

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Zeit	Gesamt Ges	Mann AK	Gesamt Ges	Frau AK	BSV Ges	Mann AK	BSV Ges	Frau AK	Start- Nr.
1	Steinmetz, Roland	76	Triathlon TEAM TG \	0:36:53 h	1	M 35-1	o	o	o	o	o	o	590
2	Teegen, Sven	80	TSV RW Niebüll	0:38:09 h	2	M 30-1	o	o	o	o	o	o	583
3	Arndt, Matthias	65	TuS Holstein Quickb	0:39:31 h	3	M 45-1	o	o	o	o	o	o	620
4	Paddeo, Giovanni	71	Hamburg	0:40:32 h	4	M 40-1	o	o	o	o	o	o	605
5	Kuhl, Dietmar	58	Hamburg	0:41:23 h	5	M 55-1	o	o	o	o	o	o	640
B	Siemers, Patrick	98	BSG Philips LG	0:41:39 h	6	MJ U18-1	o	o	1	MJ U18-1	o	o	574
	Becker, Verena	77	SG TSV Kronshagen	0:41:52 h	o	o	1	W 35-1	o	o	o	o	513
	Rohlfing, Silja	72	LG Elmshorn	0:42:00 h	o	o	2	W 40-1	o	o	o	o	523
	Wagner, Axel	78		0:42:03 h	7	M 35-2	o	o	o	o	o	o	728
	Poon, Marianne	85	Hamburg	0:42:05 h	o	o	3	W-1	o	o	o	o	696
	Heiduck, Volkmar	74	SC Sperber	0:42:48 h	8	M 40-2	o	o	o	o	o	o	724
	Glaßmacher, Björn	76	Hamburg	0:43:17 h	9	M 35-3	o	o	o	o	o	o	588
	Matt, Sascha Hannes	91	Buxtehuder SV	0:43:29 h	10	M-1	o	o	o	o	o	o	577
	Oldehaver, Kimberly	95	SG Wasserratten No	0:43:35 h	o	o	4	WJ U20-1	o	o	o	o	503
	Fock, Dirk	65	Wacken	0:43:38 h	11	M 45-2	o	o	o	o	o	o	621
B	Full, Steven	79	SG Wasserratten No	0:44:07 h	12	M 35-4	o	o	o	o	o	o	731
	Kattner, Dennis	75	SV Rapid	0:44:11 h	13	M 35-5	o	o	2	M 35-1	o	o	681
	Siebke, Dörte	67	M3S Hamburg e.V.	0:44:46 h	o	o	5	W 45-1	o	o	o	o	544
	Wickmann, Stefan	66	Schwentental	0:45:09 h	14	M 45-3	o	o	o	o	o	o	619
	Fock, Eggert	65	Wacken	0:45:15 h	15	M 45-4	o	o	o	o	o	o	622
B	Klein, Fabian	75	Open Sports Hambui	0:45:29 h	16	M 35-6	o	o	o	o	o	o	692
	Wagner, Horst	61	BSG Gaden	0:45:57 h	17	M 50-1	o	o	3	M 50-1	o	o	634
	Heidtmann, Florestan	90	Kiel	0:46:17 h	18	M-2	o	o	o	o	o	o	578
	Ray, Holger	61	Barmstedter MTV	0:46:32 h	19	M 50-2	o	o	o	o	o	o	633
	König, Rüdiger	59	SC Itzehoe	0:46:48 h	20	M 55-2	o	o	o	o	o	o	638
B	Steiner, Dr. André	70	Berliner Ruder Club	0:46:56 h	21	M 40-3	o	o	o	o	o	o	687
	Niemann, Hannes	91	BSG Finanzamt Blar	0:46:58 h	22	M-3	o	o	4	M-1	o	o	694
