

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
M	1 Deneke, Tilman	78	Kaifu Tri Team	0:17:41 h	1	0:54:08 h	4	1:11:49 h	2	0:38:53 h	1	1:50:42 h	M AK 3	195
M	2 Tippner, Jens	74	Triabolos Hamburg/fast-run.d	0:17:52 h	2	0:54:27 h	5	1:12:19 h	4	0:39:20 h	2	1:51:39 h	M AK 4	2
M	3 Kores, Robert	86	Kaifu Tri Team	0:18:43 h	5	0:52:40 h	1	1:11:23 h	1	0:41:05 h	4	1:52:28 h	M AK 2	1
B	4 Langfeld, Peter	72	BSG Siemens	0:18:44 h	6	0:54:27 h	5	1:13:11 h	5	0:40:03 h	3	1:53:14 h	M Sen1	213
	4 van Stevendaal, Udo	68	SV Großhansdorf	0:18:40 h	4	0:53:28 h	2	1:12:08 h	3	0:41:06 h	5	1:53:14 h	M Sen1	214
M	6 Radke, Dirk	68	Kaifu Tri Team	0:18:39 h	3	0:55:16 h	8	1:13:55 h	6	0:41:27 h	6	1:55:22 h	M Sen1	29
	7 Niedieck, Olav	69	SG Wasserratten Norderstedt	0:20:37 h	22	0:54:07 h	3	1:14:44 h	8	0:44:14 h	18	1:58:58 h	M Sen1	150
	8 Becker, Kai	81	BKK Mobil Oil Team Ratzeburg	0:19:13 h	8	0:58:21 h	15	1:17:34 h	11	0:41:50 h	7	1:59:24 h	M AK 3	16
M	9 Kuhl, Christian	69	Mach3Sportzentrum Hamburg	0:20:29 h	18	0:56:47 h	9	1:17:16 h	9	0:42:11 h	9	1:59:27 h	M Sen1	59
B	10 Lübbling, Ulrich	69	BSG NDR	0:19:37 h	12	0:54:36 h	7	1:14:13 h	7	0:46:02 h	30	2:00:15 h	M Sen1	94
	11 Hesse, Daniel D. O.	80	Triabolos Hamburg	0:20:04 h	16	0:57:30 h	10	1:17:34 h	11	0:42:43 h	11	2:00:17 h	M AK 3	196
M	12 Hüppe, Stefan	69	TSH Team Bergamont	0:19:05 h	7	0:59:42 h	25	1:18:47 h	13	0:42:00 h	8	2:00:47 h	M Sen1	153
	13 Baas, Frank	75	Tri Michels e. V.	0:19:25 h	11	0:57:55 h	12	1:17:20 h	10	0:43:37 h	14	2:00:57 h	M AK 4	117
M	14 Schlüter, Bernd	63	Triabolos Hamburg	0:20:38 h	24	0:59:04 h	19	1:19:42 h	16	0:43:01 h	12	2:02:43 h	M Sen2	137
	15 Becker, Karsten	81	BKK Mobil Oil Team Ratzeburg	0:19:59 h	15	0:58:48 h	18	1:18:47 h	13	0:44:43 h	23	2:03:30 h	M AK 3	20
M	16 Haberstock, Philipp	71	Triabolos Hamburg	0:19:24 h	10	1:00:54 h	30	1:20:18 h	20	0:43:29 h	13	2:03:47 h	M Sen1	215
	17 Frick, Axel	62	Trimanics	0:19:53 h	13	1:00:42 h	28	1:20:35 h	24	0:43:57 h	15	2:04:32 h	M Sen3	199
M	18 Fischer, Michael	68	Triabolos Hamburg	0:20:45 h	28	0:58:46 h	17	1:19:31 h	15	0:45:05 h	25	2:04:36 h	M Sen1	10
M	19 Oettinger, Christian	67	Triabolos Hamburg	0:20:54 h	31	0:59:25 h	21	1:20:19 h	21	0:44:19 h	21	2:04:38 h	M Sen2	159
	20 Brell, Michael	65	SG Wasserratten Norderstedt	0:21:44 h	44	0:58:00 h	13	1:19:44 h	17	0:46:20 h	35	2:06:04 h	M Sen2	188
M	21 Hübner, Julia	82	Mach3Sportzentrum Hamburg	0:21:15 h	37	0:59:06 h	20	1:20:21 h	22	0:46:02 h	30	2:06:23 h	W AK 3	49
