

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	1 Günther, Fabian	94	Tri Team Hamburg	0:18:17 h	2	0:50:18 h	2	1:08:35 h	1	0:39:57 h	2	1:48:32 h	M AK 1	242
S	2 RSC Kattenberg/SGW Nord		Grundt, Neufeind, Grube	0:18:02 h	1	0:50:57 h	4	1:08:59 h	2	0:41:25 h	5	1:50:24 h	Staffel-M	423
S	3 SG Wasserratten Norderste		Schröter, Klingenberg, Grube	0:20:13 h	13	0:49:43 h	1	1:09:56 h	3	0:40:36 h	4	1:50:32 h	Staffel-M	421
M	4 Röhrken, Golo	88	Tri Team Hamburg	0:19:19 h	8	0:50:51 h	3	1:10:10 h	4	0:42:12 h	8	1:52:22 h	M AK 2	217
	5 Gayer, Nils	85	Tri Endurance Germany	0:19:13 h	7	0:52:41 h	7	1:11:54 h	7	0:40:30 h	3	1:52:24 h	M AK 3	332
	6 Gehse, Frank	67	SG Wasserratten Norderstedt	0:19:12 h	6	0:52:28 h	5	1:11:40 h	5	0:41:59 h	7	1:53:39 h	M Sen2	265
M	7 Dicke, Benjamin	83	Tri Team Hamburg	0:19:19 h	8	0:52:34 h	6	1:11:53 h	6	0:41:49 h	6	1:53:42 h	M AK 3	239
	8 Ohlsen, Jakob	90	SC Itzehoe	0:19:08 h	4	0:55:41 h	14	1:14:49 h	8	0:42:36 h	11	1:57:25 h	M AK 2	473
M	9 Kretz, Philip	86	Tri Michels Hamburg	0:19:09 h	5	0:57:46 h	32	1:16:55 h	15	0:42:22 h	9	1:59:17 h	M AK 2	399
S	10 TuS Holstein Quickborn 1		Arndt, Mörschel, Noritzsch	0:20:41 h	18	0:56:12 h	18	1:16:53 h	14	0:42:30 h	10	1:59:23 h	Staffel-M	411
M	11 Lehmann, Sergej	86	Team Triathlon Hamburger H	0:18:33 h	3	0:58:31 h	42	1:17:04 h	16	0:43:30 h	16	2:00:34 h	M AK 2	349
	12 König, Lars	74	SG Athletico Büdelsdorf	0:20:18 h	14	0:57:10 h	26	1:17:28 h	17	0:43:18 h	14	2:00:46 h	M Sen1	213
S	13 BSG DerFahrradladenAltona		Hoch, Oelkers	0:21:29 h	30	0:53:28 h	8	1:14:57 h	9	0:45:57 h	26	2:00:54 h	Staffel-M	435
	14 Weinrich, Stephan	73	Mach3 Sportzentrum Hambur	0:19:41 h	12	0:58:53 h	45	1:18:34 h	24	0:42:37 h	12	2:01:11 h	M Sen1	249
M	15 Schäfer, Sergej	85	Tri Team Hamburg	0:19:19 h	8	0:55:45 h	15	1:15:04 h	10	0:46:36 h	30	2:01:40 h	M AK 3	256
	16 Krüger, Marcel	95	Sport-Club Itzehoe	0:21:03 h	24	0:54:56 h	12	1:15:59 h	11	0:45:43 h	24	2:01:42 h	M AK 1	378
	17 chavet, francois	80	Triabolos Hamburg	0:20:49 h	19	0:57:48 h	33	1:18:37 h	25	0:43:13 h	13	2:01:50 h	M AK 4	307
	18 Möller gen. Riepe, Sebastia	76	Open Sports Triathlon	0:20:52 h	20	0:56:54 h	21	1:17:46 h	22	0:45:42 h	23	2:03:28 h	M AK 4	389
	19 Kröning, Wolfgang	64	Team Erdinger Alkoholfrei	0:21:03 h	24	0:55:16 h	13	1:16:19 h	12	0:47:11 h	33	2:03:30 h	M Sen3	297
	20 Plescher, Stefan	69	FC St. Pauli Triathlon	0:19:35 h	11	1:00:17 h	65	1:19:52 h	35	0:43:46 h	18	2:03:38 h	M Sen2	327
	21 Kurth, Damien	84		0:21:40 h	34	0:54:53 h	11	1:16:33 h	13	0:47:12 h	34	2:03:45 h	M AK 3	476
