

| Platz | Name, Vorname               | Jg | Verein / BSG / Ort       | Zeit        | Männer<br>Ges | Männer<br>AK | Frauen<br>Ges | Frauen<br>AK | Start-<br>Nr. |
|-------|-----------------------------|----|--------------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| ①     | 1 Singer, Michael           | 65 | AIRBUS SG HH             | 0:35:59,9 h | 1             | M 35-1       | °             | °            | 394           |
| ②     | 2 Elsaßer, Ralf             | 58 | LG Elmshorn              | 0:37:16,9 h | 2             | M 45-1       | °             | °            | 426           |
| ③     | 3 Schaettiger, Marko        | 85 | Heidgrabener SV          | 0:37:31,5 h | 3             | M JgA-1      | °             | °            | 425           |
|       | 4 Ebert, Frank              | 65 | Wedeler TSV              | 0:37:52,1 h | 4             | M 35-2       | °             | °            | 446           |
|       | 5 Zurek, Oliver             | 71 | LG Wedel-Pinneberg       | 0:38:05,4 h | 5             | M 30-1       | °             | °            | 322           |
| ④     | 6 Pritzkow, Margit          | 67 | SC-Urania                | 0:38:27,2 h | °             | °            | 1             | W 35-1       | 26            |
|       | 7 Lindner, Patric           | 66 | Hamburg                  | 0:39:53,8 h | 6             | M 35-3       | °             | °            | 437           |
|       | 8 Ryszka, Josef             | 63 | BSG GEHE                 | 0:39:54,9 h | 7             | M 40-1       | °             | °            | 478           |
|       | 9 Steinebach, Achim         | 56 | SV Blankenese            | 0:40:10,7 h | 8             | M 45-2       | °             | °            | 318           |
|       | 10 Schottenhaml, Andreas    | 75 | BSG Kurt Gaden           | 0:40:17,8 h | 9             | M HK-1       | °             | °            | 445           |
|       | 11 Gabrielli, Antonio       | 56 | SV Blankenese            | 0:40:17,9 h | 10            | M 45-3       | °             | °            | 405           |
|       | 12 Spiering, Volker         | 66 | LT Störlauf              | 0:41:07,4 h | 11            | M 35-4       | °             | °            | 440           |
|       | 13 Brücker, Uwe             | 50 | Bahrenfelder SV          | 0:41:26,6 h | 12            | M 50-1       | °             | °            | 472           |
|       | 14 Schieweck, Andreas       | 62 | Die Rotweintrinker       | 0:41:34,0 h | 13            | M 40-2       | °             | °            | 327           |
|       | 15 Görs, Alexander          | 68 | HEK                      | 0:41:39,8 h | 14            | M 35-5       | °             | °            | 356           |
|       | 16 Gagelmann, Michael       | 53 | Moonlight Runners        | 0:41:53,3 h | 15            | M 50-2       | °             | °            | 442           |
|       | 17 Reher, Michael           | 63 | TuS Germania Schnelsen   | 0:41:56,7 h | 16            | M 40-3       | °             | °            | 351           |
|       | 18 Paasch, Sören            | 77 | Lauftreff Wedel          | 0:42:04,0 h | 17            | M HK-2       | °             | °            | 484           |
|       | 19 Luther, Ingo             | 67 | SV Friedrichsgabe        | 0:42:30,5 h | 18            | M 35-6       | °             | °            | 458           |
|       | 20 Waidner, Frank           | 66 | Die Rotweintrinker       | 0:42:35,4 h | 19            | M 35-7       | °             | °            | 332           |
|       | 21 Petersen, Niklas         | 89 | Halstenbek               | 0:42:37,7 h | 20            | M SA-1       | °             | °            | 316           |
|       | 22 Pohlmann, Thomas         | 59 | Moonlight Runners        | 0:42:40,2 h | 21            | M 45-4       | °             | °            | 444           |
|       | 23 Siefke, Klaus            | 57 | MTV Barmstedt            | 0:42:43,6 h | 22            | M 45-5       | °             | °            | 298           |
| ⑤     | 24 Lauk, Ariane             | 87 | Norderstedt Wasserratten | 0:42:49,7 h | °             | °            | 2             | W JgB-1      | 466           |
|       | 25 Kleinwort, Ernst-Herbert | 54 | TSV Holm                 | 0:42:51,1 h | 23            | M 50-3       | °             | °            | 469           |