M	22 Bardin, Igor	85	Team Triathlon Hamburger H	0:19:18 h	9	1:04:50 h	80	1:24:08 h	35	0:42:41 h	10	2:06:49 h	M AK 2	74
M	23 Klingemann, Werner	59	Triabolos Hamburg	0:20:30 h	20	1:01:49 h	37	1:22:19 h	27	0:44:31 h	22	2:06:50 h	M Sen3	130
M	24 Weinrich, Stephan	73	Mach3Sportzentrum Hamburg	0:20:29 h	18	1:02:36 h	47	1:23:05 h	30	0:44:10 h	16	2:07:15 h	M AK 4	67
B	25 Milewski, Marek	67	BSG SG Stern	0:22:24 h	52	0:57:32 h	11	1:19:56 h	18	0:47:55 h	46	2:07:51 h	M Sen2	86
M	26 Pohl, Bernd	62	TSG Bergedorf	0:20:41 h	26	1:01:33 h	32	1:22:14 h	26	0:45:40 h	26	2:07:54 h	M Sen3	108
	27 Dahms, Andreas	80	TTHH	0:21:46 h	45	0:58:20 h	14	1:20:06 h	19	0:48:29 h	53	2:08:35 h	M AK 3	126
M	28 Helbig, Leana	81	Triabolos Hamburg	0:20:37 h	22	1:03:58 h	65	1:24:35 h	44	0:44:16 h	20	2:08:51 h	W AK 3	135
M	29 Bergau, Lars	78	Triathlon Team Hamburg e.V.	0:20:49 h	29	0:59:37 h	24	1:20:26 h	23	0:48:57 h	57	2:09:23 h	M AK 3	91
	30 Jacobsen, Matthias	65	SG Wasserratten Norderstedt	0:21:14 h	35	1:00:42 h	28	1:21:56 h	25	0:47:40 h	43	2:09:36 h	M Sen2	42
M	31 Hennecke, Anke	76	Team Triathlon Hamburger H	0:21:14 h	35	1:02:13 h	41	1:23:27 h	31	0:46:26 h	37	2:09:53 h	W AK 4	200
	32 Höcker, Sven	81	Triabolos Hamburg	0:19:54 h	14	1:04:24 h	70	1:24:18 h	39	0:45:42 h	27	2:10:00 h	M AK 3	54
	33 Burrichter, Niels	65	Kiebitzreihe	0:21:00 h	32	1:04:47 h	79	1:25:47 h	58	0:44:15 h	19	2:10:02 h	M Sen2	60
M	34 Jähnig, Maximilian	89	TuS Holstein Quickborn	0:20:35 h	21	1:05:24 h	85	1:25:59 h	60	0:44:12 h	17	2:10:11 h	M AK 1	23
	35 Rommersbach, Andreas	78	Triabolos Hamburg	0:22:22 h	51	1:03:18 h	58	1:25:40 h	55	0:44:46 h	24	2:10:26 h	M AK 3	69
M	36 Berndt, Sarah	84	TSH Team Bergamont	0:21:11 h	34	1:02:58 h	54	1:24:09 h	37	0:46:24 h	36	2:10:33 h	W AK 2	164
M	37 Wolthausen, Thorsten	71	TSH Team Bergamont	0:20:41 h	26	1:04:02 h	66	1:24:43 h	47	0:46:03 h	32	2:10:46 h	M Sen1	8
	38 Wagner, Steve	81	Triabolos Hamburg	0:23:59 h	93	0:58:21 h	15	1:22:20 h	28	0:48:29 h	53	2:10:49 h	M AK 3	182
	39 Neumann, Uwe	73	Team Erdinger Alkoholfrei	0:20:39 h	25	1:02:59 h	55	1:23:38 h	32	0:47:24 h	40	2:11:02 h	M AK 4	90
	40 Gonzalez, Carlos	79	SG Airbus Hamburg	0:22:27 h	56	1:01:59 h	39	1:24:26 h	42	0:47:23 h	39	2:11:49 h	M AK 3	183

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischen-zeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Alters-klasse	Start-Nr.