	Rothe, Michael	78	Henstedt-Ulzburg	0:47:20 h	23	M 35-7	o	o	o	o	o	o	586
	Behrens, Dietmar	58	OSC Berlin	0:47:30 h	24	M 55-3	o	o	o	o	o	o	639
	Klein, Florian	71	Hamburg	0:47:50 h	25	M 40-4	o	o	o	o	o	o	693
	Mundt, Kay-Uwe	65		0:48:20 h	26	M 45-5	o	o	o	o	o	o	730
	wegener, antonia	76	quickborn	0:48:28 h	o	o	6	W 35-2	o	o	o	o	517
	Cordes, Henry	55	VfL Fredenbeck	0:48:34 h	27	M 55-4	o	o	o	o	o	o	721
	Schütt, Torsten	72	Quickborn	0:48:40 h	28	M 40-5	o	o	o	o	o	o	600
	Vietheer, Jan	65	Höki Runners	0:49:17 h	29	M 45-6	o	o	o	o	o	o	624
B	Müsсе, Wolfram	53	VfL Jesteburg	0:49:22 h	30	M 60-1	o	o	o	o	o	o	650
	Vietor, André	64	Buxtehude	0:49:23 h	31	M 50-3	o	o	o	o	o	o	689

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B	38 Oldehaver, Katja	65	SG Wasserratten No	0:49:25 h	° °		7	W 45-2	° °		° °		546
B	39 Bublitz, Manfred	39	BSG Philips LG	0:49:30 h	32	M 75-1	° °		5	M 75-1	° °		670
	40 Kahnert, Thorsten	69	Neumünster	0:49:35 h	33	M 45-7	° °		° °		° °		610
B	41 Schuckart, Dr. Manfred	58	TUS Rotenhof	0:49:45 h	34	M 55-5	° °		° °		° °		641
B	42 Möller, Henry	51	BSG Siemens	0:49:59 h	35	M 60-2	° °		6	M 60-1	° °		733
	43 Klotz, Stefan	69	Lübeck	0:50:01 h	36	M 45-8	° °		° °		° °		611
	44 wegener, thomas	74	quickborn	0:50:16 h	37	M 40-6	° °		° °		° °		594
	45 Ellmers, Manfred	47	SV Bliedersdorf	0:50:24 h	38	M 65-1	° °		° °		° °		685
	46 Staden, Martin	93	Henstedt Ulzburg	0:50:26 h	39	M-4	° °		° °		° °		726
	46 Grube, Lennart	93	Rostock	0:50:26 h	39	M-4	° °		° °		° °		725
B	48 Lemm, Thomas	64	Eckernförder MTV	0:50:27 h	41	M 50-4	° °		° °		° °		682
B	49 von Mallinckrodt, klaus	46	BSG Siemens	0:50:39 h	42	M 65-2	° °		7	M 65-1	° °		732
	50 Raabe, Jürgen	50	AG Hamburg West	0:50:42 h	43	M 60-3	° °		° °		° °		657
B	51 Sottmann, Michael	80	Pinneberg	0:50:51 h	44	M 30-2	° °		° °		° °		582
B	52 Soetebeer, Michael	55	BSG AXA	0:51:00 h	45	M 55-6	° °		8	M 55-1	° °		646
B	53 Kunze, Claudia	74	Quickborn	0:51:04 h	° °		8	W 40-2	° °		° °		521
B	53 Rubiales Jiménez, Luis	38	BSG SG Zoll Hambu	0:51:04 h	46	M 75-2	° °		9	M 75-2	° °		671