|       | 26 Pritzkow, Dirk           | 69 | Schenefeld               | 0:43:36,6 h | 24            | M 35-8       | °             | °            | 25            |
| ⑥     | 27 Singer, Sabine           | 67 | AIRBUS SG HH             | 0:44:06,9 h | °             | °            | 3             | W 35-2       | 393           |
|       | 28 Harkenthal, Heiner       | 53 | BSG Gruner + Jahr        | 0:44:37,1 h | 25            | M 50-4       | °             | °            | 23            |
|       | 29 Kokartis, Jens           | 64 | Tornesch                 | 0:44:39,5 h | 26            | M 40-4       | °             | °            | 387           |
|       | 30 Eichfelder, Rolf         | 50 | Lauftreff Wedel          | 0:44:44,4 h | 27            | M 50-5       | °             | °            | 19            |
|       | 31 Rhau, Thomas             | 60 | Komet Blankenese         | 0:44:54,0 h | 28            | M 40-5       | °             | °            | 367           |
|       | 32 Eden, Jens               | 50 |                          | 0:44:55,2 h | 29            | M 50-6       | °             | °            | 424           |
|       | 33 Mallon, Alexander        | 73 | THW Kiel                 | 0:44:57,5 h | 30            | M 30-2       | °             | °            | 380           |

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|-------|--------------------------|----|------------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| 34    | Luther, Olaf             | 63 | U                      | 0:45:04,8 h | 31            | M 40-6       | °             | °            | 462           |
| 35    | Feick, Joachim           | 61 | BSG Deutscher Ring     | 0:45:26,5 h | 32            | M 40-7       | °             | °            | 422           |
| 36    | Grabow, Maik             | 83 | Komet Blankenese       | 0:45:34,8 h | 33            | M Jun-1      | °             | °            | 368           |
| 37    | Seeger, Tom              | 70 | Hamburg                | 0:45:40,8 h | 34            | M 30-3       | °             | °            | 455           |
| 38    | Korf, Paul               | 49 | Hamburg                | 0:45:44,5 h | 35            | M 55-1       | °             | °            | 423           |
| 39    | Hilmer, Hans-Jürgen      | 60 | LT TuS Esingen         | 0:45:48,2 h | 36            | M 40-8       | °             | °            | 1             |
| 40    | Reher, Thomas            | 57 | CCP Norderstedt        | 0:46:06,3 h | 37            | M 45-6       | °             | °            | 378           |
| 41    | Möser, Christian         | 54 | Heidgrabener SV        | 0:46:34,1 h | 38            | M 50-7       | °             | °            | 11            |
| 42    | Neidenberger, Karl-Heinz | 54 | Elmshorn               | 0:46:46,2 h | 39            | M 50-8       | °             | °            | 249           |
| 43    | Grabow, Olaf             | 59 | Komet Blankenese       | 0:46:48,4 h | 40            | M 45-7       | °             | °            | 369           |
| 44    | Unterspann, Klaus        | 41 | HT                     | 0:46:53,3 h | 41            | M 60-1       | °             | °            | 4             |
| 45    | Baumann, Jörg            | 62 | Die Rotweintrinker     | 0:47:07,7 h | 42            | M 40-9       | °             | °            | 328           |
| 46    | Maaß, Michael            | 56 | TuS Germania Schnelsen | 0:47:08,9 h | 43            | M 45-8       | °             | °            | 350           |
| 47    | Friedrich, Sven          | 75 | Hamburg                | 0:47:10,1 h | 44            | M HK-3       | °             | °            | 307           |
| 48    | Schuetz, Raimund         | 37 | Neuwulmstorg           | 0:47:17,3 h | 45            | M 65-1       | °             | °            | 434           |
| 49    | Weiss, Norbert           | 49 | Hamburg                | 0:47:44,9 h | 46            | M 55-2       | °             | °            | 417           |
| 50    | Wonschik, Werner         | 37 | Hamburg                | 0:47:53,4 h | 47            | M 65-2       | °             | °            | 2             |
| 51    | Hörburger, Timo          | 87 | LG Wedel-Pinneberg     | 0:48:08,0 h | 48            | M JgB-1      | °             | °            | 397           |