	41	Pfaffe, Andreas	62	Hamburger SV Triathlon	0:20:49 h	29	1:04:36 h	74	1:25:25 h	52	0:46:27 h	38	2:11:52 h	M Sen3	101
B	42	Jux, Michael	79	BSG SG Stern	0:21:30 h	42	1:04:18 h	69	1:25:48 h	59	0:46:14 h	34	2:12:02 h	M AK 3	76
M	43	Mombach, Jochen	80	Tri Michels Hamburg	0:21:34 h	43	1:02:34 h	45	1:24:08 h	35	0:47:58 h	48	2:12:06 h	M AK 3	226
M	44	Neudörffer, Cordula	71	TuS Holstein Quickborn	0:21:16 h	39	1:04:53 h	81	1:26:09 h	63	0:46:01 h	28	2:12:10 h	W Sen1	4
	45	Plescher, Stefan	69	FC St. Pauli Triathlon	0:20:05 h	17	1:06:01 h	91	1:26:06 h	62	0:46:06 h	33	2:12:12 h	M Sen1	169
B	46	Böttger, Martin	71	BSG Airbus SG HH	0:22:32 h	58	1:01:51 h	38	1:24:23 h	41	0:48:24 h	52	2:12:47 h	M Sen1	110
M	47	Ihns, Thomas	62	Tri Michels Hamburg	0:21:18 h	40	1:02:25 h	44	1:23:43 h	33	0:49:09 h	59	2:12:52 h	M Sen3	223
	48	Simon, Wolfgang	52	VfL Wolfsburg	0:22:25 h	53	1:02:21 h	42	1:24:46 h	48	0:48:21 h	51	2:13:07 h	M Sen5	44
	49	Klewer, Michael	77	Tri Fun Güstrow	0:23:00 h	71	1:02:44 h	51	1:25:44 h	57	0:47:29 h	41	2:13:13 h	M AK 4	13
B	50	Konrad, Thomas	67	BSG NDR	0:22:35 h	61	1:02:57 h	53	1:25:32 h	53	0:47:43 h	44	2:13:15 h	M Sen2	98
	51	Müller, Karsten	69	Triabolos Hamburg	0:23:00 h	71	0:59:25 h	21	1:22:25 h	29	0:50:55 h	76	2:13:20 h	M Sen1	138
M	52	Seemann, Gunar	77	TuS Holstein Quickborn	0:21:50 h	47	1:05:51 h	90	1:27:41 h	76	0:46:01 h	28	2:13:42 h	M AK 4	41
	53	Lorengel, Gerhard	64	LTV Kiel-Ost	0:22:27 h	56	1:02:05 h	40	1:24:32 h	43	0:49:16 h	61	2:13:48 h	M Sen2	30
	54	Gerlach, Stephan	72	Tri Michels Hamburg	0:21:25 h	41	1:04:39 h	76	1:26:04 h	61	0:47:46 h	45	2:13:50 h	M Sen1	151
	55	Stadler, Konrad	67	Hildener AT Triathlon	0:22:42 h	65	1:01:38 h	34	1:24:20 h	40	0:49:49 h	67	2:14:09 h	M Sen2	152
	56	Krause, Dirk	75	Triabolos Hamburg	0:21:46 h	45	1:02:55 h	52	1:24:41 h	45	0:50:08 h	69	2:14:49 h	M AK 4	229
B	57	Kohlmann, Carsten	65	BSG NDR	0:23:10 h	77	1:01:47 h	36	1:24:57 h	49	0:49:54 h	68	2:14:51 h	M Sen2	96
	58	Meyer, Juliane	80	Triabolos Hamburg	0:22:08 h	50	1:04:03 h	67	1:26:11 h	64	0:48:41 h	55	2:14:52 h	W AK 3	194
M	58	Zill, Mirko	69	Triabolos Hamburg	0:23:51 h	90	1:00:25 h	26	1:24:16 h	38	0:50:36 h	72	2:14:52 h	M Sen1	222
	60	Mante, Karsten	80	Kaifu Tri Team	0:22:58 h	69	1:03:52 h	63	1:26:50 h	68	0:48:03 h	49	2:14:53 h	M AK 3	212
	61	Kolpatzik, Knut	67	Hamburg	0:22:26 h	54	1:04:36 h	74	1:27:02 h	70	0:47:57 h	47	2:14:59 h	M Sen2	79
