | °             | °    |        | °          | °          | °          | °          | 405           |
|       | 125           | Bartels, Gudrun       | 49 AG Hamburg We      | 0:56:30 h | °             | °    |       | 24            | W    | 65-1   | °          | °          | °          | °          | 498           |
|       | 126           | Raabe, Jürgen         | 50 AG Hamburg We      | 0:56:31 h | 102           | M    | 65-4  | °             | °    |        | °          | °          | °          | °          | 496           |
|       | 127           | Meyer, Wiebke         | 64 Höki Runners       | 0:56:57 h | °             | °    |       | 25            | W    | 50-4   | °          | °          | °          | °          | 446           |
|       | 128           | Fontanie, Christelle  | 80 Hamburg            | 0:56:58 h | °             | °    |       | 26            | W    | 35-5   | °          | °          | °          | °          | 313           |
|       | 128           | Rehefeld, Sascha      | 74 SV Felm            | 0:56:58 h | 103           | M    | 40-13 | °             | °    |        | °          | °          | °          | °          | 355           |
|       | 130           | Banks, Theresa        | 76 Quickborn          | 0:57:12 h | °             | °    |       | 27            | W    | 35-6   | °          | °          | °          | °          | 338           |
|       | 131           | Barnekow, Frank       | 63 Norderstedt        | 0:57:13 h | 104           | M    | 50-13 | °             | °    |        | °          | °          | °          | °          | 450           |
|       | 132           | Kohn, Janine          | 75 Kisdorf            | 0:57:22 h | °             | °    |       | 28            | W    | 40-4   | °          | °          | °          | °          | 347           |
|       | 133           | Pilz, Manfred         | 61 Schönkirchen       | 0:57:23 h | 105           | M    | 50-14 | °             | °    |        | °          | °          | °          | °          | 461           |
|       | 134           | Thomsen, Gerd         | 45 BSG Haspa          | 0:57:36 h | 106           | M    | 70-2  | °             | °    |        | °          | °          | °          | °          | 506           |
|       | 135           | von Allwörden, Harald | 66 Bad Bramstedt      | 0:57:42 h | 107           | M    | 45-19 | °             | °    |        | °          | °          | °          | °          | 428           |
|       | 135           | Fitz, Manfred         | 67 SG Wasserratten    | 0:57:42 h | 107           | M    | 45-19 | °             | °    |        | °          | °          | °          | °          | 529           |

| Platz | Name, Vorname | Jg                      | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann | AK    | Gesamt<br>Ges | Frau | AK   | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |     |
|-------|---------------|-------------------------|-----------------------|-----------|---------------|------|-------|---------------|------|------|------------|------------|------------|------------|---------------|-----|
| B     | 137           | Ranta, Walter           | 40 VfB Brunsbuettel   | 0:57:55 h | 109           | M    | 75-2  | °             | °    |      | °          | °          | °          | °          | 511           |     |
|       | 138           | Reichardt, Claudia      | 83 BSG EDEKA          | 0:57:59 h | °             | °    |       | 29            | W    | 30-4 | °          | °          | 7          | W          | 30-1          | 303 |
| B     | 139           | Möller, Michael         | 71 Rhentiere          | 0:58:01 h | 110           | M    | 40-14 | °             | °    |      | °          | °          | °          | °          | 380           |     |
|       | 140           | Heins, Knut             | 57 BSG HSH Nordb      | 0:58:06 h | 111           | M    | 55-8  | °             | °    |      | 11         | M          | 55-1       | °          | °             | 475 |
|       | 141           | Hindel, Dirk            | 62 team smile         | 0:58:07 h | 112           | M    | 50-15 | °             | °    |      | °          | °          | °          | °          | 457           |     |
|       | 142           | Krohn, Pierre           | 91 Henstedt-Ulzburg   | 0:58:17 h | 113           | M    | 19    | °             | °    |      | °          | °          | °          | °          | 264           |     |
|       | 143           | Schramm, Hartmuth       | 53 Trittau            | 0:58:24 h | 114           | M    | 60-5  | °             | °    |      | °          | °          | °          | °          | 488           |     |