| 52    | Echelmeyer, Joachim      | 63 | TuS Germania Schnelsen | 0:48:10,4 h | 49            | M 40-10      | °             | °            | 248           |
| 53    | Martens, Peter           | 42 | Hamburg                | 0:48:15,2 h | 50            | M 60-2       | °             | °            | 471           |
| 54    | Rudolph, Florian         | 80 | BSG DESY               | 0:48:16,4 h | 51            | M HK-4       | °             | °            | 363           |
| 55    | Daumann, Christoph       | 58 | Hamburg                | 0:48:17,5 h | 52            | M 45-9       | °             | °            | 305           |
| 56    | Reichert, Bastian        | 87 | ATSV                   | 0:48:26,1 h | 53            | M JgB-2      | °             | °            | 373           |
| 57    | Feisthauer, Frank        | 71 | Halstenbek             | 0:48:48,8 h | 54            | M 30-4       | °             | °            | 485           |
| 58    | Danckers, Joachim        | 63 | VFL Pinneberg          | 0:48:58,5 h | 55            | M 40-11      | °             | °            | 247           |
| 59    | Weber, Wolfgang          | 37 |                        | 0:49:11,8 h | 56            | M 65-3       | °             | °            | 479           |
| 60    | Roemmling, Ulf           | 56 | SC Union 03            | 0:49:31,2 h | 57            | M 45-10      | °             | °            | 358           |
| 61    | Henke, Lutz              | 61 | Wedel                  | 0:49:32,4 h | 58            | M 40-12      | °             | °            | 24            |
| 62    | Leucio, Rucci            | 57 | Holstein-Quickborn     | 0:49:34,7 h | 59            | M 45-11      | °             | °            | 460           |
| 63    | Quassowki, Gunnar        | 77 | Buchholz               | 0:49:45,5 h | 60            | M HK-5       | °             | °            | 388           |
| 64    | Petersen, Lars           | 84 | Fitnessland Horst      | 0:50:02,5 h | 61            | M Jun-2      | °             | °            | 6             |
| 65    | Felten, Nadine           | 75 | THW Kiel               | 0:50:04,7 h | °             | °            | 4             | W HK-1       | 379           |
| 66    | Lohmann, Harro           | 46 | LT Holm                | 0:50:11,0 h | 62            | M 55-3       | °             | °            | 467           |

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|-------|-----------------------|----|-----------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| 67    | Mentz, Hubert         | 32 | LG-Wedel-Pinneberg    | 0:50:14,4 h | 63            | M 70-1       | °             | °            | 449           |
| 68    | Eichfelder, Renate    | 50 | Lauftreff Wedel       | 0:50:21,6 h | °             | °            | 5             | W 50-1       | 18            |
| 69    | Regge, Siegfried      | 42 | Wedel                 | 0:50:30,2 h | 64            | M 60-3       | °             | °            | 480           |
| 70    | Wasserberg, Nicolas   | 74 | Hamburg               | 0:50:43,4 h | 65            | M 30-5       | °             | °            | 421           |
| 71    | Sievers, Susanne      | 67 | Fitnessland Horst     | 0:50:44,6 h | °             | °            | 6             | W 35-3       | 5             |
| 72    | Ahrens, Heiner        | 46 | Hamburg               | 0:50:49,4 h | 66            | M 55-4       | °             | °            | 310           |
| 73    | Jaeger, Wolfgang      | 50 | Heidgrabener SV       | 0:50:54,3 h | 67            | M 50-9       | °             | °            | 346           |
| 74    | Jäger, Frank          | 68 | Tornesch              | 0:51:00,4 h | 68            | M 35-9       | °             | °            | 399           |
| 75    | Grote, Stefan         | 62 | Tornesch              | 0:51:01,5 h | 69            | M 40-13      | °             | °            | 359           |
| 76    | Behr, Mario           | 62 | Luruper Frühaufsteher | 0:51:13,6 h | 70            | M 40-14      | °             | °            | 385           |
| 77    | Weber, Ingo           | 67 | Blau-Weiss Schenefeld | 0:51:16,0 h | 71            | M 35-10      | °             | °            | 374           |
| 78    | Modest, Christian     | 83 | Schenefeld            | 0:51:16,9 h | 72            | M Jun-3      | °             | °            | 409           |