M	62	Pille, Bernd	63	TSH Team Bergamont	0:22:04 h	49	1:05:24 h	85	1:27:28 h	74	0:48:42 h	56	2:16:10 h	M Sen2	204
	63	David, Hauke	64	Henstedt-Ulzburg	0:24:07 h	96	1:02:39 h	50	1:26:46 h	67	0:49:27 h	63	2:16:13 h	M Sen2	106
	64	Goetze, Kay	77	Triabolos Hamburg	0:23:25 h	85	1:03:43 h	61	1:27:08 h	73	0:49:29 h	64	2:16:37 h	M AK 4	187
B	65	Wagner, Ingo	70	BSG SG Zoll Hamburg	0:21:00 h	32	1:04:34 h	73	1:25:34 h	54	0:51:08 h	79	2:16:42 h	M Sen1	193
M	66	vom Hofe, Björn	79	Tri Michels Hamburg	0:23:08 h	75	1:04:27 h	72	1:27:35 h	75	0:49:31 h	66	2:17:06 h	M AK 3	158
	67	Oppermann, Timo	76	Triabolos Hamburg	0:26:30 h	131	1:01:37 h	33	1:28:07 h	82	0:49:07 h	58	2:17:14 h	M AK 4	124
M	68	Longatti, Alima	75	Triabolos Hamburg	0:23:10 h	77	1:01:32 h	31	1:24:42 h	46	0:52:34 h	92	2:17:16 h	W AK 4	230
	69	Bannick, Claus	80	Barmstedter MTV	0:22:44 h	66	1:02:34 h	45	1:25:18 h	50	0:52:11 h	87	2:17:29 h	M AK 3	71
	70	Bülk, Alexander	67	Triabolos Hamburg	0:22:33 h	59	1:06:42 h	94	1:29:15 h	90	0:48:20 h	50	2:17:35 h	M Sen2	133
	71	Bastian, Jens	63	Hamburger SV Triathlon	0:22:34 h	60	1:03:09 h	57	1:25:43 h	56	0:52:08 h	85	2:17:51 h	M Sen2	12
	72	Kiewitt, Dieter	54	Hamburger SV Triathlon	0:24:09 h	97	1:02:36 h	47	1:26:45 h	66	0:51:07 h	77	2:17:52 h	M Sen4	202
	73	Beckmann, Klaus Ingo	72	Hamburg	0:21:15 h	37	1:06:31 h	92	1:27:46 h	78	0:50:21 h	71	2:18:07 h	M Sen1	227
M	74	Wiese, Michael	57	Triabolos Hamburg	0:24:14 h	100	1:02:38 h	49	1:26:52 h	69	0:52:15 h	88	2:19:07 h	M Sen4	162
B	75	Jakobs, Gerrit	78	BSG HEK	0:22:40 h	64	1:04:25 h	71	1:27:05 h	72	0:52:08 h	85	2:19:13 h	M AK 3	93
B	76	Lieske, Christoph	81	BSG Philips LG	0:23:27 h	86	1:05:09 h	82	1:28:36 h	84	0:50:46 h	73	2:19:22 h	M AK 3	166
M	77	Lüders, Kerstin	63	Tri Michels Hamburg	0:22:38 h	63	1:06:37 h	93	1:29:15 h	90	0:50:11 h	70	2:19:26 h	W Sen2	34
M	78	Roiss, Mika	79	Triabolos Hamburg	0:24:10 h	98	1:04:11 h	68	1:28:21 h	83	0:51:07 h	77	2:19:28 h	M AK 3	205
M	79	Spijker, Rüdiger	60	Tri Michels Hamburg	0:23:11 h	79	1:05:26 h	87	1:28:37 h	85	0:50:53 h	74	2:19:30 h	M Sen3	83
	80	Willner, Volker	60	TSV Bargteheide TRI	0:22:26 h	54	1:08:01 h	105	1:30:27 h	95	0:49:14 h	60	2:19:41 h	M Sen3	145

	Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
	81	Hojabri, Kurosch	63	MSV Hamburger Ärzte	0:23:03 h	73	1:07:12 h	99	1:30:15 h	93	0:49:30 h	65	2:19:45 h	M Sen2	68