|       | 144           | Damerow, Bernd          | 50 LG Neumünster      | 0:58:26 h | 115           | M    | 65-5  | °             | °    |      | °          | °          | °          | °          | 493           |     |
|       | 145           | Baade, Hartwig          | 56 BSG Hanse Werl     | 0:58:29 h | 116           | M    | 55-9  | °             | °    |      | °          | °          | °          | °          | 476           |     |
|       | 146           | Mittelbach, Björn       | 67 FC St. Pauli Triel | 0:58:39 h | 117           | M    | 45-21 | °             | °    |      | °          | °          | °          | °          | 409           |     |
|       | 147           | Tyszka, Karsten         | 67 Kirchengemeinde    | 0:58:43 h | 118           | M    | 45-22 | °             | °    |      | °          | °          | °          | °          | 415           |     |
|       | 148           | Tigelaar, Nele-Christin | 92 Hamburg            | 0:58:44 h | °             | °    |       | 30            | W    | 5    | °          | °          | °          | °          | 260           |     |
|       | 149           | Blieffert, Judith       | 94 Garstedt           | 0:59:09 h | °             | °    |       | 31            | W    | 6    | °          | °          | °          | °          | 251           |     |
|       | 150           | Ladiges, Sven           | 68 Pinneberg          | 0:59:10 h | 119           | M    | 45-23 | °             | °    |      | °          | °          | °          | °          | 397           |     |
|       | 151           | Madsen, Thorsten        | 63                    | 0:59:11 h | 120           | M    | 50-16 | °             | °    |      | °          | °          | °          | °          | 531           |     |
|       | 152           | Trebbin, Bianca         | 73 Hamburg            | 0:59:14 h | °             | °    |       | 32            | W    | 40-5 | °          | °          | °          | °          | 361           |     |
|       | 153           | Reimers, Wiebke         | 65 SG Wasserratten    | 0:59:15 h | °             | °    |       | 33            | W    | 50-5 | °          | °          | °          | °          | 434           |     |
|       | 154           | Kurzewitz, Björn        | 74 SCC Berlin         | 0:59:19 h | 121           | M    | 40-15 | °             | °    |      | °          | °          | °          | °          | 561           |     |
|       | 155           | Gaudlitz, Gunter        | 56 TuS Holstein Qui   | 0:59:21 h | 122           | M    | 55-10 | °             | °    |      | °          | °          | °          | °          | 478           |     |
|       | 156           | Rokitta, Anja           | 73 hamburg            | 0:59:26 h | °             | °    |       | 34            | W    | 40-6 | °          | °          | °          | °          | 360           |     |
|       | 157           | Merkel, Henriette       | 92 Hochschulsport M   | 0:59:29 h | °             | °    |       | 35            | W    | 7    | °          | °          | °          | °          | 259           |     |
| B     | 158           | Scheile-Bängsson, Barb  | 68 BSG HPA / Die C    | 0:59:34 h | °             | °    |       | 36            | W    | 45-5 | °          | °          | 8          | W          | 45-3          | 400 |
|       | 159           | Lohmann, Heiner         | 50 Henstedt-Ulzburg   | 0:59:41 h | 123           | M    | 65-6  | °             | °    |      | °          | °          | °          | °          | 495           |     |
|       | 160           | Kröner, Stephan         | 67 Quickborn          | 1:00:19 h | 124           | M    | 45-24 | °             | °    |      | °          | °          | °          | °          | 408           |     |
| B     | 161           | Odefey, Nicola          | 71 BSG HSH Nordb      | 1:00:25 h | °             | °    |       | 37            | W    | 40-7 | °          | °          | 9          | W          | 40-2          | 381 |
|       | 162           | Bengtsson, Gunnar       | 72 Quickborn          | 1:00:28 h | 125           | M    | 40-16 | °             | °    |      | °          | °          | °          | °          | 363           |     |
|       | 163           | Schulze, Bernhard       | 55 Laufftreff Quickbc | 1:00:38 h | 126           | M    | 60-6  | °             | °    |      | °          | °          | °          | °          | 482           |     |
| B     | 164           | König, Johanna          | 64 BSG Dataport       | 1:00:52 h | °             | °    |       | 38            | W    | 50-6 | °          | °          | 10         | W          | 50-2          | 443 |
|       | 165           | Struckmeyer, Jörg       | 62 Team Schneck       | 1:01:00 h | 127           | M    | 50-17 | °             | °    |      | °          | °          | °          | °          | 459           |     |