	22 bruhnke, olaf	69	BSG Dentologicum	0:20:28 h	16	0:59:41 h	57	1:20:09 h	40	0:43:40 h	17	2:03:49 h	M Sen2	393
B	23 Ohagen, Hendrik	77	BSG Philips LG	0:21:28 h	29	0:56:10 h	17	1:17:38 h	21	0:46:15 h	27	2:03:53 h	M AK 4	347
S	24 The Flashes		Schütt, Mund, Reimann	0:23:32 h	70	1:01:40 h	76	1:25:12 h	71	0:39:26 h	1	2:04:38 h	Staffel-M	417
B	25 Hofmann, Markus	82	BSG TK	0:21:02 h	23	0:56:51 h	20	1:17:53 h	23	0:47:13 h	35	2:05:06 h	M AK 3	211
	26 Diepers, Kai Dave	91	Kiel	0:20:57 h	21	1:00:56 h	72	1:21:53 h	49	0:43:26 h	15	2:05:19 h	M AK 1	459
	27 Haberstock, Philipp	71	Triabolos Hamburg	0:20:26 h	15	0:57:04 h	23	1:17:30 h	18	0:47:58 h	41	2:05:28 h	M Sen1	361
M	28 Hennecke, Anke	76	Kaifu Tri Team	0:21:27 h	28	0:58:30 h	41	1:19:57 h	38	0:45:36 h	22	2:05:33 h	W AK 4	232
	29 Frick, Axel	62	Trimaniacs	0:20:29 h	17	0:57:06 h	24	1:17:35 h	19	0:48:02 h	42	2:05:37 h	M Sen3	267
S	30 Quickies		Ludwig, Kaschke	0:21:04 h	26	0:59:42 h	58	1:20:46 h	44	0:45:18 h	20	2:06:04 h	Staffel-M	419
	31 Blase, Danny	88	SG Athletico Büdelsdorf	0:21:25 h	27	0:58:10 h	38	1:19:35 h	32	0:46:36 h	30	2:06:11 h	M AK 2	351
	32 Warneck, Marco	78	Tri Endurance Germany	0:20:58 h	22	0:58:25 h	39	1:19:23 h	26	0:47:23 h	37	2:06:46 h	M AK 4	320
M	33 Roiss, Mika	79	Triabolos Hamburg	0:21:58 h	41	0:57:28 h	27	1:19:26 h	28	0:47:45 h	38	2:07:11 h	M AK 4	289
B	34 Milewski, Marek	67	BSG SG Stern Hamburg	0:23:18 h	64	0:54:19 h	10	1:17:37 h	20	0:49:38 h	58	2:07:15 h	M Sen2	223
B	35 Winkelmann, Olaf	70	BSG Hamburg Wasser	0:21:36 h	31	0:58:02 h	35	1:19:38 h	33	0:47:48 h	40	2:07:26 h	M Sen2	340
	36 Näder, Marco	71	Hamburg	0:22:00 h	43	0:59:05 h	50	1:21:05 h	48	0:46:49 h	32	2:07:54 h	M Sen1	316
S	37 The three Sweet Sixtees		Schirmer, Elfert, Matzen	0:28:28 h	150	0:54:10 h	9	1:22:38 h	55	0:45:34 h	21	2:08:12 h	Staffel-M	432
M	38 Vieth, Arne	73	Triabolos Hamburg	0:21:54 h	39	0:58:06 h	36	1:20:00 h	39	0:48:17 h	44	2:08:17 h	M Sen1	311
M	39 Schmidt, Katharina	80	Triabolos Hamburg	0:22:02 h	44	0:58:58 h	48	1:21:00 h	46	0:47:21 h	36	2:08:21 h	W AK 4	288
	40 Leidecker, Ingo	74	Hamburg	0:24:36 h	86	0:57:44 h	31	1:22:20 h	52	0:46:16 h	28	2:08:36 h	M Sen1	218

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	41	Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:22:02 h	44	0:57:29 h	29	1:19:31 h	30	0:49:14 h	52	2:08:45 h	M Sen3	296
	42	Himstedt, Philipp	92	Tri Team Hamburg	0:22:54 h	61	0:57:36 h	30	1:20:30 h	42	0:49:07 h	51	2:09:37 h	M AK 1	261