	55 Hillebrand, Ralph	71	TuS Holstein Quickb	0:51:06 h	47	M 40-7	° °		° °		° °		602
	56 Schlichting, Joachim	66	Team Nestlé	0:51:11 h	48	M 45-9	° °		° °		° °		688
	57 Molchin, Björn	65	SG Wasserratten No	0:51:14 h	49	M 45-10	° °		° °		° °		623
B	58 Koring, Dagmar	68	BSG Vattenfall / Die	0:51:16 h	° °		9	W 45-3	° °		1	W 45-1	539
	59 Sjut, Uta	63	MTV Wilster	0:51:25 h	° °		10	W 50-1	° °		° °		551
	60 Schieweck, Marlies	97	BW 96	0:51:44 h	° °		11	WJ U18-1	° °		° °		502
	61 Schieweck, Andreas	62	BW 96	0:51:47 h	50	M 50-5	° °		° °		° °		631
	62 Rostek, Andreas	74	Schenefeld	0:51:51 h	51	M 40-8	° °		° °		° °		592
	63 Schulze, Oliver	71	Hasloh	0:51:53 h	52	M 40-9	° °		° °		° °		606
	64 Odefey, Lars	70	Quickborn	0:52:06 h	53	M 40-10	° °		° °		° °		607
	65 Möller, Walter	71	Club Mud	0:52:07 h	54	M 40-11	° °		° °		° °		604
	66 Weigmann, Carsten	73	Quickborn	0:52:11 h	55	M 40-12	° °		° °		° °		598
	67 Wolst, Tobias	02	Rendsburger TSV	0:52:21 h	56	M JU14-1	° °		° °		° °		572
	68 Winter, Nikolaus	75	SG Wasserratten No	0:52:22 h	57	M 35-8	° °		° °		° °		722
	69 Meyer, Wiebke	64	MS SWAT Hohenfel	0:52:39 h	° °		12	W 50-2	° °		° °		549
	70 Pump, Matthias	71		0:52:50 h	58	M 40-13	° °		° °		° °		703
	71 Andresen, Heinz	60	Eckernförder MTV	0:53:04 h	59	M 50-6	° °		° °		° °		699
	72 Wöhlk, Wolfgang	47	DAS HAT ART !	0:53:09 h	60	M 65-3	° °		° °		° °		662
	73 Bentien, Detlef	69	1. Flensburger LT	0:53:18 h	61	M 45-11	° °		° °		° °		677
B	74 Ackermann, Siegfried	60	BSG SG HSH Nordb	0:53:34 h	62	M 50-7	° °		10	M 50-2	° °		635

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	75 Dreier, Dagmar	68	NTSV	0:53:50 h	◦ ◦		13	W 45-4	◦ ◦		◦ ◦	◦ ◦	535
	76 Wagner, Norbert	44	mare Z Buxtehude	0:54:06 h	63	M 70-1	◦ ◦		◦ ◦		◦ ◦	◦ ◦	666
	77 Schulze, Julia	68	Hasloh	0:54:07 h	◦ ◦		14	W 45-5	◦ ◦		◦ ◦	◦ ◦	542
	78 Schäfer, Norbert	63		0:54:10 h	64	M 50-8	◦ ◦		◦ ◦		◦ ◦	◦ ◦	629
	79 Hildebrand, Björn	97	Bremervörde	0:54:11 h	65	MJ U18-2	◦ ◦		◦ ◦		◦ ◦	◦ ◦	575