|       | 165           | Lüning, Birgit          | 60 Team Schneck       | 1:01:00 h | °             | °    |       | 39            | W    | 55-1 | °          | °          | °          | °          | 465           |     |
|       | 167           | Bork, Bianca            | 74 Henstedt-Ulzburg   | 1:01:19 h | °             | °    |       | 40            | W    | 40-8 | °          | °          | °          | °          | 349           |     |
|       | 168           | Egebrecht, Ingrid       | 69                    | 1:01:21 h | °             | °    |       | 41            | W    | 45-6 | °          | °          | °          | °          | 557           |     |
|       | 169           | von Tiedemann, Theresa  | 81 Thesi & Basti      | 1:01:31 h | °             | °    |       | 42            | W    | 30-5 | °          | °          | °          | °          | 311           |     |
|       | 170           | Wendt, Sandra           | 70 QAB-Running        | 1:01:33 h | °             | °    |       | 43            | W    | 45-7 | °          | °          | °          | °          | 389           |     |

| Platz | Name, Vorname         | Jg | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann | AK     | Gesamt<br>Ges | Frau | AK     | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|-----------------------|----|-----------------------|-----------|---------------|------|--------|---------------|------|--------|------------|------------|------------|------------|---------------|
| 170   | Wendt, Lars           | 67 | QAB-Running           | 1:01:33 h | 128           | M    | 45-25  | °             | °    |        | °          | °          | °          | °          | 417           |
| 172   | Wagner, Yvonne        | 80 | Open Sports Han       | 1:01:34 h | °             | °    |        | 44            | W    | 35-7   | °          | °          | °          | °          | 324           |
| 173   | Seeling-M., Meike     | 65 | Open Sports Han       | 1:01:35 h | °             | °    |        | 45            | W    | 50-7   | °          | °          | °          | °          | 552           |
| 174   | Kröplin, Klaus        | 41 | SV Henstedt-Ulzl      | 1:01:51 h | 129           | M    | 70-3   | °             | °    |        | °          | °          | °          | °          | 510           |
| 175   | Grimm, Melina-Kristin | 02 | Brunsbüttel           | 1:01:53 h | °             | °    |        | 46            | W    | JU14-1 | °          | °          | °          | °          | 236           |
| 176   | Ebeling, Dana         | 79 | Hamburg               | 1:02:07 h | °             | °    |        | 47            | W    | 35-8   | °          | °          | °          | °          | 326           |
| 177   | Krummel, Kurt         | 66 | Fedderingen           | 1:02:15 h | 130           | M    | 45-26  | °             | °    |        | °          | °          | °          | °          | 426           |
| 178   | Franck, Jens Peter    | 59 |                       | 1:02:25 h | 131           | M    | 55-11  | °             | °    |        | °          | °          | °          | °          | 513           |
| 179   | Auricht, Grit         | 75 | Polizei SV Neum       | 1:02:49 h | °             | °    |        | 48            | W    | 40-9   | °          | °          | °          | °          | 342           |
| 180   | Brunner, Dr. Heiko    | 60 | LT Quickborn-Ell      | 1:02:56 h | 132           | M    | 55-12  | °             | °    |        | °          | °          | °          | °          | 540           |
| 181   | Reimer, Stefan        | 65 | QAB-Running           | 1:03:40 h | 133           | M    | 50-18  | °             | °    |        | °          | °          | °          | °          | 433           |
| 182   | Kampf, Susanne        | 63 | Barmstedter MTV       | 1:03:59 h | °             | °    |        | 49            | W    | 50-8   | °          | °          | °          | °          | 452           |
| 183   | Krause, Manuela       | 64 | Rellingen             | 1:04:03 h | °             | °    |        | 50            | W    | 50-9   | °          | °          | °          | °          | 444           |
| 184   | Bartzik, Rita         | 60 | SVHU Team Smi         | 1:04:16 h | °             | °    |        | 51            | W    | 55-2   | °          | °          | °          | °          | 517           |
| 185   | Leu, Regina           | 54 | Blau-Weiss Buch       | 1:04:19 h | °             | °    |        | 52            | W    | 60-1   | °          | °          | °          | °          | 532           |
| 186   | Hesebeck, Katja       | 71 | SV Henstedt-Ulzl      | 1:04:29 h | °             | °    |        | 53            | W    | 40-10  | °          | °          | °          | °          | 374           |