M	43	Meyer, Juliane	80	Triabolos Hamburg	0:22:03 h	47	0:58:09 h	37	1:20:12 h	41	0:49:47 h	59	2:09:59 h	W AK 4	380
S	44	TTS-Ladies		Poon, Haberfelder, Toerber	0:22:22 h	54	0:58:41 h	43	1:21:03 h	47	0:49:04 h	50	2:10:07 h	Staffel-W	410
	45	Jørgensen, Kristof	89	Triabolos	0:22:03 h	47	0:58:55 h	47	1:20:58 h	45	0:49:15 h	54	2:10:13 h	M AK 2	452
M	46	Rath, Marcel	82	HT16 Tri-Team Hamburg	0:22:03 h	47	0:59:53 h	62	1:21:56 h	50	0:48:29 h	47	2:10:25 h	M AK 3	235
M	47	Hildebrandt, Dirk	63	V.A.F. Triathlon	0:22:52 h	60	0:59:45 h	59	1:22:37 h	54	0:48:52 h	48	2:11:29 h	M Sen3	294
	48	Podlech, Marc	85	SG Wasserratten Norderstedt	0:22:34 h	57	0:56:59 h	22	1:19:33 h	31	0:52:05 h	75	2:11:38 h	M AK 3	460
B	49	König, Gerhard	66	BSG MTMsports	0:22:28 h	56	0:57:28 h	27	1:19:56 h	36	0:52:03 h	74	2:11:59 h	M Sen2	463
	50	Quade, Jörg Richard	65	Klingberg	0:21:58 h	41	1:01:58 h	83	1:23:56 h	61	0:48:12 h	43	2:12:08 h	M Sen3	209
	51	Ziegler, Jan	65	USC Kiel	0:21:52 h	37	0:57:52 h	34	1:19:44 h	34	0:52:45 h	82	2:12:29 h	M Sen3	346
	52	Ottow, heiko	67	triabolos	0:22:50 h	59	0:57:06 h	24	1:19:56 h	36	0:52:34 h	77	2:12:30 h	M Sen2	243
	53	Glaßmacher, Björn	76	Fortuna Düsseldorf Triathlon	0:22:02 h	44	1:00:23 h	67	1:22:25 h	53	0:50:08 h	63	2:12:33 h	M AK 4	384
	54	Liber, Jörg	63	SG Wasserratten Norderstedt	0:21:47 h	36	1:00:17 h	65	1:22:04 h	51	0:50:32 h	65	2:12:36 h	M Sen3	214
	55	Müller, Karsten	69	Triabolos Hamburg	0:23:13 h	62	0:56:12 h	18	1:19:25 h	27	0:53:15 h	86	2:12:40 h	M Sen2	231
B	56	Lieske, Christoph	81	BSG Philips LG	0:22:15 h	53	1:01:49 h	81	1:24:04 h	62	0:48:54 h	49	2:12:58 h	M AK 3	291
M	57	Füllbrandt, Annalena	82	Triabolos Hamburg	0:22:03 h	47	0:58:29 h	40	1:20:32 h	43	0:52:43 h	80	2:13:15 h	W AK 3	308
	58	Foks, Benjamin	82	Tri Endurance Germany	0:23:20 h	66	1:00:06 h	64	1:23:26 h	56	0:50:07 h	62	2:13:33 h	M AK 3	477
	59	Stoltenberg, Andreas	68	TSV Quellenhaupt Bornhöved	0:21:36 h	31	1:02:39 h	90	1:24:15 h	65	0:49:25 h	56	2:13:40 h	M Sen2	272
	60	Laurisch, Wolf	72	BSG Edeka	0:22:27 h	55	1:01:43 h	77	1:24:10 h	63	0:50:04 h	61	2:14:14 h	M Sen1	471
	61	Mireisz, Bernhard	78	Chefs Culinar	0:22:12 h	52	1:02:27 h	88	1:24:39 h	68	0:49:37 h	57	2:14:16 h	M AK 4	333
	62	Buroh, Nikolai	67	Triabolos Hamburg	0:23:24 h	68	0:56:03 h	16	1:19:27 h	29	0:54:57 h	99	2:14:24 h	M Sen2	348
	63	Schmidt, Sabine	84	Team Erdinger Alkoholfrei	0:22:49 h	58	1:04:24 h	102	1:27:13 h	90	0:47:46 h	39	2:14:59 h	W AK 3	324