| 79    | Prieß, Holger         | 63 | Appen                 | 0:51:25,6 h | 73            | M 40-15      | °             | °            | 407           |
| 80    | Hantelmann, Horst     | 36 | Elmshorn              | 0:51:28,1 h | 74            | M 65-4       | °             | °            | 17            |
| 81    | Behrens, Michael      | 50 | Hamburg               | 0:51:31,5 h | 75            | M 50-10      | °             | °            | 429           |
| 82    | Stade, Andreas        | 67 | Schenefeld            | 0:51:33,0 h | 76            | M 35-11      | °             | °            | 415           |
| 83    | Zimmermann, Dr., Jörg | 43 | Die Wedeler Ärzte     | 0:51:35,3 h | 77            | M 60-4       | °             | °            | 412           |
| 84    | Kälberloh, Benjamin   | 83 | Komet Blankenese      | 0:51:38,8 h | 78            | M Jun-4      | °             | °            | 483           |
| 85    | Thom, Lothar          | 44 | RTV Rellingen         | 0:51:48,5 h | 79            | M 60-5       | °             | °            | 433           |
| 86    | Hagen, Janko          | 75 | Halstenbek            | 0:51:54,5 h | 80            | M HK-6       | °             | °            | 381           |
| 87    | Budde, Torsten        | 66 | Halstenbek            | 0:51:55,6 h | 81            | M 35-12      | °             | °            | 382           |
| 88    | Heck, Carsten         | 63 | VFL Pinneberg         | 0:51:58,1 h | 82            | M 40-16      | °             | °            | 20            |
| 89    | Reimer, Torsten       | 54 | Halstenbek            | 0:52:12,5 h | 83            | M 50-11      | °             | °            | 441           |
| 90    | Goldenstein, Rüdiger  | 55 | Halstenbek            | 0:52:14,8 h | 84            | M 45-12      | °             | °            | 438           |
| 91    | Kohrs, Sabine         | 57 | Die Rotweintrinker    | 0:52:14,9 h | °             | °            | 7             | W 45-1       | 331           |
| 92    | Maaß, Jörg            | 55 | Tornesch              | 0:52:16,2 h | 85            | M 45-13      | °             | °            | 28            |
| 93    | Hermann, Falk         | 74 | RCA                   | 0:52:21,0 h | 86            | M 30-6       | °             | °            | 386           |
| 94    | Meyer, Wiebke         | 64 | Fitnessland Horst     | 0:52:22,2 h | °             | °            | 8             | W 40-1       | 7             |
| 95    | Fischer, Lina         | 90 | Halstenbek            | 0:52:31,7 h | °             | °            | 9             | W SA-1       | 377           |
| 96    | Wasserberg, Juergen   | 50 | Hamburg               | 0:52:40,2 h | 87            | M 50-12      | °             | °            | 420           |
| 97    | Münchow, Nicola       | 64 | MTV Barmstedt         | 0:52:40,3 h | °             | °            | 10            | W 40-2       | 390           |
| 98    | Riemenschneider, Arne | 78 | Komet Blankenese      | 0:52:45,2 h | 88            | M HK-7       | °             | °            | 366           |
| 99    | Wehrend, Marko        | 77 | SV Lurup              | 0:52:46,4 h | 89            | M HK-8       | °             | °            | 357           |

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|-------|--------------------------|----|-----------------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| 100   | Reske, Guenter           | 41 | BSG-Saga                    | 0:52:55,7 h | 90            | M 60-6       | °             | °            | 416           |
| 101   | Hinsch, Tobias           | 86 | Pinneberg                   | 0:52:55,8 h | 91            | M JgA-2      | °             | °            | 326           |
| 102   | Brehmer, Alexander       | 40 | PLG Phillips Leichtathletik | 0:52:59,4 h | 92            | M 60-7       | °             | °            | 481           |
| 103   | Schütt, Rul              | 36 | Bullenkuhlen                | 0:53:04,3 h | 93            | M 65-5       | °             | °            | 432           |
| 104   | Schröder, Magnus         | 58 | Halstenbek                  | 0:53:30,7 h | 94            | M 45-14      | °             | °            | 439           |
| 105   | Stenner, Reiner          | 50 | TSV Holm                    | 0:53:37,9 h | 95            | M 50-13      | °             | °            | 477           |