M	82	Steinkühler, Thomas	57	TuS Holstein Quickborn	0:23:12 h	80	1:03:28 h	60	1:26:40 h	65	0:53:17 h	101	2:19:57 h	M Sen4	154
M	83	Dake, Swantje	78	Triabolos Hamburg	0:24:19 h	102	1:03:46 h	62	1:28:05 h	81	0:52:19 h	90	2:20:24 h	W AK 3	139
	84	Kleinat, Maik	82	Team Triathlon Hamburger H	0:23:04 h	74	1:04:40 h	77	1:27:44 h	77	0:52:45 h	97	2:20:29 h	M AK 3	31
M	85	Vitzthum, Harm	68	FC St. Pauli Triathlon	0:24:57 h	111	1:00:27 h	27	1:25:24 h	51	0:55:08 h	113	2:20:32 h	M Sen1	77
B	86	Goldberg, Monika	73	BSG NDR	0:23:20 h	82	1:05:21 h	84	1:28:41 h	86	0:51:55 h	83	2:20:36 h	W AK 4	99
B	87	Kerlin, Robert	80	BSG Airbus SG HH	0:23:09 h	76	1:04:44 h	78	1:27:53 h	80	0:53:00 h	98	2:20:53 h	M AK 3	211
M	88	Vollhardt, Ulli	58	Triabolos Hamburg	0:23:59 h	93	1:03:52 h	63	1:27:51 h	79	0:53:03 h	99	2:20:54 h	M Sen3	5
	89	kohlermann, kay	69	rg uni hh	0:22:56 h	67	1:08:57 h	111	1:31:53 h	100	0:49:23 h	62	2:21:16 h	M Sen1	125
	90	Grundt, Thomas	67	RSC Kattenberg	0:24:24 h	105	0:59:26 h	23	1:23:50 h	34	0:57:30 h	128	2:21:20 h	M Sen2	224
	91	Borsutzky, Georg	70	Tri Michels Hamburg	0:22:36 h	62	1:08:02 h	106	1:30:38 h	97	0:50:53 h	74	2:21:31 h	M Sen1	65
M	92	Engelbrecht-Hoch, Martina	64	TuS Holstein Quickborn	0:23:12 h	80	1:07:50 h	104	1:31:02 h	98	0:51:50 h	82	2:22:52 h	W Sen2	172
M	93	Sievers, Marc	81	Kaifu Tri Team	0:24:56 h	110	1:05:31 h	88	1:30:27 h	95	0:52:35 h	93	2:23:02 h	M AK 3	32
M	94	Habekost, Martin	65	Triabolos Hamburg	0:22:59 h	70	1:08:32 h	109	1:31:31 h	99	0:52:05 h	84	2:23:36 h	M Sen2	38
M	95	Brandt, Hartmut	65	TuS Holstein Quickborn	0:24:29 h	107	1:05:43 h	89	1:30:12 h	92	0:53:54 h	107	2:24:06 h	M Sen2	39
B	96	Merta, Stefan	66	BSG Generali	0:21:54 h	48	1:15:48 h	145	1:37:42 h	128	0:47:29 h	41	2:25:11 h	M Sen2	72
M	97	Pototzki, Frank	69	Triabolos Hamburg	0:24:54 h	109	1:07:40 h	101	1:32:34 h	104	0:52:41 h	96	2:25:15 h	M Sen1	111
	98	Meierhoff, Michael	69	Triabolos Hamburg	0:25:47 h	119	1:03:21 h	59	1:29:08 h	89	0:56:14 h	121	2:25:22 h	M Sen1	217
	99	GÜNTHER, Britt	67	Tri EMTV	0:24:25 h	106	1:07:37 h	100	1:32:02 h	101	0:53:39 h	104	2:25:41 h	W Sen2	163
	100	Plume, Juergen	50	TSG Bergedorf	0:24:17 h	101	1:07:47 h	102	1:32:04 h	102	0:53:39 h	104	2:25:43 h	M Sen5	36
B	101	tokarek, thomas	59	BSG Siemens	0:22:57 h	68	1:09:42 h	114	1:32:39 h	105	0:53:05 h	100	2:25:44 h	M Sen3	50