	80 Wolters, Patrick	00	Lauftreff Quickborn-E	0:54:23 h	66	M JU16-1	◦ ◦		◦ ◦		◦ ◦	◦ ◦	573
	81 Kraski, Claudia	70	Wentorf	0:54:27 h	◦ ◦		15	W 40-3	◦ ◦		◦ ◦	◦ ◦	528
B	82 Hohmann, Peter	59	BSG Sparkasse Hols	0:54:34 h	67	M 55-7	◦ ◦		◦ ◦		◦ ◦	◦ ◦	637
	83 Reiher, Nicole	71	BSG HPA / Die Gote	0:54:37 h	◦ ◦		16	W 40-4	◦ ◦		2	W 40-1	526
	83 Bartels, Olaf	77		0:54:37 h	68	M 35-9	◦ ◦		◦ ◦		◦ ◦	◦ ◦	587
	85 Patzwahl, Oliver	69	Hamburgwasser	0:54:39 h	69	M 45-12	◦ ◦		◦ ◦		◦ ◦	◦ ◦	702
	86 Sievers, Sven	76	Barmstedter MTV	0:54:44 h	70	M 35-10	◦ ◦		◦ ◦		◦ ◦	◦ ◦	589
	87 Weigmann, Cornelia	72	Quickborn	0:54:58 h	◦ ◦		17	W 40-5	◦ ◦		◦ ◦	◦ ◦	524
B	87 Heins, Knut	57	BSG SG HSH Nordb	0:54:58 h	71	M 55-8	◦ ◦		11	M 55-2	◦ ◦	◦ ◦	642
	89 Dreger, Sabine	72	Quickborn	0:54:59 h	◦ ◦		18	W 40-6	◦ ◦		◦ ◦	◦ ◦	522
	90 Frank, Christine	74	Hamburg	0:55:02 h	◦ ◦		19	W 40-7	◦ ◦		◦ ◦	◦ ◦	520
	91 Ranta, Walter	40	VfB Brunsbüttel	0:55:06 h	72	M 70-2	◦ ◦		◦ ◦		◦ ◦	◦ ◦	669
	92 Sprunk, Thorsten	66	Norderstedt	0:55:07 h	73	M 45-13	◦ ◦		◦ ◦		◦ ◦	◦ ◦	618
	93 Bartels, Gudrun	49	AG Hamburg West	0:55:14 h	◦ ◦		20	W 65-1	◦ ◦		◦ ◦	◦ ◦	567
	94 Wickmann, Birgitt	59	Wedel	0:55:17 h	◦ ◦		21	W 55-1	◦ ◦		◦ ◦	◦ ◦	560
	95 Meyer zu Altenschildesche, '1	70	Open Sports Triathlo	0:55:21 h	74	M 40-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	697
B	96 Erich, Reinhard	54	LTV Kiel-Ost	0:55:29 h	75	M 60-4	◦ ◦		◦ ◦		◦ ◦	◦ ◦	648
B	97 Ansen, Maike	83	BSG DAK	0:55:42 h	◦ ◦		22	W 30-1	◦ ◦		3	W 30-1	509
B	98 Machate, Sabine	57	BSG Laufwerk Hamt	0:56:04 h	◦ ◦		23	W 55-2	◦ ◦		4	W 55-1	562
	99 Hansen, Britta	69	Hamburg	0:56:13 h	◦ ◦		24	W 45-6	◦ ◦		◦ ◦	◦ ◦	532
B	99 Hagemann, Anna	47	BSG Rot-Gelb Hamt	0:56:13 h	◦ ◦		24	W 65-2	◦ ◦		5	W 65-1	569
	101 Brosius, Marc	68	Delingsdorfer SV	0:56:15 h	76	M 45-14	◦ ◦		◦ ◦		◦ ◦	◦ ◦	704
	102 Timm, Wolfgang	47	Hamburger Sportver	0:56:25 h	77	M 65-4	◦ ◦		◦ ◦		◦ ◦	◦ ◦	735
B	103 Kattner, Daniel	78	SV Rapid	0:56:33 h	78	M 35-11	◦ ◦		12	M 35-2	◦ ◦	◦ ◦	680
	104 Pilz, Lasse	90	Kiel	0:56:36 h	79	M-6	◦ ◦		◦ ◦		◦ ◦	◦ ◦	579