| 106   | Neumann, Sven            | 69 | Rellingen                   | 0:53:40,4 h | 96            | M 35-13      | °             | °            | 427           |
| 107   | Schultz, Horst           | 43 | VFL Pinneberg               | 0:53:41,7 h | 97            | M 60-8       | °             | °            | 250           |
| 108   | Hinsch, Volker           | 47 | BSG FA Blankenese           | 0:53:42,8 h | 98            | M 55-5       | °             | °            | 325           |
| 109   | Noack, Bruno             | 36 | TSV Uetersen-LT             | 0:53:43,0 h | 99            | M 65-6       | °             | °            | 300           |
| 110   | Behrens, Michael         | 47 | BSG DESY                    | 0:53:44,1 h | 100           | M 55-6       | °             | °            | 362           |
| 111   | Kellhammer, Ernst        | 59 |                             | 0:53:45,3 h | 101           | M 45-15      | °             | °            | 482           |
| 112   | Fonten, Eina             | 84 | Pinneberg                   | 0:53:53,6 h | °             | °            | 11            | W Jun-1      | 453           |
| 113   | Eich, Janna              | 85 | SUS Waldenau                | 0:53:53,7 h | °             | °            | 12            | W JgA-1      | 454           |
| 114   | Ivens, Prof. Dr., Ludwig | 37 | LT Seeth-Ekholz             | 0:54:04,6 h | 102           | M 65-7       | °             | °            | 324           |
| 115   | Hammer, Kyrill           | 66 | Hamburg                     | 0:54:05,7 h | 103           | M 35-14      | °             | °            | 404           |
| 116   | Schick, Boris            | 83 | Fitnessland Horst           | 0:54:22,6 h | 104           | M Jun-5      | °             | °            | 9             |
| 117   | Winkler, Joachim         | 52 | SUS Waldenau                | 0:54:24,9 h | 105           | M 50-14      | °             | °            | 353           |
| 118   | Wegener, Guenter         | 52 | TUS Gruenendeich/Stein      | 0:54:27,4 h | 106           | M 50-15      | °             | °            | 443           |
| 119   | Peters, Matthias         | 83 | Schenefeld                  | 0:54:47,9 h | 107           | M Jun-6      | °             | °            | 447           |
| 120   | Schinke, Karl-Heinz      | 55 | TSV Uetersen-LT             | 0:54:57,5 h | 108           | M 45-16      | °             | °            | 301           |
| 121   | von Borstel, Agnes       | 77 | Hamburg                     | 0:55:04,7 h | °             | °            | 13            | W HK-2       | 320           |
| 122   | Schmidt, Susanna         | 59 | TSV Prisdorf                | 0:55:41,1 h | °             | °            | 14            | W 45-2       | 459           |
| 123   | Radtke, Dietmar          | 71 | Tangsteter SV               | 0:55:42,3 h | 109           | M 30-7       | °             | °            | 428           |
| 124   | Engel, Jürgen            | 52 | Halstenbek                  | 0:55:49,3 h | 110           | M 50-16      | °             | °            | 436           |
| 125   | Kerschies, Harald        | 67 | TuS Quickborn               | 0:56:23,2 h | 111           | M 35-15      | °             | °            | 334           |
| 126   | Tietjen, Mary            | 62 | Fitnessland Horst           | 0:56:29,2 h | °             | °            | 15            | W 40-3       | 8             |
| 127   | Spoth, Horst             | 34 | BSG HSH Nordbank            | 0:56:53,3 h | 112           | M 70-2       | °             | °            | 304           |
| 128   | Grimm, Heiko             | 59 | SuS Waldenau                | 0:57:04,2 h | 113           | M 45-17      | °             | °            | 361           |
| 129   | KAJAH, Thomas            | 63 | Rellingen                   | 0:57:17,4 h | 114           | M 40-17      | °             | °            | 435           |
| 130   | Röker, Michael           | 55 | BSG Siemens Hamburg         | 0:57:21,2 h | 115           | M 45-18      | °             | °            | 323           |
| 131   | Köppen, Gunda            | 48 | Heidgrabener SV             | 0:57:24,6 h | °             | °            | 16            | W 55-1       | 14            |
| 132   | Stegemann, Eckart        | 52 | Pinneberg                   | 0:57:39,1 h | 116           | M 50-17      | °             | °            | 292           |