| 186   | Fuchs, Holger         | 66 | Fox on the run        | 1:04:29 h | 134           | M    | 45-27  | °             | °    |        | °          | °          | °          | °          | 421           |
| 188   | Tödter, Nele          | 84 |                       | 1:04:32 h | °             | °    |        | 54            | W    | 30-6   | °          | °          | °          | °          | 555           |
| 189   | Vogt, Gabriele        | 67 | Team Pirate           | 1:04:34 h | °             | °    |        | 55            | W    | 45-8   | °          | °          | °          | °          | 416           |
| 190   | Böttger, Katja        | 71 | Köln-Reisiek          | 1:04:40 h | °             | °    |        | 56            | W    | 40-11  | °          | °          | °          | °          | 372           |
| 191   | Steschulat, Alexandra | 90 | Henstedt-Ulzburg      | 1:04:41 h | °             | °    |        | 57            | W    | 8      | °          | °          | °          | °          | 272           |
| 192   | Meyer, Tine           | 77 | Hamburg               | 1:05:23 h | °             | °    |        | 58            | W    | 35-9   | °          | °          | °          | °          | 336           |
| 192   | Wiesenmüller, Elke    | 47 | WillkommenTear        | 1:05:23 h | °             | °    |        | 58            | W    | 65-2   | °          | °          | °          | °          | 504           |
| 194   | Lohmann, Elke         | 53 | Henstedt-Ulzburg      | 1:05:33 h | °             | °    |        | 60            | W    | 60-2   | °          | °          | °          | °          | 487           |
| 195   | Nickel, Karin         | 46 | TSV Stocksee          | 1:06:02 h | °             | °    |        | 61            | W    | 65-3   | °          | °          | °          | °          | 505           |
| 196   | Belger, Lennart       | 02 | QAB-Running           | 1:06:52 h | 135           | M    | JU14-1 | °             | °    |        | °          | °          | °          | °          | 235           |
| B 196 | Marquardt, Guido      | 71 | BSG Sparkasse S       | 1:06:52 h | 135           | M    | 40-17  | °             | °    |        | 12         | M 40-1     | °          | °          | 377           |
| 198   | Edler, Marion         | 77 | Team Pirate           | 1:07:00 h | °             | °    |        | 62            | W    | 35-10  | °          | °          | °          | °          | 335           |
| 198   | Hohmann, Peter        | 59 | SG Sparkasse H        | 1:07:00 h | 137           | M    | 55-13  | °             | °    |        | °          | °          | °          | °          | 469           |
| 200   | Pieper, Cathrin       | 74 | TSV Travemünde        | 1:07:08 h | °             | °    |        | 63            | W    | 40-12  | °          | °          | °          | °          | 354           |
| 201   | Piehl, Christine      | 83 | Lübeck                | 1:07:09 h | °             | °    |        | 64            | W    | 30-7   | °          | °          | °          | °          | 302           |
| B 202 | Finnern, Liane        | 66 | BSG DG HYP            | 1:07:10 h | °             | °    |        | 65            | W    | 45-9   | °          | °          | 11         | W 45-4     | 420           |
| 203   | Reimer, Tanja         | 68 | QAB-Running           | 1:07:17 h | °             | °    |        | 66            | W    | 45-10  | °          | °          | °          | °          | 399           |
| 203   | Krüger, Maren         | 71 | Ellerau               | 1:07:17 h | °             | °    |        | 66            | W    | 40-13  | °          | °          | °          | °          | 525           |



| Platz | Name, Vorname           | Jg | Verein / BSG<br>/ Ort | Zeit      | Gesamt<br>Ges | Mann    | AK | Gesamt<br>Ges | Frau    | AK | BSV<br>Ges | Mann<br>AK | BSV<br>Ges | Frau<br>AK | Start-<br>Nr. |
|-------|-------------------------|----|-----------------------|-----------|---------------|---------|----|---------------|---------|----|------------|------------|------------|------------|---------------|
| 205   | Ludwig, Brigitte        | 48 | LT TSV Ueterser       | 1:07:21 h | °             | °       |    | 68            | W 65-4  |    | °          | °          | °          | °          | 501           |
| 206   | Timm, Wolfgang          | 47 | HSV                   | 1:08:11 h | 138           | M 65-7  |    | °             | °       |    | °          | °          | °          | °          | 528           |
| 207   | Groeger, Wolfgang       | 47 | LT TSV Ueterser       | 1:09:00 h | 139           | M 65-8  |    | °             | °       |    | °          | °          | °          | °          | 502           |