	102	Möller, Vibeke	81	Triabolos Hamburg	0:25:02 h	113	1:05:19 h	83	1:30:21 h	94	0:55:36 h	116	2:25:57 h	W AK 3	136
	103	Niedieck, Henrik	73	SG Wasserratten Norderstedt	0:27:21 h	138	1:01:42 h	35	1:29:03 h	87	0:56:58 h	123	2:26:01 h	M AK 4	70
	104	Westerfeld, Sabine	66	Team Erdinger Alkoholfrei	0:23:23 h	83	1:11:26 h	129	1:34:49 h	111	0:51:28 h	81	2:26:17 h	W Sen2	63
	105	Rohde, Rüdiger	54	Hamburg	0:25:20 h	115	1:06:56 h	96	1:32:16 h	103	0:54:33 h	110	2:26:49 h	M Sen4	57
	106	Graupner, Jens	63	Hamburg	0:24:10 h	98	1:11:07 h	122	1:35:17 h	115	0:52:18 h	89	2:27:35 h	M Sen2	228
M	107	Pless, Ellen Alexandra	74	Triabolos Hamburg	0:23:51 h	90	1:11:08 h	124	1:34:59 h	114	0:52:39 h	95	2:27:38 h	W AK 4	221
	108	Möller, Wolfgang	56	SuS Waldenau	0:24:20 h	104	1:11:12 h	126	1:35:32 h	116	0:52:24 h	91	2:27:56 h	M Sen4	128
	109	Frey, Gereon	78	Triabolos Hamburg	0:26:28 h	128	1:08:25 h	108	1:34:53 h	112	0:53:20 h	102	2:28:13 h	M AK 3	102
	110	Wulff, Sarah	87	TT HSU Hamburg	0:26:44 h	135	1:02:21 h	42	1:29:05 h	88	0:59:30 h	135	2:28:35 h	W AK 2	134
	111	Horn, Stefan	88	Kaifu Tri Team	0:26:09 h	123	1:06:54 h	95	1:33:03 h	106	0:55:36 h	116	2:28:39 h	M AK 1	209
	112	Spaja, Peter	61	Tri EMTV	0:26:29 h	130	1:11:15 h	128	1:37:44 h	129	0:51:08 h	79	2:28:52 h	M Sen3	210
	113	Warkentien, Bernd	64	Triabolos Hamburg	0:25:07 h	114	1:09:13 h	113	1:34:20 h	110	0:54:48 h	111	2:29:08 h	M Sen2	24
	114	Goebel, Robert	67	BSG Commerzbank	0:26:01 h	121	1:11:12 h	126	1:37:13 h	125	0:52:38 h	94	2:29:51 h	M Sen2	45
	115	Röhling, Stefan	62	Team Triathlon Hamburger H	0:25:51 h	120	1:08:20 h	107	1:34:11 h	108	0:56:01 h	119	2:30:12 h	M Sen3	33
	116	Olmos, Mario	64	Tri Michels Hamburg	0:23:24 h	84	1:11:31 h	131	1:34:55 h	113	0:55:34 h	115	2:30:29 h	M Sen2	206
	117	Wolf, Stephan	70	TuS Holstein Quickborn	0:23:59 h	93	1:03:04 h	56	1:27:03 h	71	1:04:14 h	147	2:31:17 h	M Sen1	143
	118	Pitzke, Christian	65	I K E A Moorfleet	0:23:42 h	89	1:10:37 h	118	1:34:19 h	109	0:57:05 h	125	2:31:24 h	M Sen2	97
	119	Vieth, Arne	73	Ellerau	0:23:56 h	92	1:14:18 h	140	1:38:14 h	130	0:54:08 h	108	2:32:22 h	M AK 4	73
B	120	Kersten, Ines	62	NDR	0:26:30 h	131	1:09:06 h	112	1:35:36 h	117	0:57:20 h	126	2:32:56 h	W Sen3	6

Platz	Name, Vorname	Jg	Verein / BSG / Ort	1. Lauf	Pos L1	Rad	Pos Rad	Zwischenzeit	Pos ZZ	2. Lauf	Pos L2	Gesamtzeit	Altersklasse	Start-Nr.