	64	Koller, Nico	76	Open-Sports Triathlon	0:24:40 h	90	0:59:02 h	49	1:23:42 h	59	0:51:18 h	67	2:15:00 h	M AK 4	458
	65	Jensen, Olaf	68	Norderstedt	0:24:12 h	79	1:02:24 h	87	1:26:36 h	83	0:48:26 h	45	2:15:02 h	M Sen2	215
	66	Jürgensen, Kay	65	FC St. Pauli Triathlon	0:24:18 h	83	0:59:35 h	55	1:23:53 h	60	0:51:28 h	71	2:15:21 h	M Sen3	270
S	67	Sportclub Itzehoe		Wasmundt, Kahre	0:26:20 h	124	0:59:45 h	59	1:26:05 h	75	0:49:21 h	55	2:15:26 h	Staffel-W	438
	68	Düwel, Matthias	67	BSG Jungheinrich Hamburg	0:21:39 h	33	1:10:02 h	138	1:31:41 h	108	0:44:26 h	19	2:16:07 h	M Sen2	457
	69	Kurch, Sebastian	81	VfL 28 Ellrich	0:21:44 h	35	1:05:31 h	110	1:27:15 h	91	0:49:14 h	52	2:16:29 h	M AK 3	462
	70	Hümmecke, Manfred	53	Tus Holtenau Kiel	0:23:24 h	68	1:02:48 h	92	1:26:12 h	76	0:50:30 h	64	2:16:42 h	M Sen5	264
	71	Detlefs, Mirko	70	LG Albertros Kiel	0:24:12 h	79	0:59:58 h	63	1:24:10 h	63	0:52:47 h	83	2:16:57 h	M Sen2	474
	72	Jenß, Jan Ole	71	Tri Endurance Germany	0:23:23 h	67	1:00:57 h	73	1:24:20 h	66	0:52:42 h	79	2:17:02 h	M Sen1	335
S	73	ARC		Boubakeur, Sandow, Boubak	0:25:05 h	96	1:06:15 h	113	1:31:20 h	107	0:45:50 h	25	2:17:10 h	Staffel-M	414
S	74	Barmstedter MTV		Herrndorff, Preuß	0:25:08 h	98	0:59:50 h	61	1:24:58 h	70	0:52:41 h	78	2:17:39 h	Staffel-M	412
B	75	Konrad, Thomas	67	BSG NDR	0:24:04 h	77	1:02:13 h	84	1:26:17 h	78	0:51:24 h	69	2:17:41 h	M Sen2	360
S	76	TuS Holstein Quickborn 2		Wolters, Croissier, Wolters	0:24:14 h	81	1:02:23 h	86	1:26:37 h	84	0:51:20 h	68	2:17:57 h	Staffel-M	415
M	77	Friedrich, Meike	84	Triabolos Hamburg	0:23:18 h	64	1:03:38 h	95	1:26:56 h	86	0:51:49 h	73	2:18:45 h	W AK 3	244
	78	Hill, Mario	62	Tri Endurance Germany	0:25:10 h	101	0:59:16 h	53	1:24:26 h	67	0:54:28 h	95	2:18:54 h	M Sen3	331
	79	Steinkühler, Thomas	57	TuS Holstein Quickborn	0:23:46 h	72	1:01:05 h	75	1:24:51 h	69	0:54:24 h	93	2:19:15 h	M Sen4	306
M	80	Habekost, Martin	65	Triabolos Hamburg	0:23:40 h	71	1:03:53 h	98	1:27:33 h	92	0:51:43 h	72	2:19:16 h	M Sen3	323

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	81 Gebauer, Monika	68	Kaifu Tri Team	0:24:38 h	87	1:02:20 h	85	1:26:58 h	88	0:52:23 h	76	2:19:21 h	W Sen2	303
M	82 Schäfer, Dr. Ullrich	46	TS Harburg	0:23:51 h	75	1:02:27 h	88	1:26:18 h	79	0:53:44 h	87	2:20:02 h	M Sen6	328
	83 Karkowski, Axel	68	Hamburger SV Triathlon	0:24:38 h	87	1:01:48 h	80	1:26:26 h	82	0:53:45 h	88	2:20:11 h	M Sen2	252
	84 Unterbrink, Sören	84	SG Wasserratten Norderstedt	0:24:28 h	84	0:59:07 h	51	1:23:35 h	58	0:57:30 h	123	2:21:05 h	M AK 3	397