| 208   | Gräbner, Alexa          | 75 | Hamburg               | 1:09:09 h | °             | °       |    | 69            | W 40-14 |    | °          | °          | °          | °          | 345           |
| 209   | Barnekow, Kirsten       | 67 | SG Wasserratten       | 1:09:21 h | °             | °       |    | 70            | W 45-11 |    | °          | °          | °          | °          | 402           |
| 210   | Höft, Dieter            | 48 | Polizei SV Neum       | 1:09:27 h | 140           | M 65-9  |    | °             | °       |    | °          | °          | °          | °          | 499           |
| 211   | Fasse, Andrea           | 74 | BSG Sparkasse S       | 1:09:40 h | °             | °       |    | 71            | W 40-15 |    | °          | °          | °          | °          | 350           |
| 212   | Meyer-Lomberg, Wolfgang | 56 | BSG Sparkasse S       | 1:09:41 h | 141           | M 55-14 |    | °             | °       |    | °          | °          | °          | °          | 480           |
| 213   | Belger, Susan           | 67 | QAB-Running           | 1:09:48 h | °             | °       |    | 72            | W 45-12 |    | °          | °          | °          | °          | 403           |
| 213   | Belger, Stefan          | 66 | QAB-Running           | 1:09:48 h | 142           | M 45-28 |    | °             | °       |    | °          | °          | °          | °          | 419           |
| 215   | Blaser, Torsten         | 64 | Hamburg               | 1:09:49 h | 143           | M 50-19 |    | °             | °       |    | °          | °          | °          | °          | 542           |
| 216   | Gaedeckens, Harriet     | 59 | LT TuS Esingen        | 1:09:58 h | °             | °       |    | 73            | W 55-3  |    | °          | °          | °          | °          | 467           |
| 217   | Porten, Lea             | 89 | Hamburg               | 1:10:29 h | °             | °       |    | 74            | W-9     |    | °          | °          | °          | °          | 275           |
| 218   | Weiß, Conny             | 74 |                       | 1:10:45 h | °             | °       |    | 75            | W 40-16 |    | °          | °          | °          | °          | 357           |
| 218   | Weiß, Michael           | 70 |                       | 1:10:45 h | 144           | M 45-29 |    | °             | °       |    | °          | °          | °          | °          | 388           |
| 220   | Dohrn, Rainer           | 55 | Hamburger Sport       | 1:10:49 h | 145           | M 60-7  |    | °             | °       |    | °          | °          | °          | °          | 481           |
| B 221 | Schröder, Günter        | 47 | BSG Commerzb          | 1:12:07 h | 146           | M 65-10 |    | °             | °       |    | 13         | M 65-3     | °          | °          | 503           |
| 222   | Hoffmann, Stefan        | 60 | Hamburg               | 1:12:10 h | 147           | M 55-15 |    | °             | °       |    | °          | °          | °          | °          | 464           |
| 223   | Endricat, Birgit        | 62 | Pinneberg             | 1:12:27 h | °             | °       |    | 76            | W 50-10 |    | °          | °          | °          | °          | 456           |
| 224   | Scharley, Karoline      | 74 | SV Rot-Gelb Har       | 1:12:50 h | °             | °       |    | 77            | W 40-17 |    | °          | °          | °          | °          | 356           |
| 225   | Stumpf, Klaus-Peter     | 65 | Signal-Iduna Gru      | 1:14:12 h | 148           | M 50-20 |    | °             | °       |    | °          | °          | °          | °          | 438           |
| 226   | Fuhr, Karin             | 41 | SV Rot-Gelb Har       | 1:14:28 h | °             | °       |    | 78            | W 70-1  |    | °          | °          | °          | °          | 509           |
| 227   | Groeger, Gerlinde       | 50 | LT TSV Ueterser       | 1:17:04 h | °             | °       |    | 79            | W 65-5  |    | °          | °          | °          | °          | 494           |
| 228   | Krause, Erna            | 89 | TEAM ERMA             | 1:17:56 h | °             | °       |    | 80            | W-10    |    | °          | °          | °          | °          | 274           |
| 228   | Krause, Marie           | 84 | TEAM ERMA             | 1:17:56 h | °             | °       |    | 80            | W 30-8  |    | °          | °          | °          | °          | 297           |
| 228   | Dobrick, Tanja          | 73 | Team Erdinger A       | 1:17:56 h | °             | °       |    | 80            | W 40-18 |    | °          | °          | °          | °          | 518           |