	105 Mittelbach, Björn	67	Pinneberg	0:56:49 h	80	M 45-15	◦ ◦		◦ ◦		◦ ◦	◦ ◦	616
	106 Fode, Bianka	83	Hamburg	0:57:12 h	◦ ◦		26	W 30-2	◦ ◦		◦ ◦	◦ ◦	510
B	107 Konrad, Thomas	67	BSG NDR Hamburg	0:57:13 h	81	M 45-16	◦ ◦		13	M 45-1	◦ ◦	◦ ◦	614
	108 Hoffmann, Roland	59	FG Tangendorf	0:57:40 h	82	M 55-9	◦ ◦		◦ ◦		◦ ◦	◦ ◦	636
	109 Möller, Michael	71		0:57:53 h	83	M 40-15	◦ ◦		◦ ◦		◦ ◦	◦ ◦	603
	110 Dietrich, Peter	39	LG HNF Hamburg	0:57:57 h	84	M 75-3	◦ ◦		◦ ◦		◦ ◦	◦ ◦	675
	111 Lohmann, Heiner	50	Henstedt-Ulzburg	0:57:59 h	85	M 60-5	◦ ◦		◦ ◦		◦ ◦	◦ ◦	656

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112	Wrage, Nina	89	SG Wasserratten No	0:58:05 h	◦	◦	27	W-2	◦	◦	◦	◦	505
113	Ranta, Juergen	40	VfB Brunsbüttel	0:58:30 h	86	M 70-3	◦	◦	◦	◦	◦	◦	668
B 114	Krysiak, Martina	59	BSG Airbus SG HH	0:58:45 h	◦	◦	28	W 55-3	◦	◦	6	W 55-2	559
115	Raabe, Andrea	76	Kaltenkirchen	0:58:46 h	◦	◦	29	W 35-3	◦	◦	◦	◦	515
116	Wellenreuther, Nora	77	Hamburg	0:59:08 h	◦	◦	30	W 35-4	◦	◦	◦	◦	514
117	Bartelt, Axel	54	Kieler TV	0:59:13 h	87	M 60-6	◦	◦	◦	◦	◦	◦	647
118	Weiß, Michael	70	Kaltenkirchen	0:59:16 h	88	M 40-16	◦	◦	◦	◦	◦	◦	609
119	Becker, Ulrich	47	SG TSV Kronshagen	0:59:25 h	89	M 65-5	◦	◦	◦	◦	◦	◦	659
120	Dahnke, Carsten	67		0:59:26 h	90	M 45-17	◦	◦	◦	◦	◦	◦	695
121	Ebert, Heike	58	LT Haseldorf Mars	0:59:46 h	◦	◦	31	W 55-4	◦	◦	◦	◦	561
122	Nickel, Karin	46	TSV Stocksee	0:59:55 h	◦	◦	32	W 65-3	◦	◦	◦	◦	570
123	Fuchs, Holger	66	Fox on the run	1:00:14 h	91	M 45-18	◦	◦	◦	◦	◦	◦	617
124	Braun, Werner	47	Pinneberg	1:00:24 h	92	M 65-6	◦	◦	◦	◦	◦	◦	686
125	Hildebrand, Olaf	64	Quickborn	1:00:40 h	93	M 50-9	◦	◦	◦	◦	◦	◦	625
126	Grimm, Melina-Kristin	02	Brunsbüttel	1:00:45 h	◦	◦	33	W JU14-1	◦	◦	◦	◦	501
127	Isaak, Peter	78	Hamburg	1:00:56 h	94	M 35-12	◦	◦	◦	◦	◦	◦	585
128	Sump, Sigurd	40	LG Neumünster	1:01:11 h	95	M 70-4	◦	◦	◦	◦	◦	◦	676
129	Bullerdiek, Bulli	68	LG HNF Hamburg	1:01:25 h	96	M 45-19	◦	◦	◦	◦	◦	◦	701
130	Tietgen, Hans-Werner	52	Norderstedt	1:01:50 h	97	M 60-7	◦	◦	◦	◦	◦	◦	654