121	kruse, jens	69	tornesch	0:24:43 h	108	1:11:07 h	122	1:35:50 h	120	0:57:22 h	127	2:33:12 h	M Sen1	82
122	Meirose, Uwe	64	Wattenbek	0:23:30 h	87	1:16:24 h	148	1:39:54 h	136	0:53:20 h	102	2:33:14 h	M Sen2	177
123	Lang, Joachim	64	Tri EMTV	0:25:22 h	117	1:10:48 h	119	1:36:10 h	122	0:58:11 h	130	2:34:21 h	M Sen2	208
124	Wördehoff, Karsten	73	Hamburg	0:25:21 h	116	1:13:58 h	136	1:39:19 h	133	0:55:07 h	112	2:34:26 h	M AK 4	129
125	Jandt, Beeke	83	fast-run.de	0:26:40 h	134	1:14:10 h	137	1:40:50 h	141	0:53:39 h	104	2:34:29 h	W AK 2	127
126	Nielsen, Holger	57	Heede	0:26:26 h	126	1:14:11 h	138	1:40:37 h	140	0:54:31 h	109	2:35:08 h	M Sen4	35
B 127	Wolf, Martin	79	BSG TÜV Nord	0:26:38 h	133	1:11:02 h	121	1:37:40 h	127	0:57:33 h	129	2:35:13 h	M AK 3	118
B 128	Warneke-Jerol, Margret	61	BSG SG Stern	0:25:33 h	118	1:08:35 h	110	1:34:08 h	107	1:01:17 h	141	2:35:25 h	W Sen3	46
129	Herrmann, Michael	61	BSG Deutsche Bank	0:24:58 h	112	1:15:17 h	142	1:40:15 h	139	0:55:49 h	118	2:36:04 h	M Sen3	62
130	Peters, Jürgen	51	Henstedt-Ulzburg	0:26:02 h	122	1:13:03 h	134	1:39:05 h	132	0:57:04 h	124	2:36:09 h	M Sen5	174
M 131	Kranz, Uwe	42	TuS Holstein Quickborn	0:26:54 h	136	1:10:14 h	116	1:37:08 h	124	0:59:27 h	133	2:36:35 h	M Sen7	18
132	Wiesmann, Thomas	64	SG Wasserratten Norderstedt	0:28:38 h	147	1:07:06 h	98	1:35:44 h	119	1:01:28 h	142	2:37:12 h	M Sen2	185
133	Streich, Torsten	58	Barmstedter MTV	0:26:15 h	124	1:10:00 h	115	1:36:15 h	123	1:00:59 h	140	2:37:14 h	M Sen3	92
134	Kuhlmann, Thorsten	62	Triabolos Hamburg	0:28:39 h	148	1:06:59 h	97	1:35:38 h	118	1:01:55 h	143	2:37:33 h	M Sen3	7
135	Gehrd, Daniela	81	Triabolos Hamburg	0:24:19 h	102	1:16:52 h	149	1:41:11 h	142	0:56:25 h	122	2:37:36 h	W AK 3	184
M 136	Parge, Sabine	64	Triabolos Hamburg	0:26:27 h	127	1:12:31 h	133	1:38:58 h	131	0:59:09 h	132	2:38:07 h	W Sen2	28
M 137	Metzler, Marc	71	RV Endspurt Hamburg	0:27:27 h	139	1:12:00 h	132	1:39:27 h	134	0:59:27 h	133	2:38:54 h	M Sen1	142
M 138	Küster, Siggi	48	TuS Holstein Quickborn	0:23:31 h	88	1:20:14 h	154	1:43:45 h	145	0:55:13 h	114	2:38:58 h	M Sen5	84
B 139	Jerol, Peter	60	BSG SG Stern	0:28:33 h	146	1:10:55 h	120	1:39:28 h	135	1:00:23 h	137	2:39:51 h	M Sen3	52
140	Klewer, Anke	79	TSV Quellenhaupt Bornhöved	0:28:31 h	145	1:11:29 h	130	1:40:00 h	138	1:00:43 h	139	2:40:43 h	W AK 3	9