B	85 Jux, Michael	66	BSG SG Stern Hamburg	0:25:28 h	110	1:00:52 h	71	1:26:20 h	81	0:54:56 h	98	2:21:16 h	M Sen2	229
S	86 JoJo2015		Gundelach, Kirste	0:25:56 h	116	0:59:23 h	54	1:25:19 h	72	0:56:14 h	107	2:21:33 h	Staffel-M	420
	87 Mohr, Hans-Christian	75	Hamburg	0:23:47 h	74	1:06:48 h	115	1:30:35 h	106	0:51:25 h	70	2:22:00 h	M Sen1	321
S	88 Tri-EMTV		Kayser, Herrmann, Rohlfing	0:25:36 h	114	1:10:29 h	141	1:36:05 h	133	0:46:30 h	29	2:22:35 h	Staffel-W	418
	89 Riedel, Carsten	60	Trimaniacs	0:26:15 h	123	1:01:43 h	77	1:27:58 h	93	0:54:50 h	97	2:22:48 h	M Sen4	269
M	90 Engelbrecht-Hoch, Martina	64	TuS Holstein Quickborn	0:23:46 h	72	1:04:59 h	106	1:28:45 h	95	0:54:14 h	91	2:22:59 h	W Sen3	382
S	91 JH-EDS 1		Fischer, von Thienen, Münz	0:21:55 h	40	1:12:40 h	151	1:34:35 h	126	0:48:26 h	45	2:23:01 h	Staffel-M	427
	92 Arndt, Christoph	68	BSG Trionik	0:25:14 h	104	1:03:33 h	94	1:28:47 h	96	0:54:25 h	94	2:23:12 h	M Sen2	250
	93 Weiß, Dennis	77	Triabolos Hamburg	0:24:39 h	89	0:58:53 h	45	1:23:32 h	57	1:00:00 h	139	2:23:32 h	M AK 4	376
	94 Justesen, Kennet	86	Quickborn	0:24:59 h	95	1:04:57 h	105	1:29:56 h	101	0:53:52 h	89	2:23:48 h	M AK 2	468
M	95 von Laar, Heinz-Josef	68	Triabolos Hamburg	0:25:23 h	109	1:00:38 h	70	1:26:01 h	74	0:58:16 h	126	2:24:17 h	M Sen2	304
S	96 Nordische Pedalritter		Dempzin, Ludwig, Ludwig	0:26:34 h	127	1:00:28 h	69	1:27:02 h	89	0:57:22 h	118	2:24:24 h	Staffel-M	431
M	97 Prätsch, Dr. Ulrich	47	TSG Bergedorf	0:27:07 h	140	0:59:12 h	52	1:26:19 h	80	0:58:18 h	128	2:24:37 h	M Sen6	271
	98 Otten, Jörg	66	Kastorf	0:25:11 h	103	1:01:04 h	74	1:26:15 h	77	0:58:23 h	130	2:24:38 h	M Sen2	313
B	99 Hahn, Tanja	67	BSG Beiersdorf	0:26:00 h	119	1:03:41 h	96	1:29:41 h	98	0:55:20 h	102	2:25:01 h	W Sen2	387
	100 Hamann, Jan	83	BSG EDEKA	0:23:13 h	62	1:08:44 h	129	1:31:57 h	111	0:53:11 h	85	2:25:08 h	M AK 3	472
	101 Neumann, Dirk	67	Trimaniacs	0:24:41 h	91	1:05:03 h	108	1:29:44 h	99	0:55:42 h	104	2:25:26 h	M Sen2	355
	102 Merta, Stefan	66	BSG generali	0:21:53 h	38	1:13:38 h	155	1:35:31 h	131	0:49:59 h	60	2:25:30 h	M Sen2	359
	103 Meyer, Helge	79	Tri Endurance Germany	0:25:18 h	106	1:00:26 h	68	1:25:44 h	73	0:59:47 h	136	2:25:31 h	M AK 4	282
	104 Schlopsnies, Jörg	66	Hamburg	0:25:59 h	117	1:09:20 h	132	1:35:19 h	129	0:50:41 h	66	2:26:00 h	M Sen2	456
	105 peckmann, carsten	67	hamburg	0:24:58 h	94	1:07:03 h	118	1:32:01 h	113	0:54:18 h	92	2:26:19 h	M Sen2	367
M	106 Rooseboom, Markus	65	Tri Michels Hamburg	0:22:11 h	51	1:09:42 h	135	1:31:53 h	109	0:55:00 h	100	2:26:53 h	M Sen3	326