131	Ludwig, Brigitte	48	TSV Uetersen Lauftri	1:02:03 h	◦	◦	34	W 65-4	◦	◦	◦	◦	568
132	Lüning, Birgit	60	Team Schneckenjae	1:02:06 h	◦	◦	35	W 50-3	◦	◦	◦	◦	558
132	Struckmeyer, Jörg	62	Team Schneckenjae	1:02:06 h	98	M 50-10	◦	◦	◦	◦	◦	◦	632
134	Scholz, Matthias	83	Quickborn	1:02:20 h	99	M 30-3	◦	◦	◦	◦	◦	◦	580
135	Stümer, Uwe	53	VfB Brunsbüttel	1:02:41 h	100	M 60-8	◦	◦	◦	◦	◦	◦	651
136	Thoma, Ingeborg	52	LG Alsternord Hamb	1:02:51 h	◦	◦	36	W 60-1	◦	◦	◦	◦	565
137	Thoma, Toni	52	LG Alsternord Hamb	1:02:52 h	101	M 60-9	◦	◦	◦	◦	◦	◦	653
B 138	Schröder, Günter	47	BSG Commerzbank	1:02:53 h	102	M 65-7	◦	◦	14	M 65-2	◦	◦	661
139	Matull, Tobias	71		1:02:59 h	103	M 40-17	◦	◦	◦	◦	◦	◦	734
140	Krause, Marcus	67	Henstedt Ulzburg	1:03:10 h	104	M 45-20	◦	◦	◦	◦	◦	◦	615
141	Kampf, Susanne	63	Barmstedter MTV	1:03:36 h	◦	◦	37	W 50-4	◦	◦	◦	◦	550
142	Behnke, Laura	89	TuS Holstein Quickb	1:03:41 h	◦	◦	38	W-3	◦	◦	◦	◦	504
143	Kaiser, Michael	67	Kaltenkirchen	1:04:03 h	105	M 45-21	◦	◦	◦	◦	◦	◦	723
144	Gröger, Wolfgang	47	LT TSV Uetersen	1:04:07 h	106	M 65-8	◦	◦	◦	◦	◦	◦	660
145	Dohrn, Rainer	55	Hamburger Sportver	1:04:17 h	107	M 55-10	◦	◦	◦	◦	◦	◦	679
146	Reimer, Tanja	68	Quickborn	1:04:19 h	◦	◦	39	W 45-7	◦	◦	◦	◦	540
146	Krüger, Maren	70	Ellerau	1:04:19 h	◦	◦	39	W 40-8	◦	◦	◦	◦	690
148	Rokus, Christiane	76	Hamburg	1:04:30 h	◦	◦	41	W 35-5	◦	◦	◦	◦	516

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149	fitz, beate	68	norderstedt	1:05:08 h	◦	◦	42	W 45-8	◦	◦	◦	◦	536
150	Claußen, Jens	79	Quickborn	1:05:11 h	108	M 35-13	◦	◦	◦	◦	◦	◦	584
151	horstmann-neurath, tanja	68	ellerau	1:05:12 h	◦	◦	43	W 45-9	◦	◦	◦	◦	538
152	Wiesmann, Thomas	64	SG Wasserratten No	1:05:13 h	109	M 50-11	◦	◦	◦	◦	◦	◦	674
153	Schirmeyer, Dr. Stefan	64	Vfl Pinneberg	1:05:35 h	110	M 50-12	◦	◦	◦	◦	◦	◦	691
154	Schirmeyer, Heike	67	TSV Uetersen	1:05:36 h	◦	◦	44	W 45-10	◦	◦	◦	◦	543
155	Ukwuani, Traute	62		1:05:50 h	◦	◦	45	W 50-5	◦	◦	◦	◦	729
156	Urbanski, Alexandra	70	Henstedt Ulzburg	1:05:52 h	◦	◦	46	W 40-9	◦	◦	◦	◦	530