141	Thalheim, Thomas	56	RVB-Hamburg e.V.	0:27:27 h	139	1:15:47 h	144	1:43:14 h	143	0:59:47 h	136	2:43:01 h	M Sen4	88
B 142	Kresmer, Katrin	76	BSG Philips LG	0:26:54 h	136	1:20:11 h	153	1:47:05 h	152	0:56:13 h	120	2:43:18 h	W AK 4	171
143	Mackeprang, Kerstin	62	LG POWER-Schnecken Kiel	0:27:31 h	141	1:17:23 h	150	1:44:54 h	148	0:58:31 h	131	2:43:25 h	W Sen3	19
144	Plantholz, Christian	69	Hamburg	0:28:11 h	144	1:07:48 h	103	1:35:59 h	121	1:08:31 h	157	2:44:30 h	M Sen1	80
145	Beeck, Peter	57	Team Magic	0:29:29 h	154	1:10:30 h	117	1:39:59 h	137	1:05:03 h	148	2:45:02 h	M Sen4	155
146	Lauer, Birte	76	Barmstedter MTV	0:26:20 h	125	1:11:09 h	125	1:37:29 h	126	1:10:01 h	158	2:47:30 h	W AK 4	64
147	Munari, Torsten	81	Triabolos Hamburg	0:28:59 h	150	1:16:01 h	146	1:45:00 h	149	1:03:03 h	145	2:48:03 h	M AK 3	219
B 148	Wolf, Uta	78	BSG TK	0:29:28 h	153	1:16:13 h	147	1:45:41 h	150	1:02:42 h	144	2:48:23 h	W AK 3	116
149	Meischke, Nicole	77	Team.ggu-software.com	0:28:01 h	143	1:15:18 h	143	1:43:19 h	144	1:05:18 h	149	2:48:37 h	W AK 4	167
150	Drübert, Nadja	82	TuS Holstein Quickborn	0:27:59 h	142	1:20:25 h	155	1:48:24 h	153	1:00:37 h	138	2:49:01 h	W AK 3	17
B 151	Haubrich, Gerhard	43	BSG Philips LG	0:29:18 h	152	1:14:33 h	141	1:43:51 h	146	1:05:47 h	152	2:49:38 h	M Sen6	37
B 152	Sievers, Susanne	67	BSG ERGOsports Hamburg	0:30:48 h	157	1:13:17 h	135	1:44:05 h	147	1:07:05 h	155	2:51:10 h	W Sen2	189
M 153	Dohrn, Frank	58	AMTV Hamburg	0:31:32 h	159	1:14:12 h	139	1:45:44 h	151	1:05:38 h	151	2:51:22 h	M Sen3	149
154	hardie, peter	54	lufthansa	0:26:28 h	128	1:24:00 h	158	1:50:28 h	155	1:03:28 h	146	2:53:56 h	M Sen4	103
155	Hillebrand, Ralph	71	Hasloh	0:29:04 h	151	1:20:41 h	156	1:49:45 h	154	1:06:46 h	154	2:56:31 h	M Sen1	165
M 156	Behnke, Rolf	58	TuS Holstein Quickborn	0:31:08 h	158	1:19:25 h	151	1:50:33 h	156	1:06:44 h	153	2:57:17 h	M Sen3	15
157	Kampf, Susanne	63	Barmstedter MTV	0:28:45 h	149	1:23:18 h	157	1:52:03 h	157	1:08:27 h	156	3:00:30 h	W Sen2	48
M 158	Pohl, Katja	69	TSG Bergedorf	0:30:08 h	155	1:28:57 h	160	1:59:05 h	160	1:05:36 h	150	3:04:41 h	W Sen1	104
159	Zehnder, Alexandra	70	Hamburg	0:34:24 h	160	1:19:49 h	152	1:54:13 h	158	1:12:15 h	160	3:06:28 h	W Sen1	218
160	Catar-Gerber, Aycan	74	Hamburg	0:30:35 h	156	1:25:23 h	159	1:55:58 h	159	1:10:41 h	159	3:06:39 h	W AK 4	140