	107 Dickow, Boris	71	TV Scheeßel	0:27:18 h	141	1:03:16 h	93	1:30:34 h	105	0:57:27 h	121	2:28:01 h	M Sen1	354
	108 Schroeder, Sarah	82	Triabolos Hamburg	0:25:10 h	101	1:01:46 h	79	1:26:56 h	86	1:01:16 h	147	2:28:12 h	W AK 3	254
S	109 JH-EDS 2		Scherner, Doß, Hermann	0:26:00 h	119	1:04:22 h	100	1:30:22 h	103	0:58:19 h	129	2:28:41 h	Staffel-M	428
S	110 Fliegenpilze		Verch, Wesemeier, Grabbe	0:25:47 h	115	1:06:11 h	112	1:31:58 h	112	0:56:44 h	111	2:28:42 h	Staffel-M	416
	111 Graupner, Jens	63	TZM	0:25:20 h	108	1:10:57 h	143	1:36:17 h	135	0:52:43 h	80	2:29:00 h	M Sen3	374
B	112 Warnecke-Jerol, Margret	61	BSG SG Stern Hamburg	0:25:32 h	113	1:04:23 h	101	1:29:55 h	100	0:59:13 h	133	2:29:08 h	W Sen3	237
B	113 Thomsen, Andreas	73	BSG Stadtwerke Norderstedt	0:26:10 h	122	1:07:51 h	123	1:34:01 h	124	0:55:27 h	103	2:29:28 h	M Sen1	339
	114 Herrmann, Michael	61	Deutsche Banks	0:24:04 h	77	1:12:55 h	153	1:36:59 h	142	0:52:53 h	84	2:29:52 h	M Sen3	257
	114 Westerfeld, Sabine	66	Team Erdinger Alkoholfrei	0:25:31 h	111	1:07:46 h	122	1:33:17 h	118	0:56:35 h	110	2:29:52 h	W Sen2	298
	116 Beringer, Hans-Werner	55	Trias Bad Schwartau	0:26:24 h	126	1:07:15 h	119	1:33:39 h	120	0:56:17 h	108	2:29:56 h	M Sen5	365
	117 Röhling, Stefan	62	Stellauer SC	0:26:49 h	137	1:05:35 h	111	1:32:24 h	116	0:57:53 h	124	2:30:17 h	M Sen3	391
S	118 SGW Norderstedt Neufeind		Neufeind, Neufeind, Neufe	0:27:29 h	144	1:08:51 h	130	1:36:20 h	138	0:54:02 h	90	2:30:22 h	Staffel-M	426
	119 Goebel, Robert	67	BSG Commerzbank	0:26:40 h	134	1:03:47 h	97	1:30:27 h	104	1:00:46 h	143	2:31:13 h	M Sen2	260
	120 Kuhlmann, Thorsten	62	Triabolos	0:29:25 h	158	0:59:35 h	55	1:29:00 h	97	1:02:26 h	152	2:31:26 h	M Sen3	266

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	121	Stricker, Kai	82	RST Malente	0:25:18 h	106	1:04:55 h	104	1:30:13 h	102	1:01:37 h	149	2:31:50 h	M AK 3	290
S	122	First Ladies		Krüger, Wendt, Reimer	0:30:56 h	163	1:04:05 h	99	1:35:01 h	127	0:57:05 h	114	2:32:06 h	Staffel-W	409
	123	okano, takuyuki	73	halstenbek	0:26:02 h	121	1:07:57 h	124	1:33:59 h	123	0:58:16 h	126	2:32:15 h	M Sen1	377
	124	Stockmann, Thomas	80		0:27:26 h	142	1:09:45 h	137	1:37:11 h	143	0:55:12 h	101	2:32:23 h	M AK 4	479
	125	Herschel, Jan	66	Tri-Sport Lübeck	0:26:36 h	130	1:08:29 h	128	1:35:05 h	128	0:57:28 h	122	2:32:33 h	M Sen2	368
	126	Hinner, Birgit	80		0:27:27 h	143	1:11:01 h	144	1:38:28 h	149	0:54:36 h	96	2:33:04 h	W AK 4	478