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|-------|-------------------------|----|------------------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| 133   | Schinke, Vera           | 57 | TSV Uetersen-LT              | 0:57:44,1 h | °             | °            | 17            | W 45-3       | 302           |
| 134   | Fiegenbaum, Karl-Ludwig | 51 | TURA Harksheide              | 0:57:47,5 h | 117           | M 50-18      | °             | °            | 398           |
| 135   | Kohl, Andreas           | 61 | BSG TÜV Nord                 | 0:57:51,3 h | 118           | M 40-18      | °             | °            | 29            |
| 136   | Grimm, Kerstin          | 67 | SuS Waldenau                 | 0:57:56,1 h | °             | °            | 18            | W 35-4       | 360           |
| 137   | Sundermann, Roland      | 46 | TUS Grünendeich-Steinkircher | 0:57:58,4 h | 119           | M 55-7       | °             | °            | 411           |
| 138   | Sinnhoff, Lars          | 68 | Bönningstedt                 | 0:57:58,5 h | 120           | M 35-16      | °             | °            | 403           |
| 139   | Grygo, Klaus            | 60 | TSV Prisdorf                 | 0:58:03,3 h | 121           | M 40-19      | °             | °            | 384           |
| 140   | Voigt, Jürgen           | 51 | TSV Heist                    | 0:58:17,6 h | 122           | M 50-19      | °             | °            | 3             |
| 141   | Müller, Hans            | 31 | Blau-Weiss Schenefeld        | 0:58:20,1 h | 123           | M 70-3       | °             | °            | 27            |
| 142   | Schumacher, Andrea      | 59 | VFL Pinneberg                | 0:58:28,6 h | °             | °            | 19            | W 45-4       | 299           |
| 143   | Holzauer, Brita         | 44 | TuS Quickborn                | 0:58:30,9 h | °             | °            | 20            | W 60-1       | 344           |
| 144   | Arnold, Walter          | 51 | Fahltrunners                 | 0:58:31,1 h | 124           | M 50-20      | °             | °            | 383           |
| 145   | Brakmann, Wolfgang      | 52 | Hamburg                      | 0:58:36,0 h | 125           | M 50-21      | °             | °            | 321           |
| 146   | Nelle, Rita             | 40 | SVE Eidelstedt von 1880 e.v  | 0:58:38,2 h | °             | °            | 21            | W 60-2       | 418           |
| 147   | Radzuweit, Michael      | 60 |                              | 0:58:48,9 h | 126           | M 40-20      | °             | °            | 10            |
| 148   | Hartwich, Marina        | 66 | Halstenbek                   | 0:58:49,1 h | °             | °            | 22            | W 35-5       | 376           |
| 149   | Zernitz, Ariane         | 58 | Blau-Weiss Schenefeld        | 0:58:50,3 h | °             | °            | 23            | W 45-5       | 375           |
| 150   | Stegemann, Heike        | 62 | Pinneberg                    | 0:58:55,2 h | °             | °            | 24            | W 40-4       | 291           |
| 151   | Danöhl, Britta          | 63 | SuS Waldenau                 | 0:59:18,0 h | °             | °            | 25            | W 40-5       | 290           |
| 152   | Schulz, Burga           | 38 | Klein Nordende               | 0:59:18,1 h | °             | °            | 26            | W 65-1       | 410           |
| 153   | Pudenz, Ingeborg        | 48 | Halstenbek                   | 0:59:25,2 h | °             | °            | 27            | W 55-2       | 312           |
| 154   | Dierk, Mathias          | 69 | Pinneberg                    | 0:59:30,0 h | 127           | M 35-17      | °             | °            | 392           |
| 155   | Kreins, Helen           | 61 | Halstenbek                   | 0:59:31,3 h | °             | °            | 28            | W 40-6       | 470           |
| 156   | Lohse, Rolf             | 59 | Hamburg                      | 0:59:34,8 h | 128           | M 45-19      | °             | °            | 293           |
| 157   | Grewoldt, Tobias        | 78 | Komet Blankenese             | 0:59:37,3 h | 129           | M HK-9       | °             | °            | 370           |
| 158   | Seligmann, Frauke       | 49 | Heidgrabener SV              | 0:59:46,8 h | °             | °            | 29            | W 55-3       | 13            |