157	Lohmann, Elke	53	Henstedt-Ulzburg	1:06:05 h	◦	◦	47	W 60-2	◦	◦	◦	◦	564
158	Kern, Siegfried	37	LAV Husum	1:06:08 h	111	M 75-4	◦	◦	◦	◦	◦	◦	683
159	Krohn, Arne	80	Norderstedt	1:06:12 h	112	M 30-4	◦	◦	◦	◦	◦	◦	581
160	Schepull, Astrid	61		1:06:36 h	◦	◦	48	W 50-6	◦	◦	◦	◦	556
161	Dal Santo Tornani, Manuela	56	Quickborn	1:06:37 h	◦	◦	49	W 55-5	◦	◦	◦	◦	563
B 162	Fuhr, Karin	41	BSG Rot-Gelb Hamt	1:06:39 h	◦	◦	50	W 70-1	◦	◦	7	W 70-1	571
B 163	Finnern, Liane	66	BSG DG HYP	1:06:42 h	◦	◦	51	W 45-11	◦	◦	8	W 45-2	684
B 164	Leisner, Siegfried	44	BSG Bezirksamt Eim	1:06:44 h	113	M 70-5	◦	◦	15	M 70-1	◦	◦	700
B 165	Schitnik, Claudia	69	BSG HPA / Die Gote	1:06:50 h	◦	◦	52	W 45-12	◦	◦	9	W 45-3	533
166	Jukszat, Julia	75	Quickborn	1:07:15 h	◦	◦	53	W 35-6	◦	◦	◦	◦	519
167	Jukszat, Tim	73	Quickborn	1:07:16 h	114	M 40-18	◦	◦	◦	◦	◦	◦	595
168	Baade, Hartwig	56	BSG E.ON Hanse	1:07:25 h	115	M 55-11	◦	◦	◦	◦	◦	◦	643
169	Stutt, Kristin	78	Prinzenmoorer Laufv	1:07:50 h	◦	◦	54	W 35-7	◦	◦	◦	◦	512
170	Gaedechens, Harriet	59	LT TuS Esingen	1:08:37 h	◦	◦	55	W 55-6	◦	◦	◦	◦	705
171	Süberling, Birgit	66	TuS Holstein Quickb	1:08:58 h	◦	◦	56	W 45-13	◦	◦	◦	◦	545
172	Wrage, Susanne	63	Hamburg	1:09:28 h	◦	◦	57	W 50-7	◦	◦	◦	◦	553
173	Hägele, Birgit	62	Hamburg	1:09:29 h	◦	◦	58	W 50-8	◦	◦	◦	◦	554
B 174	Kamlage, Jens	43	SV Signal Iduna	1:10:11 h	116	M 70-6	◦	◦	16	M 70-2	◦	◦	698
175	Kück, Heinz	55	TSV Bremervörde	1:10:19 h	117	M 55-12	◦	◦	◦	◦	◦	◦	645
176	Bayer, Marita	61	TiB Kreuzberg	1:11:17 h	◦	◦	59	W 50-9	◦	◦	◦	◦	555
177	Gröger, Gerlinde	50	LT TSV Uetersen	1:11:50 h	◦	◦	60	W 60-3	◦	◦	◦	◦	566
B 178	Scharley, Karoline	74	BSG SV Rot Gelb H	1:13:25 h	◦	◦	61	W 40-10	◦	◦	10	W 40-2	736
179	Sachtleben, Richard	38	TuS Holtenau	1:15:21 h	118	M 75-5	◦	◦	◦	◦	◦	◦	672
180	Wolst, Daniela	76	DLRG Rendsburg	1:16:13 h	◦	◦	62	W 35-8	◦	◦	◦	◦	518
181	Hinst, Roswitha	68	Norderstedt	1:17:13 h	◦	◦	63	W 45-14	◦	◦	◦	◦	537
182	Schütt, Günter	36	RT5 Uetersen	1:18:18 h	119	M 75-6	◦	◦	◦	◦	◦	◦	678
183	hintzmann, alfred	34	SG Wasserratten No	1:20:47 h	120	M 80-1	◦	◦	◦	◦	◦	◦	673