B	127	Mehrkens, Hans-Werner	55	BSG Finanzamt Hamburg-Bl	0:24:30 h	85	1:11:26 h	147	1:35:56 h	132	0:57:23 h	119	2:33:19 h	M Sen5	233
	128	Kränkli, Frank	72	Skiclub Bruchköbel	0:24:48 h	93	1:08:57 h	131	1:33:45 h	121	0:59:48 h	137	2:33:33 h	M Sen1	395
	129	Boeder, Bernd	63	Halstenbek	0:27:04 h	139	1:05:01 h	107	1:32:05 h	114	1:01:33 h	148	2:33:38 h	M Sen3	286
	130	Holste, Thorsten	60	FC St.Pauli Triathlon/Team E	0:25:09 h	99	1:13:09 h	154	1:38:18 h	148	0:55:43 h	105	2:34:01 h	M Sen4	358
S	131	Grizzlies		Roberts, Roberts	0:26:22 h	125	1:11:05 h	145	1:37:27 h	145	0:56:47 h	112	2:34:14 h	Staffel-M	436
M	132	Lüders, Kerstin	63	Tri Michels Hamburg	0:25:06 h	97	1:11:29 h	148	1:36:35 h	139	0:57:55 h	125	2:34:30 h	W Sen3	325
	133	Wagener, Horst	61	BSG Gaden	0:25:59 h	117	1:11:55 h	149	1:37:54 h	147	0:57:06 h	115	2:35:00 h	M Sen3	373
B	134	Allonge, Andreas	68	BSG SV Rot-Gelb Hamburg	0:24:16 h	82	1:07:39 h	121	1:31:55 h	110	1:03:07 h	156	2:35:02 h	M Sen2	369
S	135	Familie Borgman		Borgman, Borgman	0:30:01 h	162	0:58:43 h	44	1:28:44 h	94	1:06:20 h	162	2:35:04 h	Staffel-M	434
	136	Fitting, Lena	78	Hamburg	0:26:34 h	127	1:11:10 h	146	1:37:44 h	146	0:57:26 h	120	2:35:10 h	W AK 4	451
	137	Rother, Jörg	66	Rother	0:28:04 h	149	1:06:19 h	114	1:34:23 h	125	1:01:03 h	146	2:35:26 h	M Sen2	363
	138	Engel, Julia Marie	82	team-ggu-software.com	0:23:55 h	76	1:15:37 h	160	1:39:32 h	152	0:56:05 h	106	2:35:37 h	W AK 3	318
	139	Grube, Claudia	63	SG Wasserratten Norderstedt	0:26:36 h	130	1:09:43 h	136	1:36:19 h	137	0:59:25 h	135	2:35:44 h	W Sen3	465
	140	Kricheldorf, Thomas	74	laufforum.de	0:29:16 h	157	1:09:24 h	133	1:38:40 h	150	0:57:09 h	116	2:35:49 h	M Sen1	386
M	141	Sigmund, Katherina	69	FC St. Paulli	0:28:54 h	153	1:04:25 h	103	1:33:19 h	119	1:02:35 h	154	2:35:54 h	W Sen2	293
	142	Schütt, Julian	86	Hamburg	0:26:48 h	136	1:10:03 h	139	1:36:51 h	140	0:59:06 h	132	2:35:57 h	M AK 2	353
	143	kruse, jens	69	tornesch	0:26:47 h	135	1:07:01 h	117	1:33:48 h	122	1:02:15 h	151	2:36:03 h	M Sen2	236
	144	thron, matthias	80	tsg bergedorf	0:24:41 h	91	1:01:56 h	82	1:26:37 h	84	1:09:40 h	163	2:36:17 h	M AK 4	247
B	145	Goebel, Petra	69	BSG Siemens	0:26:39 h	133	1:12:43 h	152	1:39:22 h	151	0:56:59 h	113	2:36:21 h	W Sen2	301
	146	Peters, Jürgen	51	Henstedt-Ulzburg	0:27:52 h	145	1:08:20 h	125	1:36:12 h	134	1:00:37 h	142	2:36:49 h	M Sen5	202
B	147	Jerol, Peter	58	BSG SG Stern Hamburg	0:28:31 h	152	1:08:23 h	127	1:36:54 h	141	1:00:52 h	145	2:37:46 h	M Sen4	240