| 159   | Croissier, Rene         | 50 | TuS Quickborn                | 0:59:47,0 h | 130           | M 50-22      | °             | °            | 413           |
| 160   | Jähning, Maximilian     | 89 | TuS Quickborn                | 0:59:47,9 h | 131           | M SA-2       | °             | °            | 333           |
| 161   | Hammermann, Erika       | 41 | Heidgrabener SV              | 0:59:53,0 h | °             | °            | 30            | W 60-3       | 12            |
| 162   | Reimann, Martin         | 67 | Pinneberg                    | 0:59:55,3 h | 132           | M 35-18      | °             | °            | 391           |
| 163   | Frank, Gisela           | 44 | MTV Ellerhoop                | 1:00:05,0 h | °             | °            | 31            | W 60-4       | 282           |
| 164   | Jäger, Edmont           | 57 | TuS Quickborn                | 1:00:15,7 h | 133           | M 45-20      | °             | °            | 339           |
| 165   | Sielaff, Waltraud       | 37 | LG Elmshorn                  | 1:00:25,4 h | °             | °            | 32            | W 65-2       | 319           |

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort    | Zeit        | Männer<br>Ges | Männer<br>AK | Frauen<br>Ges | Frauen<br>AK | Start-<br>Nr. |
|-------|------------------------|----|-----------------------|-------------|---------------|--------------|---------------|--------------|---------------|
| 166   | Grewoldt, Dieter       | 47 | Komet Blankenese      | 1:00:27,7 h | 134           | M 55-8       | °             | °            | 365           |
| 167   | Eckinger, Angelika     | 57 | TSV Wedel             | 1:00:30,3 h | °             | °            | 33            | W 45-6       | 419           |
| 168   | Lüders, Susanne        | 59 | Hamburg               | 1:00:32,7 h | °             | °            | 34            | W 45-7       | 450           |
| 169   | Gravemann, Dieter      | 49 | TuS Quickborn         | 1:00:48,3 h | 135           | M 55-9       | °             | °            | 342           |
| 170   | Behnke, Rolf           | 58 | TuS Quickborn         | 1:00:51,8 h | 136           | M 45-21      | °             | °            | 338           |
| 171   | Pankow-Kock, Jutta     | 57 | TuS Quickborn         | 1:00:52,1 h | °             | °            | 35            | W 45-8       | 340           |
| 172   | Lilischkis, Maike      | 62 | Schenefeld            | 1:01:05,2 h | °             | °            | 36            | W 40-7       | 284           |
| 173   | Köck-Sauvagerd, Sigrid | 58 | Die Rotweintrinker    | 1:01:46,1 h | °             | °            | 37            | W 45-9       | 329           |
| 174   | Dreessen, Anastasios   | 90 | Pinneberg             | 1:01:46,2 h | 137           | M SA-3       | °             | °            | 306           |
| 175   | Petersen, Sabine       | 60 | Halstenbek            | 1:01:49,8 h | °             | °            | 38            | W 40-8       | 315           |
| 176   | Roselli, Anuschka      | 68 | Hamburg               | 1:02:10,2 h | °             | °            | 39            | W 35-6       | 401           |
| 177   | Schüöer, christian     | 63 | Bargtheide            | 1:02:12,7 h | 138           | M 40-21      | °             | °            | 464           |
| 178   | Reinfelder, Gerhard    | 36 | Blau-Weiss Schenefeld | 1:02:14,0 h | 139           | M 65-8       | °             | °            | 30            |
| 179   | Wöbcke-Otto, Elsbeth   | 53 | VFL Pinneberg         | 1:02:23,5 h | °             | °            | 40            | W 50-2       | 468           |
| 180   | Becker, Birgit         | 59 | Mottencastle EV       | 1:02:24,6 h | °             | °            | 41            | W 45-10      | 448           |
| 181   | Breitenstein, Manfred  | 53 | Pinneberg             | 1:02:39,3 h | 140           | M 50-23      | °             | °            | 461           |
| 182   | Sauvagerd, Uli         | 59 | Die Rotweintrinker    | 1:02:43,8 h | 141           | M 45-22      | °             | °            | 330           |
| 183   | Lillie, Birgit         | 56 | Pinneberg             | 1:02:47,5 h | °             | °            | 42            | W 45-11      | 463           |