M	148	Jacobsen, Svenja	66	Open-Sports Triathlon	0:26:53 h	138	1:10:28 h	140	1:37:21 h	144	1:00:49 h	144	2:38:10 h	W Sen2	338
S	149	TuS Holstein Quickborn 3 -		Bumann, Engel, Barenthin	0:28:02 h	148	1:05:11 h	109	1:33:13 h	117	1:04:59 h	160	2:38:12 h	Staffel-M	430
S	150	Ladykracher		Verch, Breitschädel, Clauder	0:28:56 h	154	1:07:22 h	120	1:36:18 h	136	1:01:56 h	150	2:38:14 h	Staffel-W	408
	151	Sievers, Susanne	67	Sport-Club Itzehoe	0:28:30 h	151	1:06:54 h	116	1:35:24 h	130	1:03:25 h	157	2:38:49 h	W Sen2	317
	152	Buhr, Silke	75	Lebensfitness e. V.	0:29:35 h	160	1:10:45 h	142	1:40:20 h	153	1:00:06 h	140	2:40:26 h	W Sen1	279
S	153	Run-Forrest-Run		Kunst, Wesselow	0:25:31 h	111	1:18:34 h	164	1:44:05 h	160	0:56:23 h	109	2:40:28 h	Staffel-M	425
	154	Dorenburg, Simone	74	Hamburger SV Triathlon	0:25:17 h	105	1:17:23 h	162	1:42:40 h	159	0:58:25 h	131	2:41:05 h	W Sen1	255
S	155	Laufftreff Quickborn-Ellerau		Behnke, Harder, Bossel	0:29:15 h	156	1:15:17 h	159	1:44:32 h	161	0:59:49 h	138	2:44:21 h	Staffel-M	433
M	156	Hillebrand, Ralph	71	TuS Holstein Quickborn	0:26:35 h	129	1:15:16 h	158	1:41:51 h	156	1:02:38 h	155	2:44:29 h	M Sen1	322
	157	Beringer, Elke	56	Trias Bad Schwartau	0:28:01 h	147	1:14:19 h	157	1:42:20 h	158	1:02:27 h	153	2:44:47 h	W Sen4	366
S	158	unTrinierte Pfannkuchen		Eppich, Wolters	0:29:07 h	155	1:16:26 h	161	1:45:33 h	163	0:59:24 h	134	2:44:57 h	Staffel-W	407
	159	Klingenberg, Thomas	59	SG Wasserratten Norderstedt	0:29:31 h	159	1:02:42 h	91	1:32:13 h	115	1:13:15 h	166	2:45:28 h	M Sen4	475
S	160	Säbelzahneichhörnchen		Clauder, Kopelke, Wetegrove	0:27:54 h	146	1:17:41 h	163	1:45:35 h	164	1:00:28 h	141	2:46:03 h	Staffel-M	422

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischen- zeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Alters- klasse	Start- Nr.
M	161	Dohrn, Frank	58	AMTV Hamburg	0:31:04 h	164	1:09:35 h	134	1:40:39 h	154	1:06:17 h	161	2:46:56 h	M Sen4	319
	162	Wesselhöft, Axel	70	Triabolos Hamburg	0:29:40 h	161	1:12:39 h	150	1:42:19 h	157	1:04:45 h	159	2:47:04 h	M Sen2	392
S	163	Alsternasen		Mangelsdorff, Arndt	0:25:09 h	99	1:25:40 h	166	1:50:49 h	166	0:57:14 h	117	2:48:03 h	Staffel-M	424
	164	Schliephake, Katrin	68	BSG NDR	0:26:37 h	132	1:18:53 h	165	1:45:30 h	162	1:03:32 h	158	2:49:02 h	W Sen2	372
M	165	Wieneke, Reiner	51	HTB von 1865	0:32:21 h	165	1:08:22 h	126	1:40:43 h	155	1:12:02 h	165	2:52:45 h	M Sen5	466
B	166	Wolf, Uta	78	BSG TK	0:32:31 h	166	1:14:05 h	156	1:46:36 h	165	1:10:56 h	164	2:57:32 h	W AK 4	245