| 184   | Moritz, Swantje        | 59 | TSV Uetersen-LT       | 1:03:03,2 h | °             | °            | 43            | W 45-12      | 303           |
| 185   | Kröning, Claudia       | 64 | Hamburg               | 1:03:34,7 h | °             | °            | 44            | W 40-9       | 400           |
| 186   | Weiß, Julien           | 88 | ATSV                  | 1:03:36,0 h | 142           | M JgB-3      | °             | °            | 372           |
| 187   | Rasmussen, Ingrid      | 52 | Blau-Weiß Schenefeld  | 1:03:42,0 h | °             | °            | 45            | W 50-3       | 16            |
| 188   | Rietzke-Eich, Gabriele | 50 | SUS Waldenau          | 1:03:52,6 h | °             | °            | 46            | W 50-4       | 457           |
| 189   | Dehnel, Antje          | 40 | DUWO 08               | 1:04:23,0 h | °             | °            | 47            | W 60-5       | 431           |
| 190   | Pingel, Nadin          | 80 | Hamburg               | 1:06:20,0 h | °             | °            | 48            | W HK-3       | 313           |
| 191   | Kreutz, Claudia        | 56 | Pinneberg             | 1:06:23,4 h | °             | °            | 49            | W 45-13      | 311           |
| 192   | Roggenkamp, Christa    | 54 | Heidgrabener SV       | 1:06:41,5 h | °             | °            | 50            | W 50-5       | 349           |
| 193   | Lohse, Gerda           | 45 | Heidgrabener SV       | 1:06:42,7 h | °             | °            | 51            | W 55-4       | 348           |
| 194   | Meyer, Carola          | 65 | SC Pinneberg          | 1:07:31,2 h | °             | °            | 52            | W 35-7       | 287           |
| 195   | Rieck, Daniela         | 82 | Heidgrabener SV       | 1:09:02,7 h | °             | °            | 53            | W HK-4       | 347           |
| 196   | Zeckzer, Ulli          | 54 | Hamburg               | 1:09:23,2 h | 143           | M 50-24      | °             | °            | 364           |
| 197   | Hartmann, Anja         | 58 | Hamburg               | 1:09:30,4 h | °             | °            | 54            | W 45-14      | 309           |
| 198   | Kircher-Kruse, Anke    | 42 | Blau-Weiss Schenefeld | 1:09:43,7 h | °             | °            | 55            | W 60-6       | 371           |

| <b>Platz</b> | <b>Name, Vorname</b> | <b>Jg</b> | <b>Verein / BSG / Ort</b> | <b>Zeit</b> | <b>Männer<br/>Ges</b> | <b>Männer<br/>AK</b> | <b>Frauen<br/>Ges</b> | <b>Frauen<br/>AK</b> | <b>Start-<br/>Nr.</b> |
|--------------|----------------------|-----------|---------------------------|-------------|-----------------------|----------------------|-----------------------|----------------------|-----------------------|
| 199          | Thiel, Jenifer       | 83        | Pinneberg                 | 1:09:43,8 h | °                     | °                    | 56                    | W Jun-2              | 452                   |
| 200          | Krasel, Sabine       | 55        | Hamburg                   | 1:09:52,3 h | °                     | °                    | 57                    | W 45-15              | 308                   |
| 201          | Schoeppler, Gabriela | 61        | SC Pinneberg              | 1:10:51,3 h | °                     | °                    | 58                    | W 40-10              | 285                   |
| 202          | Prendel, Maria       | 62        | SC Pinneberg              | 1:11:20,3 h | °                     | °                    | 59                    | W 40-11              | 286                   |
| 203          | Schüler, Ingrid      | 55        | Bargtheide                | 1:11:29,8 h | °                     | °                    | 60                    | W 45-16              | 465                   |
| 204          | Eich, Rudolf         | 49        | SUS Waldenau              | 1:13:23,3 h | 144                   | M 55-10              | °                     | °                    | 456                   |
| 205          | Stark, Natalie       | 80        | Schenefeld                | 1:15:42,0 h | °                     | °                    | 61                    | W HK-5               | 317                   |
| 206          | Kowalske, Guenter    | 43        | Pinneberg                 | 1:20:36,1 h | 145                   | M 60-9               | °                     | °                    | 451                   |